

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Karnazes, Dean (CA) 119 Age 43 Group M40-49 Overall-Group	1	Time of Day	05:48	06:42	08:05	08:39	09:28	10:12	10:51	11:39	12:09	12:34	13:34	14:08	14:40	15:41	16:11	17:21	18:21	19:40	20:26:12
		Time Cum	01:48	02:42	04:05	04:39	05:28	06:12	06:51	07:39	08:09	08:34	09:34	10:08	10:40	11:41	12:11	13:21	14:21	15:40	16:26:12
		Time Delta	01:48	00:54	01:23	00:34	00:49	00:44	00:39	00:48	00:30	00:25	01:00	00:34	00:32	01:01	00:30	01:10	01:00	01:19	00:46:12
		Pace Cum	08:30	08:45	08:41	08:55	08:58	09:03	09:12	09:20	09:22	09:17	09:29	09:36	09:19	09:35	09:32	09:29	09:39	09:52	09:52
		Pace Delta	08:30	09:19	08:33	10:58	09:15	09:47	10:50	10:40	10:00	07:49	11:46	12:09	05:56	13:33	08:34	09:05	12:30	12:57	09:50
		Position	7-2	6-2	4-2	4-2	4-2	4-2	4-2	4-2	5-2	4-2	4-2	4-2	4-2	3-2	2-1	1-1	1-1	1-1	1-1
Anderson-Abbs, Beverley (CA) 7 Age 42 Group F40-49 Overall-Group	2	Time of Day	05:47	06:40	08:06	08:41	09:29	10:14	10:52	11:38	12:09	12:34	13:35	14:09	14:43	15:52	16:29	17:42	18:34	20:00	20:52:33
		Time Cum	01:47	02:40	04:06	04:41	05:29	06:14	06:52	07:38	08:09	08:34	09:35	10:09	10:43	11:52	12:29	13:42	14:34	16:00	16:52:33
		Time Delta	01:47	00:53	01:26	00:35	00:48	00:45	00:38	00:46	00:31	00:25	01:01	00:34	00:34	01:09	00:37	01:13	00:52	01:26	00:52:33
		Pace Cum	08:26	08:39	08:43	08:59	08:59	09:06	09:13	09:19	09:22	09:17	09:30	09:37	09:22	09:44	09:46	09:44	09:48	10:04	10:08
		Pace Delta	08:26	09:08	08:52	11:17	09:03	10:00	10:33	10:13	10:20	07:49	11:58	12:09	06:18	15:20	10:34	09:29	10:50	14:06	11:11
		Position	5-1	5-1	5-1	5-1	5-1	5-1	5-1	5-1	4-1	4-1	4-1	5-1	5-1	4-1	4-1	4-1	3-1	2-1	2-1
Grossman, Eric (VA) 96 Age 38 Group M30-39 Overall-Group	3	Time of Day	05:43	06:30	07:45	08:18	09:01	09:44	10:20	11:07	11:40	12:01	13:00	13:34	14:15	15:30	16:11	17:34	18:35	20:15	21:45:55
		Time Cum	01:43	02:30	03:45	04:18	05:01	05:44	06:20	07:07	07:40	08:01	09:00	09:34	10:15	11:30	12:11	13:34	14:35	16:15	17:45:55
		Time Delta	01:43	00:47	01:15	00:33	00:43	00:43	00:36	00:47	00:33	00:21	00:59	00:34	00:41	01:15	00:41	01:23	01:01	01:40	01:30:55
		Pace Cum	08:07	08:06	07:59	08:15	08:13	08:22	08:30	08:41	08:49	08:41	08:56	09:04	08:57	09:26	09:32	09:39	09:49	10:14	10:40
		Pace Delta	08:07	08:06	07:44	10:39	08:07	09:33	10:00	10:27	11:00	06:34	11:34	12:09	07:36	16:40	11:43	10:47	12:43	16:24	19:21
		Position	1-1	1-1	1-1	1-1	1-1	1-1	1-1	1-1	1-1	1-1	1-1	1-1	1-1	1-1	1-1	1-1	2-1	3-1	3-1
Pilla, Jack (VT) 261 Age 48 Group M40-49 Overall-Group	4	Time of Day	06:01	06:59	08:24	08:58	09:50	10:40	11:23	12:14	12:51	13:22	14:34	15:13	15:59	17:00	17:32	18:46	19:44	21:00	21:51:21
		Time Cum	02:01	02:59	04:24	04:58	05:50	06:40	07:23	08:14	08:51	09:22	10:34	11:13	11:59	13:00	13:32	14:46	15:44	17:00	17:51:21
		Time Delta	02:01	00:58	01:25	00:34	00:52	00:50	00:43	00:51	00:37	00:31	01:12	00:39	00:46	01:01	00:32	01:14	00:58	01:16	00:51:21
		Pace Cum	09:32	09:41	09:22	09:31	09:34	09:44	09:55	10:02	10:10	10:09	10:29	10:38	10:28	10:39	10:35	10:30	10:35	10:42	10:43
		Pace Delta	09:32	10:00	08:46	10:58	09:49	11:07	11:57	11:20	12:20	09:41	14:07	13:56	08:31	13:33	09:09	09:37	12:05	12:28	10:56
		Position	17-9	16-6	12-5	9-3	9-3	8-3	9-3	8-3	8-3	8-3	10-4	10-4	10-4	8-3	8-3	7-3	7-3	5-3	4-2
Africa, Darcy P (CO) 5 Age 31 Group F30-39 Overall-Group	5	Time of Day	05:50	06:45	08:15	08:51	09:43	10:28	11:08	11:58	12:33	13:03	14:04	14:42	15:23	16:31	17:10	18:36	19:38	21:15	22:18:49
		Time Cum	01:50	02:45	04:15	04:51	05:43	06:28	07:08	07:58	08:33	09:03	10:04	10:42	11:23	12:31	13:10	14:36	15:38	17:15	18:18:49
		Time Delta	01:50	00:55	01:30	00:36	00:52	00:45	00:40	00:50	00:35	00:30	01:01	00:38	00:41	01:08	00:39	01:26	01:02	01:37	01:03:49
		Pace Cum	08:40	08:55	09:03	09:18	09:22	09:26	09:34	09:43	09:50	09:48	09:59	10:09	09:57	10:16	10:18	10:23	10:31	10:52	10:59
		Pace Delta	08:40	09:29	09:17	11:37	09:49	10:00	11:07	11:07	11:40	09:22	11:58	13:34	07:36	15:07	11:09	11:10	12:55	15:54	13:35
		Position	8-1	8-1	8-1	8-1	8-1	7-1	7-1	7-1	7-1	7-1	6-1	6-1	6-1	6-1	6-1	6-1	5-1	5-1	6-1
Lane, Byron (NY) 130 Age 38 Group M30-39 Overall-Group	6	Time of Day	06:07	07:08	08:36	09:10	10:01	10:52	11:34	12:24	13:01	13:27	14:31	15:09	15:49	17:00	17:33	18:55	20:03	21:35	22:33:14
		Time Cum	02:07	03:08	04:36	05:10	06:01	06:52	07:34	08:24	09:01	09:27	10:31	11:09	11:49	13:00	13:33	14:55	16:03	17:35	18:33:14
		Time Delta	02:07	01:01	01:28	00:34	00:51	00:51	00:42	00:50	00:37	00:26	01:04	00:38	00:40	01:11	00:33	01:22	01:08	01:32	00:58:14
		Pace Cum	10:00	10:10	09:47	09:54	09:52	10:01	10:09	10:15	10:22	10:14	10:26	10:34	10:19	10:39	10:36	10:36	10:48	11:04	11:08
		Pace Delta	10:00	10:31	09:04	10:58	09:37	11:20	11:40	11:07	12:20	08:07	12:33	13:34	07:24	15:47	09:26	10:39	14:10	15:05	12:23
		Position	28-8	29-8	18-5	14-5	13-5	11-4	12-5	11-4	10-4	10-4	9-4	9-4	8-4	8-4	9-4	8-3	8-3	8-3	6-2
Abbs, Alan (CA) 3 Age 36 Group M30-39 Overall-Group	7	Time of Day	05:45	06:39	08:07	08:41	09:35		11:04	11:55	12:31	12:59	14:04	14:47	15:34	16:40	17:15	18:36	19:40	21:30	22:45:12
		Time Cum	01:45	02:39	04:07	04:41	05:35		07:04	07:55	08:31	08:59	10:04	10:47	11:34	12:40	13:15	14:36	15:40	17:30	18:45:12
		Time Delta	01:45	00:54	01:28	00:34	00:54		01:29	00:51	00:36	00:28	01:05	00:43	00:47	01:06	00:35	01:21	01:04	01:50	01:15:12
		Pace Cum	08:16	08:36	08:46	08:59	09:09		09:29	09:39	09:47	09:44	09:59	10:13	10:06	10:23	10:22	10:23	10:32	11:01	11:15
		Pace Delta	08:16	09:19	09:04	10:58	10:11		10:59	11:20	12:00	08:45	12:45	15:21	08:42	14:40	10:00	10:31	13:20	18:02	16:00
		Position	4-3	4-3	6-3	5-3	6-3		6-3	6-3	6-3	6-3	6-3	7-3	7-3	7-3	7-3	7-3	5-2	6-2	7-2

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Larson,	8	Time of Day	06:07	07:06	08:46	09:24	10:21	11:14	12:08	13:00	13:36	14:05	15:06	15:47	16:31	17:48	18:20	19:43	20:41	22:10	23:01:52
Daniel (MA)		Time Cum	02:07	03:06	04:46	05:24	06:21	07:14	08:08	09:00	09:36	10:05	11:06	11:47	12:31	13:48	14:20	15:43	16:41	18:10	19:01:52
132		Time Delta	02:07	00:59	01:40	00:38	00:57	00:53	00:54	00:52	00:36	00:29	01:01	00:41	00:44	01:17	00:32	01:23	00:58	01:29	00:51:52
Age 30		Pace Cum	10:00	10:03	10:09	10:21	10:25	10:34	10:55	10:59	11:02	10:55	11:00	11:10	10:56	11:19	11:13	11:10	11:13	11:26	11:25
Group M30-39		Pace Delta	10:00	10:10	10:19	12:15	10:45	11:47	15:00	11:33	12:00	09:04	11:58	14:39	08:09	17:07	09:09	10:47	12:05	14:35	11:02
Overall-Group		Position	28-8	25-7	31-7	29-7	28-7	27-7	28-8	25-7	23-6	21-6	16-5	16-5	16-5	17-6	16-5	14-4	12-4	10-4	8-4
Turk,	9	Time of Day	06:00	06:56	08:24	08:58	09:50	10:40	11:23	12:14	12:51	13:22	14:30	15:08	15:51	17:00	17:35	19:01	20:03	22:00	23:08:13
Jerry (CT)		Time Cum	02:00	02:56	04:24	04:58	05:50	06:40	07:23	08:14	08:51	09:22	10:30	11:08	11:51	13:00	13:35	15:01	16:03	18:00	19:08:13
233		Time Delta	02:00	00:56	01:28	00:34	00:52	00:50	00:43	00:51	00:37	00:31	01:08	00:38	00:43	01:09	00:35	01:26	01:02	01:57	01:08:13
Age 48		Pace Cum	09:27	09:31	09:22	09:31	09:34	09:44	09:55	10:02	10:10	10:09	10:25	10:33	10:21	10:39	10:38	10:41	10:48	11:20	11:29
Group M40-49		Pace Delta	09:27	09:39	09:04	10:58	09:49	11:07	11:57	11:20	12:20	09:41	13:20	13:34	07:58	15:20	10:00	11:10	12:55	19:11	14:31
Overall-Group		Position	16-8	12-5	12-5	9-3	9-3	8-3	9-3	8-3	8-3	8-3	8-3	8-3	9-3	8-3	10-4	9-4	8-4	9-4	9-3
Nelson,	10	Time of Day	06:09	07:09	08:37	09:11	10:03	10:56	11:49	12:37	13:14	13:41	14:45	15:25	16:08	17:17	17:55	19:25	20:26	22:11	23:10:24
Steve (CT)		Time Cum	02:09	03:09	04:37	05:11	06:03	06:56	07:49	08:37	09:14	09:41	10:45	11:25	12:08	13:17	13:55	15:25	16:26	18:11	19:10:24
166		Time Delta	02:09	01:00	01:28	00:34	00:52	00:53	00:53	00:48	00:37	00:27	01:04	00:40	00:43	01:09	00:38	01:30	01:01	01:45	00:59:24
Age 42		Pace Cum	10:09	10:13	09:49	09:56	09:55	10:07	10:30	10:30	10:37	10:29	10:40	10:49	10:36	10:53	10:53	10:58	11:03	11:27	11:30
Group M40-49		Pace Delta	10:09	10:21	09:04	10:58	09:49	11:47	14:43	10:40	12:20	08:26	12:33	14:17	07:58	15:20	10:51	11:41	12:43	17:13	12:38
Overall-Group		Position	39-17	31-15	23-11	15-7	14-6	15-8	18-8	15-7	14-6	13-6	11-5	11-5	11-5	11-5	11-5	10-5	10-5	11-5	10-4
<u>Peterson,</u>	11	Time of Day	06:11	07:14	08:49	09:25	10:22	11:11	11:56	12:44	13:20	13:50	14:52	15:29	16:09	17:23	18:01	19:28	20:30	22:20	23:25:46
Dana (NY)		Time Cum	02:11	03:14	04:49	05:25	06:22	07:11	07:56	08:44	09:20	09:50	10:52	11:29	12:09	13:23	14:01	15:28	16:30	18:20	19:25:46
178		Time Delta	02:11	01:03	01:35	00:36	00:57	00:49	00:45	00:48	00:36	00:30	01:02	00:37	00:40	01:14	00:38	01:27	01:02	01:50	01:05:46
Age 35		Pace Cum	10:19	10:29	10:15	10:23	10:26	10:29	10:39	10:39	10:44	10:39	10:47	10:53	10:37	10:58	10:58	11:00	11:06	11:33	11:39
Group F30-39		Pace Delta	10:19	10:52	09:48	11:37	10:45	10:53	12:30	10:40	12:00	09:22	12:09	13:13	07:24	16:27	10:51	11:18	12:55	18:02	14:00
Overall-Group		Position	47-3	47-3	36-3	30-3	31-3	25-3	22-3	18-3	16-3	16-3	15-3	13-2	12-2	12-2	12-2	11-2	11-2	12-2	11-2
Sweeney,	12	Time of Day	06:09	07:11	08:43	09:20	10:13	11:03	11:47	12:39	13:17	13:45	14:51	15:31	16:14	17:27	18:04	19:37	20:42	22:45	23:49:34
Steven (NY)		Time Cum	02:09	03:11	04:43	05:20	06:13	07:03	07:47	08:39	09:17	09:45	10:51	11:31	12:14	13:27	14:04	15:37	16:42	18:45	19:49:34
222		Time Delta	02:09	01:02	01:32	00:37	00:53	00:50	00:44	00:52	00:38	00:28	01:06	00:40	00:43	01:13	00:37	01:33	01:05	02:03	01:04:34
Age 51		Pace Cum	10:09	10:19	10:02	10:13	10:11	10:18	10:27	10:33	10:40	10:34	10:46	10:55	10:41	11:01	11:00	11:06	11:14	11:48	11:54
Group M50-59		Pace Delta	10:09	10:41	09:29	11:56	10:00	11:07	12:13	11:33	12:40	08:45	12:56	14:17	07:58	16:13	10:34	12:05	13:33	20:10	13:44
Overall-Group		Position	39-4	34-3	28-3	26-3	21-2	18-1	17-1	16-1	15-1	15-1	14-1	15-1	14-1	14-1	14-1	13-1	13-1	13-1	12-1
McDowell,	13	Time of Day	06:11	07:12	08:49	09:26	10:21	11:11	11:56	12:47	13:26	13:56	15:06	15:47	16:35	17:45	18:21	20:03	21:19	23:10	24:09:30
Andrew (PA)		Time Cum	02:11	03:12	04:49	05:26	06:21	07:11	07:56	08:47	09:26	09:56	11:06	11:47	12:35	13:45	14:21	16:03	17:19	19:10	20:09:30
151		Time Delta	02:11	01:01	01:37	00:37	00:55	00:50	00:45	00:51	00:39	00:30	01:10	00:41	00:48	01:10	00:36	01:42	01:16	01:51	00:59:30
Age 39		Pace Cum	10:19	10:23	10:15	10:25	10:25	10:29	10:39	10:43	10:51	10:45	11:00	11:10	10:59	11:16	11:14	11:25	11:39	12:04	12:06
Group M30-39		Pace Delta	10:19	10:31	10:00	11:56	10:23	11:07	12:30	11:20	13:00	09:22	13:44	14:39	08:53	15:33	10:17	13:15	15:50	18:12	12:40
Overall-Group		Position	47-14	38-10	36-9	32-8	28-7	25-6	22-6	19-5	19-5	17-5	16-5	16-5	17-6	16-5	17-6	16-5	16-5	15-5	13-5
Blom,	14	Time of Day	05:59	06:59	08:36	09:18	10:15	11:10	11:56	12:48	13:28	13:57	15:10	15:52	16:41	18:01	18:39	20:25	21:28	23:15	24:11:51
Keith (CA)		Time Cum	01:59	02:59	04:36	05:18	06:15	07:10	07:56	08:48	09:28	09:57	11:10	11:52	12:41	14:01	14:39	16:25	17:28	19:15	20:11:51
16		Time Delta	01:59	01:00	01:37	00:42	00:57	00:55	00:46	00:52	00:40	00:29	01:13	00:42	00:49	01:20	00:38	01:46	01:03	01:47	00:56:51
Age 49		Pace Cum	09:22	09:41	09:47	10:10	10:15	10:28	10:39	10:44	10:53	10:47	11:04	11:15	11:05	11:29	11:28	11:40	11:45	12:07	12:07
Group M40-49		Pace Delta	09:22	10:21	10:00	13:33	10:45	12:13	12:47	11:33	13:20	09:04	14:19	15:00	09:04	17:47	10:51	13:46	13:08	17:32	12:06
Overall-Group		Position	14-6	16-6	18-9	23-12	25-12	24-12	22-11	20-9	21-10	19-8	18-6	18-6	18-6	18-6	18-6	17-6	17-6	16-6	14-5

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Mortensen, Christopher (PA) 159 Age 25 Group M20-29 Overall-Group	15 Time of Day	06:01	07:01	08:34	09:20	10:14	11:02	11:46	12:36	13:12	13:38	14:45	15:27	16:10	17:23	18:01	19:32	20:42	22:50	24:22:46
	Time Cum	02:01	03:01	04:34	05:20	06:14	07:02	07:46	08:36	09:12	09:38	10:45	11:27	12:10	13:23	14:01	15:32	16:42	18:50	20:22:46
	Time Delta	02:01	01:00	01:33	00:46	00:54	00:48	00:44	00:50	00:36	00:26	01:07	00:42	00:43	01:13	00:38	01:31	01:10	02:08	01:32:46
	Pace Cum	09:32	09:47	09:43	10:13	10:13	10:16	10:26	10:29	10:34	10:26	10:40	10:51	10:38	10:58	10:58	11:03	11:14	11:51	12:14
	Pace Delta	09:32	10:21	09:35	14:50	10:11	10:40	12:13	11:07	12:00	08:07	13:08	15:00	07:58	16:13	10:51	11:49	14:35	20:59	19:44
Douglas, Steven (CA) 59 Age 41 Group M40-49 Overall-Group	16 Position	17-1	20-2	16-1	26-2	23-1	17-1	16-1	13-1	12-1	12-1	11-1	12-1	13-1	12-1	12-1	12-1	13-1	14-1	15-1
	16 Time of Day	06:10	07:11	08:54	09:39	10:37	11:32	12:23	13:15	13:56	14:28	15:32	16:18	17:16	18:23	19:01	20:31	21:34	23:30	24:32:26
	Time Cum	02:10	03:11	04:54	05:39	06:37	07:32	08:23	09:15	09:56	10:28	11:32	12:18	13:16	14:23	15:01	16:31	17:34	19:30	20:32:26
	Time Delta	02:10	01:01	01:43	00:45	00:58	00:55	00:51	00:52	00:41	00:32	01:04	00:46	00:58	01:07	00:38	01:30	01:03	01:56	01:02:26
	Pace Cum	10:14	10:19	10:26	10:50	10:51	11:00	11:15	11:17	11:25	11:20	11:26	11:40	11:35	11:47	11:45	11:45	11:49	12:17	12:19
Englund, Tim (WA) 67 Age 40 Group M40-49 Overall-Group	17 Position	44-21	34-18	41-22	42-22	38-20	35-18	34-17	30-14	29-13	28-12	22-10	22-8	22-8	20-7	19-7	19-7	18-7	17-7	16-6
	17 Time of Day	06:13	07:19	09:06	09:52	10:57	11:54	12:44	13:45	14:28	15:00	16:08	16:51	17:43	18:48	19:24	20:53	22:00	23:45	24:34:04
	Time Cum	02:13	03:19	05:06	05:52	06:57	07:54	08:44	09:45	10:28	11:00	12:08	12:51	13:43	14:48	15:24	16:53	18:00	19:45	20:34:04
	Time Delta	02:13	01:06	01:47	00:46	01:05	00:57	00:50	01:01	00:43	00:32	01:08	00:43	00:52	01:05	00:36	01:29	01:07	01:45	00:49:04
	Pace Cum	10:28	10:45	10:51	11:15	11:24	11:32	11:43	11:53	12:02	11:55	12:02	12:11	11:59	12:08	12:03	12:00	12:06	12:26	12:20
Oliva, Michael (NY) 260 Age 27 Group M20-29 Overall-Group	18 Position	61-28	53-24	53-24	55-25	58-25	54-25	51-24	48-23	45-21	45-20	37-16	35-14	28-12	28-12	25-11	22-9	20-8	19-8	17-7
	18 Time of Day	06:01	06:58	08:37	09:17	10:20	11:15	12:08	13:05	13:43	14:13	15:34	16:17	17:15	18:22	19:01	20:30	21:43	23:40	24:34:23
	Time Cum	02:01	02:58	04:37	05:17	06:20	07:15	08:08	09:05	09:43	10:13	11:34	12:17	13:15	14:22	15:01	16:30	17:43	19:40	20:34:23
	Time Delta	02:01	00:57	01:39	00:40	01:03	00:55	00:53	00:57	00:38	00:30	01:21	00:43	00:58	01:07	00:39	01:29	01:13	01:57	00:54:23
	Pace Cum	09:32	09:37	09:49	10:08	10:23	10:35	10:55	11:05	11:10	11:04	11:28	11:39	11:34	11:47	11:45	11:44	11:55	12:23	12:21
Dorsey, Kevin (TN) 58 Age 35 Group M30-39 Overall-Group	19 Position	17-1	15-1	23-2	21-1	27-2	28-2	28-2	27-2	26-2	23-2	24-2	20-2	21-2	19-2	19-2	18-2	19-2	18-2	18-2
	19 Time of Day	06:11	07:19	09:06	09:48	10:49	11:42	12:33	13:34	14:17	14:50	16:06	16:50	17:44	19:01	19:44	21:20	22:31	24:20	25:18:27
	Time Cum	02:11	03:19	05:06	05:48	06:49	07:42	08:33	09:34	10:17	10:50	12:06	12:50	13:44	15:01	15:44	17:20	18:31	20:20	21:18:27
	Time Delta	02:11	01:08	01:47	00:42	01:01	00:53	00:51	01:01	00:43	00:33	01:16	00:44	00:54	01:17	00:43	01:36	01:11	01:49	00:58:27
	Pace Cum	10:19	10:45	10:51	11:07	11:10	11:14	11:29	11:40	11:49	11:44	12:00	12:10	12:00	12:19	12:18	12:19	12:27	12:48	12:47
Lee, Eulhwa (PA) 136 Age 46 Group M40-49 Overall-Group	20 Position	47-14	53-15	53-13	51-13	50-12	40-9	38-9	39-8	38-8	36-8	35-8	33-8	30-8	32-9	31-8	30-7	29-7	22-6	19-6
	20 Time of Day	06:09	07:09	08:44	09:25	10:21	11:15	12:09	13:05	13:46	14:17	15:36	16:20	17:16	18:28	19:08	20:51	22:07	24:18	25:26:20
	Time Cum	02:09	03:09	04:44	05:25	06:21	07:15	08:09	09:05	09:46	10:17	11:36	12:20	13:16	14:28	15:08	16:51	18:07	20:18	21:26:20
	Time Delta	02:09	01:00	01:35	00:41	00:56	00:54	00:54	00:56	00:41	00:31	01:19	00:44	00:56	01:12	00:40	01:43	01:16	02:11	01:08:20
	Pace Cum	10:09	10:13	10:04	10:23	10:25	10:35	10:56	11:05	11:14	11:08	11:30	11:41	11:35	11:51	11:50	11:59	12:11	12:47	12:52
Szymanski, John (CT) 223 Age 23 Group M20-29 Overall-Group	21 Position	39-17	31-15	29-14	30-14	28-13	28-13	31-14	27-12	28-12	26-11	26-12	23-9	22-8	22-9	22-9	21-8	22-9	21-9	20-8
	21 Time of Day	06:14	07:22	09:03	09:45	10:44	11:43	12:40	13:34	14:14	14:48	16:06	16:49	17:43	18:52	19:30	21:09	22:27	24:23	25:27:11
	Time Cum	02:14	03:22	05:03	05:45	06:44	07:43	08:40	09:34	10:14	10:48	12:06	12:49	13:43	14:52	15:30	17:09	18:27	20:23	21:27:11
	Time Delta	02:14	01:08	01:41	00:42	00:59	00:59	00:57	00:54	00:40	00:34	01:18	00:43	00:54	01:09	00:38	01:39	01:18	01:56	01:04:11
	Pace Cum	10:33	10:55	10:45	11:01	11:02	11:16	11:38	11:40	11:46	11:42	12:00	12:09	11:59	12:11	12:08	12:12	12:25	12:50	12:52

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
<u>Conte,</u>	22	Time of Day	06:01	07:04	08:42	09:19	10:13	11:01	11:44	12:36	13:13	13:44	14:50	15:30	16:14	17:31	18:09	19:49	21:09	23:45	25:29:18
Francesca (VA)		Time Cum	02:01	03:04	04:42	05:19	06:13	07:01	07:44	08:36	09:13	09:44	10:50	11:30	12:14	13:31	14:09	15:49	17:09	19:45	21:29:18
	40	Time Delta	02:01	01:03	01:38	00:37	00:54	00:48	00:43	00:52	00:37	00:31	01:06	00:40	00:44	01:17	00:38	01:40	01:20	02:36	01:44:18
Age 34		Pace Cum	09:32	09:57	10:00	10:12	10:11	10:15	10:23	10:29	10:36	10:32	10:45	10:54	10:41	11:05	11:04	11:15	11:32	12:26	12:54
Group F30-39		Pace Delta	09:32	10:52	10:06	11:56	10:11	10:40	11:57	11:33	12:20	09:41	12:56	14:17	08:09	17:07	10:51	12:59	16:40	25:34	22:11
Overall-Group		Position	17-2	24-2	27-2	25-2	21-2	16-2	14-2	13-2	13-2	14-2	13-2	14-3	14-3	15-3	15-3	15-3	15-3	19-3	22-3
<u>Lebel,</u>	23	Time of Day	06:23	07:33	09:21	10:03	11:06	12:02	12:49	13:47	14:28	14:59	16:10	16:52	17:44	18:53	19:34	21:17	22:29	24:43	25:33:37
Lori (MA)		Time Cum	02:23	03:33	05:21	06:03	07:06	08:02	08:49	09:47	10:28	10:59	12:10	12:52	13:44	14:53	15:34	17:17	18:29	20:43	21:33:37
	143	Time Delta	02:23	01:10	01:48	00:42	01:03	00:56	00:47	00:58	00:41	00:31	01:11	00:42	00:52	01:09	00:41	01:43	01:12	02:14	00:50:37
Age 33		Pace Cum	11:16	11:31	11:23	11:36	11:38	11:44	11:50	11:56	12:02	11:54	12:04	12:12	12:00	12:12	12:11	12:17	12:26	13:03	12:56
Group F30-39		Pace Delta	11:16	12:04	11:08	13:33	11:53	12:27	13:03	12:53	13:40	09:41	13:55	15:00	09:38	15:20	11:43	13:23	15:00	21:58	10:46
Overall-Group		Position	99-7	81-6	71-5	67-5	61-4	58-4	56-4	53-4	45-4	41-4	39-4	36-4	30-4	30-4	30-4	28-4	28-4	29-4	23-4
Godale,	24	Time of Day	06:07	07:12	09:00	09:39	10:44	11:45	12:43	13:52	14:41	15:12	16:05	16:44	17:41	18:38	19:17	20:38	22:02	24:37	25:34:09
Mark (OH)		Time Cum	02:07	03:12	05:00	05:39	06:44	07:45	08:43	09:52	10:41	11:12	12:05	12:44	13:41	14:38	15:17	16:38	18:02	20:37	21:34:09
	84	Time Delta	02:07	01:05	01:48	00:39	01:05	01:01	00:58	01:09	00:49	00:31	00:53	00:39	00:57	00:57	00:39	01:21	01:24	02:35	00:57:09
Age 36		Pace Cum	10:00	10:23	10:38	10:50	11:02	11:19	11:42	12:02	12:17	12:08	11:59	12:04	11:57	12:00	11:57	11:49	12:08	12:59	12:56
Group M30-39		Pace Delta	10:00	11:12	11:08	12:35	12:16	13:33	16:07	15:20	16:20	09:41	10:24	13:56	10:33	12:40	11:09	10:31	17:30	25:25	12:10
Overall-Group		Position	28-8	38-10	45-11	42-11	42-10	45-10	49-12	57-14	56-14	54-14	34-7	27-7	27-7	24-7	23-7	20-6	21-6	28-8	24-7
Tryon,	25	Time of Day	06:15	07:22	09:08	09:56	10:56	11:54	12:48	13:45	14:28	14:59	16:11	16:54	17:53	19:13	19:56	21:26	22:39	24:26	25:36:16
Bill (PA)		Time Cum	02:15	03:22	05:08	05:56	06:56	07:54	08:48	09:45	10:28	10:59	12:11	12:54	13:53	15:13	15:56	17:26	18:39	20:26	21:36:16
	232	Time Delta	02:15	01:07	01:46	00:48	01:00	00:58	00:54	00:57	00:43	00:31	01:12	00:43	00:59	01:20	00:43	01:30	01:13	01:47	01:10:16
Age 33		Pace Cum	10:38	10:55	10:55	11:22	11:22	11:32	11:49	11:53	12:02	11:54	12:05	12:14	12:08	12:28	12:28	12:24	12:33	12:52	12:58
Group M30-39		Pace Delta	10:38	11:33	10:56	15:29	11:19	12:53	15:00	12:40	14:20	09:41	14:07	15:21	10:56	17:47	12:17	11:41	15:13	17:32	14:57
Overall-Group		Position	69-17	63-17	58-16	59-15	56-14	54-12	54-13	48-11	45-11	41-9	42-11	41-11	40-11	37-10	36-10	32-9	31-8	26-7	25-8
Smythe,	26	Time of Day	06:14	07:23	09:03	09:46	10:46	11:42	12:31	13:22	14:04	14:34	15:57	16:45	17:38	18:47	19:26	21:09	22:27	24:22	25:36:23
Brad (NC)		Time Cum	02:14	03:23	05:03	05:46	06:46	07:42	08:31	09:22	10:04	10:34	11:57	12:45	13:38	14:47	15:26	17:09	18:27	20:22	21:36:23
	207	Time Delta	02:14	01:09	01:40	00:43	01:00	00:56	00:49	00:51	00:42	00:30	01:23	00:48	00:53	01:09	00:39	01:43	01:18	01:55	01:14:23
Age 28		Pace Cum	10:33	10:58	10:45	11:03	11:06	11:14	11:26	11:25	11:34	11:27	11:51	12:05	11:54	12:07	12:04	12:12	12:25	12:49	12:58
Group M20-29		Pace Delta	10:33	11:54	10:19	13:52	11:19	12:27	13:37	11:20	14:00	09:22	16:16	17:09	09:49	15:20	11:09	13:23	16:15	18:51	15:50
Overall-Group		Position	67-3	67-4	49-3	48-4	48-4	40-3	36-3	32-3	31-3	30-3	29-3	29-3	26-3	26-3	26-3	26-3	25-3	24-3	26-4
Holovnia,	27	Time of Day	06:09	07:13	08:49	09:30	10:36	11:31	12:21	13:21	14:06	14:40	15:52	16:35	17:30	18:44	19:27	21:04	22:18	24:21	25:37:39
Paul (MN)		Time Cum	02:09	03:13	04:49	05:30	06:36	07:31	08:21	09:21	10:06	10:40	11:52	12:35	13:30	14:44	15:27	17:04	18:18	20:21	21:37:39
	109	Time Delta	02:09	01:04	01:36	00:41	01:06	00:55	00:50	01:00	00:45	00:34	01:12	00:43	00:55	01:14	00:43	01:37	01:14	02:03	01:16:39
Age 44		Pace Cum	10:09	10:26	10:15	10:33	10:49	10:58	11:12	11:24	11:37	11:33	11:46	11:56	11:47	12:05	12:05	12:08	12:19	12:49	12:59
Group M40-49		Pace Delta	10:09	11:02	09:54	13:14	12:27	12:13	13:53	13:20	15:00	10:37	14:07	15:21	10:11	16:27	12:17	12:36	15:25	20:10	16:19
Overall-Group		Position	39-17	42-21	36-19	37-19	37-19	34-17	32-15	31-15	32-15	31-14	28-13	24-10	24-10	25-10	27-12	25-12	24-11	23-10	27-9
Buckley,	28	Time of Day	06:07	07:10	08:46	09:28	10:26	11:19	12:08	13:07	13:56	14:30	15:58	16:44	17:36	18:47	19:23	20:59	22:14	24:29	25:45:15
Ed (MA)		Time Cum	02:07	03:10	04:46	05:28	06:26	07:19	08:08	09:07	09:56	10:30	11:58	12:44	13:36	14:47	15:23	16:59	18:14	20:29	21:45:15
	25	Time Delta	02:07	01:03	01:36	00:42	00:58	00:53	00:49	00:59	00:49	00:34	01:28	00:46	00:52	01:11	00:36	01:36	01:15	02:15	01:16:15
Age 48		Pace Cum	10:00	10:16	10:09	10:29	10:33	10:41	10:55	11:07	11:25	11:22	11:52	12:04	11:53	12:07	12:02	12:04	12:16	12:54	13:03
Group M40-49		Pace Delta	10:00	10:52	09:54	13:33	10:57	11:47	13:37	13:07	16:20	10:37	17:15	16:26	09:38	15:47	10:17	12:28	15:38	22:08	16:13
Overall-Group		Position	28-14	33-17	31-16	35-17	33-15	30-14	28-13	29-13	29-13	29-13	30-14	27-12	25-11	26-11	24-10	23-10	23-10	27-11	28-10

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
<u>Shelton,</u>	29	Time of Day	05:55	06:51	08:21	08:59	09:56	10:54	11:54	13:02	13:43	14:13	15:34	16:17	17:14	18:36	19:28	21:19	22:32	24:45	25:48:22
Jenn (VA)		Time Cum	01:55	02:51	04:21	04:59	05:56	06:54	07:54	09:02	09:43	10:13	11:34	12:17	13:14	14:36	15:28	17:19	18:32	20:45	21:48:22
205		Time Delta	01:55	00:56	01:30	00:38	00:57	00:58	01:00	01:08	00:41	00:30	01:21	00:43	00:57	01:22	00:52	01:51	01:13	02:13	01:03:22
Age 22		Pace Cum	09:03	09:15	09:15	09:33	09:44	10:04	10:36	11:01	11:10	11:04	11:28	11:39	11:33	11:58	12:06	12:19	12:28	13:04	13:05
Group F20-29		Pace Delta	09:03	09:39	09:17	12:15	10:45	12:53	16:40	15:07	13:40	09:22	15:53	15:21	10:33	18:13	14:51	14:25	15:13	21:48	13:29
Overall-Group		Position	9-1	9-1	9-1	11-1	12-1	12-1	20-1	26-1	26-1	23-1	24-1	20-1	20-1	23-1	28-1	29-1	30-1	30-1	29-1
Zerbe,	30	Time of Day	06:22	07:31	09:20	10:04	11:08	12:02	12:57	13:51	14:30	15:03	16:10	16:52	17:51	19:00	19:44	21:24	22:41	24:56	26:13:04
John (CA)		Time Cum	02:22	03:31	05:20	06:04	07:08	08:02	08:57	09:51	10:30	11:03	12:10	12:52	13:51	15:00	15:44	17:24	18:41	20:56	22:13:04
250		Time Delta	02:22	01:09	01:49	00:44	01:04	00:54	00:55	00:54	00:39	00:33	01:07	00:42	00:59	01:09	00:44	01:40	01:17	02:15	01:17:04
Age 38		Pace Cum	11:11	11:24	11:21	11:38	11:42	11:44	12:01	12:01	12:04	11:58	12:04	12:12	12:06	12:18	12:18	12:22	12:34	13:11	13:20
Group M30-39		Pace Delta	11:11	11:54	11:14	14:12	12:05	12:00	15:17	12:00	13:00	10:19	13:08	15:00	10:56	15:20	12:34	12:59	16:03	22:08	16:24
Overall-Group		Position	83-19	76-20	69-17	71-18	64-16	58-15	61-16	56-13	52-13	50-13	39-9	36-9	37-9	31-8	31-8	31-8	32-9	32-9	30-9
Gray,	31	Time of Day	06:07	07:06	08:34	09:11	10:05	10:55	11:45	12:40	13:23	13:56	15:16	16:07	17:10	18:25	19:03	20:59	22:27	24:48	26:18:31
David (SCOT)		Time Cum	02:07	03:06	04:34	05:11	06:05	06:55	07:45	08:40	09:23	09:56	11:16	12:07	13:10	14:25	15:03	16:59	18:27	20:48	22:18:31
94		Time Delta	02:07	00:59	01:28	00:37	00:54	00:50	00:50	00:55	00:43	00:33	01:20	00:51	01:03	01:15	00:38	01:56	01:28	02:21	01:30:31
Age 46		Pace Cum	10:00	10:03	09:43	09:56	09:58	10:06	10:24	10:34	10:47	10:45	11:10	11:29	11:30	11:49	11:46	12:04	12:25	13:06	13:23
Group M40-49		Pace Delta	10:00	10:10	09:04	11:56	10:11	11:07	13:53	12:13	14:20	10:19	15:41	18:13	11:40	16:40	10:51	15:04	18:20	23:07	19:16
Overall-Group		Position	28-14	25-12	16-8	15-7	15-7	13-6	15-7	17-8	18-8	17-7	21-9	19-7	19-7	21-8	21-8	23-10	25-12	31-12	31-11
Spannuth,	32	Time of Day	06:12	07:20	09:06	09:52	10:56	11:54	12:48	13:45	14:28	14:59	16:10	16:52	17:51	19:13	19:56	21:43	22:49	25:22	26:31:06
John (IL)		Time Cum	02:12	03:20	05:06	05:52	06:56	07:54	08:48	09:45	10:28	10:59	12:10	12:52	13:51	15:13	15:56	17:43	18:49	21:22	22:31:06
212		Time Delta	02:12	01:08	01:46	00:46	01:04	00:58	00:54	00:57	00:43	00:31	01:11	00:42	00:59	01:22	00:43	01:47	01:06	02:33	01:09:06
Age 36		Pace Cum	10:24	10:49	10:51	11:15	11:22	11:32	11:49	11:53	12:02	11:54	12:04	12:12	12:06	12:28	12:28	12:36	12:39	13:27	13:31
Group M30-39		Pace Delta	10:24	11:43	10:56	14:50	12:05	12:53	15:00	12:40	14:20	09:41	13:55	15:00	10:56	18:13	12:17	13:54	13:45	25:05	14:42
Overall-Group		Position	53-16	57-16	53-13	55-14	56-14	54-12	54-13	48-11	45-11	41-9	39-9	36-9	37-9	37-10	36-10	33-10	33-10	33-10	32-10
Campiformio,	33	Time of Day	06:13	07:21	09:09	09:54	10:55	11:49	12:46	13:36	14:17	14:50	16:12	16:53	17:45	19:07	19:52	21:53	23:24	25:24	26:34:40
Jim (CT)		Time Cum	02:13	03:21	05:09	05:54	06:55	07:49	08:46	09:36	10:17	10:50	12:12	12:53	13:45	15:07	15:52	17:53	19:24	21:24	22:34:40
254		Time Delta	02:13	01:08	01:48	00:45	01:01	00:54	00:57	00:50	00:41	00:33	01:22	00:41	00:52	01:22	00:45	02:01	01:31	02:00	01:10:40
Age 56		Pace Cum	10:28	10:52	10:57	11:19	11:20	11:25	11:46	11:42	11:49	11:44	12:06	12:13	12:01	12:23	12:25	12:43	13:03	13:28	13:33
Group M50-59		Pace Delta	10:28	11:43	11:08	14:31	11:31	12:00	15:50	11:07	13:40	10:19	16:05	14:39	09:38	18:13	12:51	15:43	18:58	19:40	15:02
Overall-Group		Position	61-6	59-6	60-6	57-6	53-6	50-5	53-5	43-4	38-4	36-4	43-4	40-4	33-2	34-2	34-2	34-2	36-2	34-2	33-2
Zucker,	33	Time of Day	06:12	07:17	09:00	09:47	10:45	11:42	12:38	13:29	14:10	14:45	16:02	16:49	17:45	19:08	19:52	21:53	23:20	25:24	26:34:40
Zeke (VT)		Time Cum	02:12	03:17	05:00	05:47	06:45	07:42	08:38	09:29	10:10	10:45	12:02	12:49	13:45	15:08	15:52	17:53	19:20	21:24	22:34:40
251		Time Delta	02:12	01:05	01:43	00:47	00:58	00:57	00:56	00:51	00:41	00:35	01:17	00:47	00:56	01:23	00:44	02:01	01:27	02:04	01:10:40
Age 62		Pace Cum	10:24	10:39	10:38	11:05	11:04	11:14	11:35	11:34	11:41	11:39	11:56	12:09	12:01	12:24	12:25	12:43	13:00	13:28	13:33
Group M60-69		Pace Delta	10:24	11:12	10:37	15:10	10:57	12:40	15:33	11:20	13:40	10:56	15:06	16:47	10:22	18:27	12:34	15:43	18:08	20:20	15:02
Overall-Group		Position	53-1	48-1	45-1	50-1	46-1	40-1	43-1	35-1	33-1	32-1	33-1	31-1	33-1	35-1	34-1	34-1	35-1	34-1	33-1
Brenden,	35	Time of Day	06:24	07:36	09:28	10:15	11:20	12:22	13:19	14:28	15:12	15:50	17:05	17:49	18:49	20:01	20:40	22:33	23:58	25:37	26:44:01
Dan (AZ)		Time Cum	02:24	03:36	05:28	06:15	07:20	08:22	09:19	10:28	11:12	11:50	13:05	13:49	14:49	16:01	16:40	18:33	19:58	21:37	22:44:01
21		Time Delta	02:24	01:12	01:52	00:47	01:05	01:02	00:57	01:09	00:44	00:38	01:15	00:44	01:00	01:12	00:39	01:53	01:25	01:39	01:07:01
Age 55		Pace Cum	11:20	11:41	11:38	11:59	12:01	12:13	12:30	12:46	12:52	12:49	12:59	13:06	12:56	13:08	13:02	13:11	13:26	13:37	13:38
Group M50-59		Pace Delta	11:20	12:25	11:33	15:10	12:16	13:47	15:50	15:20	14:40	11:52	14:42	15:43	11:07	16:00	11:09	14:41	17:43	16:14	14:16
Overall-Group		Position	107-16	97-13	84-12	79-11	77-10	76-11	75-10	77-10	75-10	75-10	69-8	68-9	65-9	56-6	54-6	50-5	49-4	38-3	35-3

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Thom, 36	Time of Day	06:12	07:19	09:06	09:49	10:53	11:51	12:43	13:45	14:28	15:02	16:21	17:07	18:09	19:41	20:28	22:13	23:25	25:28	26:44:31
Bill (IL)	Time Cum	02:12	03:19	05:06	05:49	06:53	07:51	08:43	09:45	10:28	11:02	12:21	13:07	14:09	15:41	16:28	18:13	19:25	21:28	22:44:31
227	Time Delta	02:12	01:07	01:47	00:43	01:04	00:58	00:52	01:02	00:43	00:34	01:19	00:46	01:02	01:32	00:47	01:45	01:12	02:03	01:16:31
Age 45	Pace Cum	10:24	10:45	10:51	11:09	11:17	11:28	11:42	11:53	12:02	11:57	12:15	12:26	12:21	12:51	12:53	12:57	13:04	13:31	13:39
Group M40-49	Pace Delta	10:24	11:33	11:02	13:52	12:05	12:53	14:27	13:47	14:20	10:37	15:29	16:26	11:29	20:27	13:26	13:38	15:00	20:10	16:17
Overall-Group	Position	53-25	53-24	53-24	53-24	52-24	52-24	49-23	48-23	45-21	47-21	48-21	44-18	44-18	49-18	47-17	39-15	37-13	36-13	36-12
McCardle, 37	Time of Day	06:33	07:50	09:41	10:29	11:30	12:27	13:18	14:13	14:56	15:30	16:47	17:35	18:36	19:50	20:32	22:24	23:40	25:47	26:45:53
Shawn (PE)	Time Cum	02:33	03:50	05:41	06:29	07:30	08:27	09:18	10:13	10:56	11:30	12:47	13:35	14:36	15:50	16:32	18:24	19:40	21:47	22:45:53
150	Time Delta	02:33	01:17	01:51	00:48	01:01	00:57	00:51	00:55	00:43	00:34	01:17	00:48	01:01	01:14	00:42	01:52	01:16	02:07	00:58:53
Age 38	Pace Cum	12:03	12:26	12:06	12:26	12:18	12:20	12:29	12:28	12:34	12:27	12:41	12:53	12:45	12:59	12:56	13:05	13:14	13:43	13:40
Group M30-39	Pace Delta	12:03	13:17	11:27	15:29	11:31	12:40	14:10	12:13	14:20	10:37	15:06	17:09	11:18	16:27	12:00	14:33	15:50	20:49	12:32
Overall-Group	Position	135-31	135-32	114-30	104-28	86-23	84-22	73-20	67-18	66-19	60-18	60-17	55-16	53-16	51-16	49-16	45-14	42-14	39-12	37-11
Trahern, 38	Time of Day	06:10	07:11	08:49	09:27	10:26	11:25	12:27	13:28	14:15	14:51	16:08	16:52	18:00	19:28	20:15	22:07	23:27	25:48	26:50:33
Eugene (OR)	Time Cum	02:10	03:11	04:49	05:27	06:26	07:25	08:27	09:28	10:15	10:51	12:08	12:52	14:00	15:28	16:15	18:07	19:27	21:48	22:50:33
231	Time Delta	02:10	01:01	01:38	00:38	00:59	00:59	01:02	01:01	00:47	00:36	01:17	00:44	01:08	01:28	00:47	01:52	01:20	02:21	01:02:33
Age 43	Pace Cum	10:14	10:19	10:15	10:27	10:33	10:50	11:21	11:33	11:47	11:45	12:02	12:12	12:14	12:41	12:43	12:53	13:05	13:44	13:42
Group M40-49	Pace Delta	10:14	10:31	10:06	12:15	11:08	13:07	17:13	13:33	15:40	11:15	15:06	15:43	12:36	19:33	13:26	14:33	16:40	23:07	13:19
Overall-Group	Position	44-21	34-18	36-19	34-16	33-15	31-15	35-18	34-17	36-16	38-16	37-16	36-15	42-16	41-15	40-15	38-14	39-15	40-14	38-13
Quinn, 39	Time of Day	06:08	07:12	08:59	09:42	10:48	11:49	12:49	13:58	14:53	15:30	16:44	17:37	18:36	19:53	20:32	22:32	23:40	25:49	26:53:05
Tim (CA)	Time Cum	02:08	03:12	04:59	05:42	06:48	07:49	08:49	09:58	10:53	11:30	12:44	13:37	14:36	15:53	16:32	18:32	19:40	21:49	22:53:05
180	Time Delta	02:08	01:04	01:47	00:43	01:06	01:01	01:00	01:09	00:55	00:37	01:14	00:53	00:59	01:17	00:39	02:00	01:08	02:09	01:04:05
Age 59	Pace Cum	10:05	10:23	10:36	10:56	11:09	11:25	11:50	12:09	12:31	12:27	12:38	12:54	12:45	13:01	12:56	13:11	13:14	13:44	13:44
Group M50-59	Pace Delta	10:05	11:02	11:02	13:52	12:27	13:33	16:40	15:20	18:20	11:34	14:31	18:56	10:56	17:07	11:09	15:35	14:10	21:09	13:38
Overall-Group	Position	36-3	38-4	43-4	45-4	49-4	50-5	56-6	62-6	62-6	60-6	57-5	56-6	53-6	52-5	49-4	49-4	42-3	41-4	39-4
McKeown, 39	Time of Day	06:35	07:50	09:45	10:30	11:39	12:40	13:44	14:55	15:41	16:12	17:23	18:08	19:02	20:15	20:54	22:48	24:00	25:52	26:53:05
Grant (NY)	Time Cum	02:35	03:50	05:45	06:30	07:39	08:40	09:44	10:55	11:41	12:12	13:23	14:08	15:02	16:15	16:54	18:48	20:00	21:52	22:53:05
153	Time Delta	02:35	01:15	01:55	00:45	01:09	01:01	01:04	01:11	00:46	00:31	01:11	00:45	00:54	01:13	00:39	01:54	01:12	01:52	01:01:05
Age 57	Pace Cum	12:12	12:26	12:14	12:28	12:32	12:39	13:04	13:19	13:26	13:13	13:16	13:24	13:08	13:19	13:13	13:22	13:27	13:46	13:44
Group M50-59	Pace Delta	12:12	12:56	11:51	14:31	13:01	13:33	17:47	15:47	15:20	09:41	13:55	16:04	10:00	16:13	11:09	14:48	15:00	18:22	13:00
Overall-Group	Position	150-26	135-23	120-19	109-18	105-17	102-17	104-16	106-16	103-15	96-15	81-13	74-11	69-10	65-9	60-8	54-6	50-5	42-5	39-4
Grant, 41	Time of Day	05:58	07:01	08:48	09:33	10:41	11:45	12:45	13:35	14:18	14:53	16:13	16:55	17:47	19:02	19:44	21:55	23:25	25:59	27:04:14
Bruce M (BC)	Time Cum	01:58	03:01	04:48	05:33	06:41	07:45	08:45	09:35	10:18	10:53	12:13	12:55	13:47	15:02	15:44	17:55	19:25	21:59	23:04:14
92	Time Delta	01:58	01:03	01:47	00:45	01:08	01:04	01:00	00:50	00:43	00:35	01:20	00:42	00:52	01:15	00:42	02:11	01:30	02:34	01:05:14
Age 40	Pace Cum	09:17	09:47	10:13	10:38	10:57	11:19	11:45	11:41	11:50	11:47	12:07	12:15	12:02	12:19	12:18	12:44	13:04	13:50	13:51
Group M40-49	Pace Delta	09:17	10:52	11:02	14:31	12:50	14:13	16:40	11:07	14:20	10:56	15:41	15:00	09:38	16:40	12:00	17:01	18:45	25:15	13:53
Overall-Group	Position	13-5	20-10	34-17	40-21	41-22	45-23	52-25	41-20	41-19	39-17	45-19	42-16	35-14	33-13	31-13	36-13	37-13	46-18	41-14
Gerard, 42	Time of Day	06:09	07:13	08:45	09:26	10:30	11:36	12:31	13:32	14:21	14:59	16:13	17:01	18:07	19:31	20:18	22:25	23:54	25:53	27:04:59
Prasad (MD)	Time Cum	02:09	03:13	04:45	05:26	06:30	07:36	08:31	09:32	10:21	10:59	12:13	13:01	14:07	15:31	16:18	18:25	19:54	21:53	23:04:59
80	Time Delta	02:09	01:04	01:32	00:41	01:04	01:06	00:55	01:01	00:49	00:38	01:14	00:48	01:06	01:24	00:47	02:07	01:29	01:59	01:11:59
Age 47	Pace Cum	10:09	10:26	10:06	10:25	10:39	11:06	11:26	11:38	11:54	11:54	12:07	12:20	12:43	12:45	13:06	13:23	13:47	13:51	13:51
Group M40-49	Pace Delta	10:09	11:02	09:29	13:14	12:05	14:40	15:17	13:33	16:20	11:52	14:31	17:09	12:13	18:40	13:26	16:30	18:33	19:30	15:19
Overall-Group	Position	39-17	42-21	30-15	32-15	35-17	37-20	36-19	38-19	42-20	41-19	45-19	43-17	43-17	42-16	42-16	46-17	47-19	44-16	42-15

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Knipling,	43	Time of Day	06:04	07:11	08:59	09:38	10:45	11:45	12:40	13:38	14:24	15:00	16:19	17:09	18:13	19:35	20:19	22:34	24:01	25:59	27:05:26
Keith E (IL)		Time Cum	02:04	03:11	04:59	05:38	06:45	07:45	08:40	09:38	10:24	11:00	12:19	13:09	14:13	15:35	16:19	18:34	20:01	21:59	23:05:26
125		Time Delta	02:04	01:07	01:48	00:39	01:07	01:00	00:55	00:58	00:46	00:36	01:19	00:50	01:04	01:22	00:44	02:15	01:27	01:58	01:06:26
Age 30		Pace Cum	09:46	10:19	10:36	10:48	11:04	11:19	11:38	11:45	11:57	11:55	12:13	12:28	12:25	12:46	12:46	13:12	13:28	13:50	13:51
Group M30-39		Pace Delta	09:46	11:33	11:08	12:35	12:38	13:20	15:17	12:53	15:20	11:15	15:29	17:51	11:51	18:13	12:34	17:32	18:08	19:21	14:08
Overall-Group		Position	25-7	34-9	43-10	41-10	46-11	45-10	46-11	44-9	43-9	45-11	47-12	46-12	49-15	44-13	43-13	51-15	51-15	46-13	43-12
Nemet,	44	Time of Day	06:34	07:52	09:55	10:43	11:57	13:03	14:00	15:02	15:45	16:17	17:31	18:21	19:16	20:22	21:01	22:42	24:01	26:03	27:08:05
Alex (OH)		Time Cum	02:34	03:52	05:55	06:43	07:57	09:03	10:00	11:02	11:45	12:17	13:31	14:21	15:16	16:22	17:01	18:42	20:01	22:03	23:08:05
167		Time Delta	02:34	01:18	02:03	00:48	01:14	01:06	00:57	01:02	00:43	00:32	01:14	00:50	00:55	01:06	00:39	01:41	01:19	02:02	01:05:05
Age 31		Pace Cum	12:08	12:32	12:35	12:53	13:02	13:13	13:25	13:27	13:30	13:18	13:24	13:36	13:20	13:25	13:19	13:18	13:28	13:53	13:53
Group M30-39		Pace Delta	12:08	13:27	12:41	15:29	13:58	14:40	15:50	13:47	14:20	10:00	14:31	17:51	10:11	14:40	11:09	13:07	16:28	20:00	13:51
Overall-Group		Position	144-34	142-34	142-33	134-33	137-34	128-32	125-32	114-30	108-28	102-28	88-25	90-25	78-22	68-20	64-19	52-16	51-15	48-14	44-13
Carey,	45	Time of Day	06:07	07:13	09:00	09:46	10:55	11:55	12:49	13:56	14:41	15:13	16:25	17:14	18:12	19:38	20:20	22:20	23:32	26:06	27:10:19
John (MA)		Time Cum	02:07	03:13	05:00	05:46	06:55	07:55	08:49	09:56	10:41	11:13	12:25	13:14	14:12	15:38	16:20	18:20	19:32	22:06	23:10:19
29		Time Delta	02:07	01:06	01:47	00:46	01:09	01:00	00:54	01:07	00:45	00:32	01:12	00:49	00:58	01:26	00:42	02:00	01:12	02:34	01:04:19
Age 35		Pace Cum	10:00	10:26	10:38	11:03	11:20	11:33	11:50	12:07	12:17	12:09	12:19	12:33	12:24	12:49	12:47	13:02	13:08	13:55	13:54
Group M30-39		Pace Delta	10:00	11:23	11:02	14:50	13:01	13:20	15:00	14:53	15:00	10:00	14:07	17:30	10:44	19:07	12:00	15:35	15:00	25:15	13:41
Overall-Group		Position	28-8	42-12	45-11	48-12	53-13	57-14	56-15	60-15	56-14	55-15	51-13	48-13	47-13	46-14	44-14	40-12	40-12	49-15	45-14
Chase,	45	Time of Day	06:12	07:21	09:12	10:00	11:06	12:06	13:05	14:02	14:49	15:25	16:45	17:34	18:41	20:08	20:52	22:55	24:12		27:10:19
Jody (AZ)		Time Cum	02:12	03:21	05:12	06:00	07:06	08:06	09:05	10:02	10:49	11:25	12:45	13:34	14:41	16:08	16:52	18:55	20:12		23:10:19
36		Time Delta	02:12	01:09	01:51	00:48	01:06	01:00	00:59	00:57	00:47	00:36	01:20	00:49	01:07	01:27	00:44	02:03	01:17		02:58:19
Age 37		Pace Cum	10:24	10:52	11:04	11:30	11:38	11:49	12:12	12:14	12:26	12:22	12:39	12:52	12:49	13:13	13:12	13:27	13:35		13:54
Group F30-39		Pace Delta	10:24	11:54	11:27	15:29	12:27	13:20	16:23	12:40	15:40	11:15	15:41	17:30	12:24	19:20	12:34	15:58	16:03		16:31
Overall-Group		Position	53-4	59-4	63-4	63-4	61-4	62-5	66-5	63-5	60-5	58-5	58-5	52-5	60-6	59-6	57-5	57-5	55-5		45-5
Sayers,	47	Time of Day	06:28	07:41	09:35	10:24	11:34	12:35	13:30	14:31	15:12	15:42	17:03	17:48	18:38	19:57	20:38	22:28	23:45	25:52	27:12:06
Kevin (MD)		Time Cum	02:28	03:41	05:35	06:24	07:34	08:35	09:30	10:31	11:12	11:42	13:03	13:48	14:38	15:57	16:38	18:28	19:45	21:52	23:12:06
199		Time Delta	02:28	01:13	01:54	00:49	01:10	01:01	00:55	01:01	00:41	00:30	01:21	00:45	00:50	01:19	00:41	01:50	01:17	02:07	01:20:06
Age 47		Pace Cum	11:39	11:57	11:53	12:16	12:24	12:32	12:45	12:50	12:52	12:40	12:57	13:05	12:47	13:04	13:01	13:08	13:17	13:46	13:55
Group M40-49		Pace Delta	11:39	12:35	11:45	15:48	13:12	13:33	15:17	13:33	13:40	09:22	15:53	16:04	09:16	17:33	11:43	14:17	16:03	20:49	17:03
Overall-Group		Position	114-38	107-37	98-32	94-31	101-30	95-29	88-29	81-28	75-27	70-23	68-23	66-21	56-21	54-21	53-20	48-19	44-16	42-15	47-16
Curci,	48	Time of Day	05:59	07:00	08:41	09:22	10:23	11:26	12:22	13:31	14:16	14:56	16:12	17:08	18:26	19:42	20:31	22:27	23:45	25:56	27:16:49
Robert (NJ)		Time Cum	01:59	03:00	04:41	05:22	06:23	07:26	08:22	09:31	10:16	10:56	12:12	13:08	14:26	15:42	16:31	18:27	19:45	21:56	23:16:49
46		Time Delta	01:59	01:01	01:41	00:41	01:01	01:03	00:56	01:09	00:45	00:40	01:16	00:56	01:18	01:16	00:49	01:56	01:18	02:11	01:20:49
Age 49		Pace Cum	09:22	09:44	09:58	10:17	10:28	10:51	11:14	11:36	11:48	11:50	12:06	12:27	12:36	12:52	12:55	13:07	13:17	13:49	13:58
Group M40-49		Pace Delta	09:22	10:31	10:25	13:14	11:31	14:00	15:33	15:20	15:00	12:30	14:54	20:00	14:27	16:53	14:00	15:04	16:15	21:29	17:12
Overall-Group		Position	14-6	19-9	26-13	28-13	32-14	33-16	33-16	37-18	37-17	40-18	43-18	45-19	50-19	50-19	48-18	47-18	44-16	45-17	48-17
Patch,	49	Time of Day	06:23	07:33	09:21	10:03	11:10	12:10	13:04	14:30	15:16	15:49	17:10	17:58	18:55	20:19	20:57	22:49	24:05	26:10	27:18:09
Jason (MA)		Time Cum	02:23	03:33	05:21	06:03	07:10	08:10	09:04	10:30	11:16	11:49	13:10	13:58	14:55	16:19	16:57	18:49	20:05	22:10	23:18:09
176		Time Delta	02:23	01:10	01:48	00:42	01:07	01:00	00:54	01:26	00:46	00:33	01:21	00:48	00:57	01:24	00:38	01:52	01:16	02:05	01:08:09
Age 32		Pace Cum	11:16	11:31	11:23	11:36	11:45	11:55	12:10	12:48	12:57	12:48	13:03	13:14	13:02	13:22	13:16	13:23	13:31	13:57	13:59
Group M30-39		Pace Delta	11:16	12:04	11:08	13:33	12:38	13:20	15:00	19:07	15:20	10:19	15:53	17:09	10:33	18:40	10:51	14:33	15:50	20:30	14:30
Overall-Group		Position	99-27	81-21	71-18	67-17	66-17	65-17	65-18	79-21	81-22	74-21	72-20	70-20	67-19	66-18	61-18	55-17	53-17	50-16	49-15

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Rooney, 50	Time of Day	06:07	07:06	08:36	09:18	10:19	11:25	12:35	13:40	14:31	15:20	17:05	17:43	18:35	20:14	21:20		24:10	26:19	27:23:08
Ben (SCOT)	Time Cum	02:07	03:06	04:36	05:18	06:19	07:25	08:35	09:40	10:31	11:20	13:05	13:43	14:35	16:14	17:20		20:10	22:19	23:23:08
192	Time Delta	02:07	00:59	01:30	00:42	01:01	01:06	01:10	01:05	00:51	00:49	01:45	00:38	00:52	01:39	01:06		02:50	02:09	01:04:08
Age 50	Pace Cum	10:00	10:03	09:47	10:10	10:21	10:50	11:31	11:47	12:05	12:16	12:59	13:00	12:44	13:18	13:34		13:34	14:03	14:02
Group M50-59	Pace Delta	10:00	10:10	09:17	13:33	11:31	14:40	19:27	14:27	17:00	15:19	20:35	13:34	09:38	22:00	18:51		13:36	21:09	13:39
Overall-Group	Position	28-2	25-2	18-2	23-2	26-3	31-3	40-3	46-5	53-5	57-5	69-8	63-7	52-5	63-8	74-10		54-6	52-6	50-6
Grimm, 51	Time of Day	06:34	07:49	09:41	10:27	11:30	12:26	13:20	14:13	14:51	15:25	16:33	17:15	18:09	19:23	20:15	21:56	23:14	25:33	27:31:10
Paul M (CO)	Time Cum	02:34	03:49	05:41	06:27	07:30	08:26	09:20	10:13	10:51	11:25	12:33	13:15	14:09	15:23	16:15	17:56	19:14	21:33	23:31:10
95	Time Delta	02:34	01:15	01:52	00:46	01:03	00:56	00:54	00:53	00:38	00:34	01:08	00:42	00:54	01:14	00:52	01:41	01:18	02:19	01:58:10
Age 37	Pace Cum	12:08	12:23	12:06	12:22	12:19	12:32	12:28	12:28	12:22	12:27	12:34	12:21	12:37	12:43	12:45	12:56	13:34		14:07
Group M30-39	Pace Delta	12:08	12:56	11:33	14:50	11:53	12:27	15:00	11:47	12:40	10:37	13:20	15:00	10:00	16:27	14:51	13:07	16:15	22:47	25:09
Overall-Group	Position	144-34	131-31	114-30	102-27	86-23	80-21	76-21	67-18	61-17	58-17	53-15	50-15	44-12	40-12	40-12	37-11	34-11	37-11	51-16
Helfrick, 52	Time of Day	06:39	07:56	09:55	10:47	11:58	13:03	13:55	14:56	15:40	16:13	17:33	18:17	19:19	20:34	21:14	22:59	24:15	26:30	27:34:21
Ruth Ann (PA)	Time Cum	02:39	03:56	05:55	06:47	07:58	09:03	09:55	10:56	11:40	12:13	13:33	14:17	15:19	16:34	17:14	18:59	20:15	22:30	23:34:21
105	Time Delta	02:39	01:17	01:59	00:52	01:11	01:05	00:52	01:01	00:44	00:33	01:20	00:44	01:02	01:15	00:40	01:45	01:16	02:15	01:04:21
Age 39	Pace Cum	12:31	12:45	12:35	13:00	13:04	13:13	13:19	13:20	13:25	13:14	13:26	13:32	13:23	13:35	13:29	13:30	13:37	14:10	14:09
Group F30-39	Pace Delta	12:31	13:17	12:16	16:46	13:24	14:27	14:27	13:33	14:40	10:19	15:41	15:43	11:29	16:40	11:26	13:38	15:50	22:08	13:41
Overall-Group	Position	169-15	164-13	142-13	141-13	139-13	128-12	119-11	109-10	101-9	97-9	91-9	85-9	81-9	73-7	68-7	61-6	57-6	55-5	52-6
Weinberg, 53	Time of Day	06:22	07:36	09:24	10:07	11:12	12:08	12:59	13:56	14:41	15:13	16:25	17:14	18:12	19:38	20:21	22:20	23:32	26:13	27:36:20
Andy (IL)	Time Cum	02:22	03:36	05:24	06:07	07:12	08:08	08:59	09:56	10:41	11:13	12:25	13:14	14:12	15:38	16:21	18:20	19:32	22:13	23:36:20
244	Time Delta	02:22	01:14	01:48	00:43	01:05	00:56	00:51	00:57	00:45	00:32	01:12	00:49	00:58	01:26	00:43	01:59	01:12	02:41	01:23:20
Age 35	Pace Cum	11:11	11:41	11:29	11:44	11:48	11:52	12:03	12:07	12:17	12:09	12:19	12:33	12:24	12:49	12:47	13:02	13:08	13:59	14:10
Group M30-39	Pace Delta	11:11	12:46	11:08	13:52	12:16	12:27	14:10	12:40	15:00	10:00	14:07	17:30	10:44	19:07	12:17	15:27	15:00	26:24	17:44
Overall-Group	Position	83-19	97-25	79-22	73-19	68-18	64-16	63-17	60-15	56-14	55-15	51-13	48-13	47-13	46-14	46-15	40-12	40-12	51-17	53-17
Gleason, 54	Time of Day	06:33	07:47	09:51	10:36	11:45	12:48	13:45	14:47	15:34	16:11	17:31	18:16	19:24	20:56	21:42	23:34	24:45	26:39	27:38:00
Jeff (PA)	Time Cum	02:33	03:47	05:51	06:36	07:45	08:48	09:45	10:47	11:34	12:11	13:31	14:16	15:24	16:56	17:42	19:34	20:45	22:39	23:38:00
83	Time Delta	02:33	01:14	02:04	00:45	01:09	01:03	00:57	01:02	00:47	00:37	01:20	00:45	01:08	01:32	00:46	01:52	01:11	01:54	00:59:00
Age 48	Pace Cum	12:03	12:16	12:27	12:39	12:42	12:51	13:05	13:09	13:18	13:12	13:24	13:31	13:27	13:53	13:51	13:55	13:57	14:16	14:11
Group M40-49	Pace Delta	12:03	12:46	12:47	14:31	13:01	14:00	15:50	13:47	15:40	11:34	15:41	16:04	12:36	20:27	13:09	14:33	14:48	18:41	12:33
Overall-Group	Position	135-43	126-40	130-39	121-36	114-32	109-32	105-30	98-31	97-30	91-28	88-27	83-25	87-25	81-24	80-24	70-22	69-22	62-22	54-18
Mauro, 55	Time of Day	06:33	07:47	09:52	10:36	11:45	12:48	13:45	14:47	15:34	16:11	17:31	18:16	19:24	20:56	21:42	23:34	24:45	26:39	27:39:34
Tony (PA)	Time Cum	02:33	03:47	05:52	06:36	07:45	08:48	09:45	10:47	11:34	12:11	13:31	14:16	15:24	16:56	17:42	19:34	20:45	22:39	23:39:34
149	Time Delta	02:33	01:14	02:05	00:44	01:09	01:03	00:57	01:02	00:47	00:37	01:20	00:45	01:08	01:32	00:46	01:52	01:11	01:54	01:00:34
Age 64	Pace Cum	12:03	12:16	12:29	12:39	12:42	12:51	13:05	13:09	13:18	13:12	13:24	13:31	13:27	13:53	13:51	13:55	13:57	14:16	14:12
Group M60-69	Pace Delta	12:03	12:46	12:53	14:12	13:01	14:00	15:50	13:47	15:40	11:34	15:41	16:04	12:36	20:27	13:09	14:33	14:48	18:41	12:53
Overall-Group	Position	135-8	126-8	133-9	121-7	114-7	109-6	105-5	98-6	97-5	91-4	88-3	83-3	87-4	81-4	80-4	70-3	69-3	62-3	55-2
LaPlante, 56	Time of Day	06:21	07:34	09:35	10:25	11:33	12:31	13:33	14:29	15:13	15:47	17:01	17:45	18:46	20:14	21:01	22:56	24:16	26:32	27:40:30
Carol (CA)	Time Cum	02:21	03:34	05:35	06:25	07:33	08:31	09:33	10:29	11:13	11:47	13:01	13:45	14:46	16:14	17:01	18:56	20:16	22:32	23:40:30
131	Time Delta	02:21	01:13	02:01	00:50	01:08	00:58	01:02	00:56	00:44	00:34	01:14	00:44	01:01	01:28	00:47	01:55	01:20	02:16	01:08:30
Age 59	Pace Cum	11:06	11:34	11:53	12:18	12:23	12:26	12:49	12:47	12:54	12:46	12:55	13:02	12:54	13:18	13:19	13:28	13:38	14:11	14:12
Group F50-59	Pace Delta	11:06	12:35	12:28	16:08	12:50	12:53	17:13	12:27	14:40	10:37	14:31	15:43	11:18	19:33	13:26	14:56	16:40	22:18	14:34
Overall-Group	Position	79-1	86-2	98-2	99-2	99-1	90-1	94-1	78-1	79-1	73-1	67-1	65-1	63-1	63-1	64-1	58-1	58-1	57-1	56-1

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
<u>Belleman,</u>	57	Time of Day	06:19	07:35	09:28	10:11	11:17	12:22	13:21	14:20	15:04	15:40	17:18	18:06	19:13	20:34	21:17	23:07	24:35	26:38	27:41:02
Melissa (AE)		Time Cum	02:19	03:35	05:28	06:11	07:17	08:22	09:21	10:20	11:04	11:40	13:18	14:06	15:13	16:34	17:17	19:07	20:35	22:38	23:41:02
14		Time Delta	02:19	01:16	01:53	00:43	01:06	01:05	00:59	00:59	00:44	00:36	01:38	00:48	01:07	01:21	00:43	01:50	01:28	02:03	01:03:02
Age 38		Pace Cum	10:57	11:37	11:38	11:51	11:56	12:13	12:33	12:36	12:43	12:38	13:11	13:22	13:17	13:35	13:31	13:35	13:51	14:15	14:13
Group F30-39		Pace Delta	10:57	13:06	11:39	13:52	12:27	14:27	16:23	13:07	14:40	11:15	19:13	17:09	12:24	18:00	12:17	14:17	18:20	20:10	13:25
Overall-Group		Position	77-6	90-8	84-7	77-7	75-7	76-7	79-7	73-7	70-7	69-7	76-8	72-7	74-7	73-7	71-8	66-7	65-7	61-6	57-7
Lynch,	58	Time of Day	06:46	08:06	10:13	11:05	12:18	13:27	14:27	15:35	16:21	16:52	18:12	18:52	19:47	20:57	21:36	23:15	24:40	26:34	27:41:09
Mike (NJ)		Time Cum	02:46	04:06	06:13	07:05	08:18	09:27	10:27	11:35	12:21	12:52	14:12	14:52	15:47	16:57	17:36	19:15	20:40	22:34	23:41:09
144		Time Delta	02:46	01:20	02:07	00:52	01:13	01:09	01:00	01:08	00:46	00:31	01:20	00:40	00:55	01:10	00:39	01:39	01:25	01:54	01:07:09
Age 42		Pace Cum	13:04	13:18	13:14	13:35	13:36	13:48	14:02	14:08	14:12	13:56	14:05	14:05	13:47	13:54	13:46	13:41	13:54	14:12	14:13
Group M40-49		Pace Delta	13:04	13:48	13:06	16:46	13:46	15:20	16:40	15:07	15:20	09:41	15:41	14:17	10:11	15:33	11:09	12:51	17:43	18:41	14:17
Overall-Group		Position	200-56	188-53	185-52	172-49	165-46	160-45	154-43	144-37	142-36	127-32	115-31	106-29	99-27	84-26	78-23	68-21	67-21	58-20	58-19
Freese,	59	Time of Day	06:35	07:53	09:49	10:38	11:46	12:50	13:46	14:46	15:32	16:08	17:33	18:17	19:22	20:34	21:15	23:03	24:32	26:31	27:41:50
Douq (NY)		Time Cum	02:35	03:53	05:49	06:38	07:46	08:50	09:46	10:46	11:32	12:08	13:33	14:17	15:22	16:34	17:15	19:03	20:32	22:31	23:41:50
76		Time Delta	02:35	01:18	01:56	00:49	01:08	01:04	00:56	01:00	00:46	00:36	01:25	00:44	01:05	01:12	00:41	01:48	01:29	01:59	01:10:50
Age 61		Pace Cum	12:12	12:36	12:23	12:43	12:44	12:54	13:07	13:08	13:15	13:08	13:26	13:32	13:25	13:35	13:30	13:33	13:49	14:11	14:13
Group M60-69		Pace Delta	12:12	13:27	11:58	15:48	12:50	14:13	15:33	13:20	15:20	11:15	16:40	15:43	12:02	16:00	11:43	14:02	18:33	19:30	15:04
Overall-Group		Position	150-9	151-9	129-8	124-8	117-8	112-7	108-6	96-5	90-4	85-3	91-4	85-4	83-3	73-2	69-2	64-2	64-2	56-2	59-3
<u>Suzuki,</u>	60	Time of Day	06:10	07:13	08:57	09:40	10:44	11:45	12:40	13:52	14:46	15:31	16:59	17:52	19:14	21:02	21:55	23:42	24:53	26:44	27:45:40
Hiroko (JAP)		Time Cum	02:10	03:13	04:57	05:40	06:44	07:45	08:40	09:52	10:46	11:31	12:59	13:52	15:14	17:02	17:55	19:42	20:53	22:44	23:45:40
221		Time Delta	02:10	01:03	01:44	00:43	01:04	01:01	00:55	01:12	00:54	00:45	01:28	00:53	01:22	01:48	00:53	01:47	01:11	01:51	01:01:40
Age 29		Pace Cum	10:14	10:26	10:32	10:52	11:02	11:19	11:38	12:02	12:23	12:28	12:53	13:09	13:18	13:58	14:01	14:00	14:03	14:19	14:15
Group F20-29		Pace Delta	10:14	10:52	10:43	13:52	12:05	13:33	15:17	16:00	18:00	14:04	17:15	18:56	15:11	24:00	15:09	13:54	14:48	18:12	13:07
Overall-Group		Position	44-2	42-2	42-2	44-2	42-2	45-2	46-2	57-3	59-3	65-3	66-3	69-3	75-3	86-3	87-3	73-2	72-2	64-2	60-2
Catalano,	61	Time of Day	06:22	07:33	09:25	10:14	11:26	12:30	13:25	14:24	15:09	15:44	17:10	17:59	19:05	20:22	21:04	22:57	24:18	26:36	27:46:36
Al (MA)		Time Cum	02:22	03:33	05:25	06:14	07:26	08:30	09:25	10:24	11:09	11:44	13:10	13:59	15:05	16:22	17:04	18:57	20:18	22:36	23:46:36
35		Time Delta	02:22	01:11	01:52	00:49	01:12	01:04	00:55	00:59	00:45	00:35	01:26	00:49	01:06	01:17	00:42	01:53	01:21	02:18	01:10:36
Age 53		Pace Cum	11:11	11:31	11:31	11:57	12:11	12:25	12:38	12:41	12:49	12:42	13:03	13:15	13:10	13:25	13:21	13:28	13:39	14:14	14:16
Group M50-59		Pace Delta	11:11	12:14	11:33	15:48	13:35	14:13	15:17	13:07	15:00	10:56	16:52	17:30	12:13	17:07	12:00	14:41	16:53	22:37	15:01
Overall-Group		Position	83-10	81-11	80-10	78-10	81-12	88-13	81-11	75-9	72-9	72-9	72-10	71-10	70-11	68-10	66-9	60-9	59-7	60-7	61-7
Geesler,	62	Time of Day	06:01	06:57	08:30	09:12	10:10	11:07	11:59	12:57	13:41	14:17	15:45	16:40	17:53	19:31	20:35	22:56	24:24	26:47	27:52:08
John (NY)		Time Cum	02:01	02:57	04:30	05:12	06:10	07:07	07:59	08:57	09:41	10:17	11:45	12:40	13:53	15:31	16:35	18:56	20:24	22:47	23:52:08
79		Time Delta	02:01	00:56	01:33	00:42	00:58	00:57	00:52	00:58	00:44	00:36	01:28	00:55	01:13	01:38	01:04	02:21	01:28	02:23	01:05:08
Age 52		Pace Cum	09:32	09:34	09:34	09:58	10:07	10:23	10:43	10:55	11:08	11:08	11:39	12:00	12:08	12:43	12:58	13:28	13:43	14:21	14:19
Group M50-59		Pace Delta	09:32	09:39	09:35	13:33	10:57	12:40	14:27	12:53	14:40	11:15	17:15	19:39	13:31	21:47	18:17	18:19	18:20	23:27	13:51
Overall-Group		Position	17-1	13-1	14-1	18-1	18-1	23-2	26-2	23-2	24-2	26-2	27-2	26-2	40-4	42-4	51-5	58-8	62-8	65-8	62-8
Basanti,	63	Time of Day	06:12	07:18	09:00	09:45	10:44	11:42	12:35	13:35	14:17	14:48	16:01	16:48	17:44	19:08	19:56	22:21	23:53	26:28	27:57:34
Edward (NJ)		Time Cum	02:12	03:18	05:00	05:45	06:44	07:42	08:35	09:35	10:17	10:48	12:01	12:48	13:44	15:08	15:56	18:21	19:53	22:28	23:57:34
10		Time Delta	02:12	01:06	01:42	00:45	00:59	00:58	00:53	01:00	00:42	00:31	01:13	00:47	00:56	01:24	00:48	02:25	01:32	02:35	01:29:34
Age 48		Pace Cum	10:24	10:42	10:38	11:01	11:02	11:14	11:31	11:41	11:49	11:42	11:55	12:08	12:00	12:24	12:28	13:03	13:22	14:09	14:23
Group M40-49		Pace Delta	10:24	11:23	10:31	14:31	11:08	12:53	14:43	13:20	14:00	09:41	14:19	16:47	10:22	18:40	13:43	18:50	19:10	25:25	19:03
Overall-Group		Position	53-25	49-23	45-23	46-23	42-23	40-22	40-21	41-20	38-18	34-15	32-15	30-13	30-13	35-14	36-14	43-16	46-18	53-19	63-20

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Stephens, 64	Time of Day	06:24	07:36	09:35	10:17	11:21	12:18	13:15	14:13	14:58	15:33	16:54	17:43	18:48	20:34	21:30	23:38	24:53	26:51	28:05:19
Donald (PE)	Time Cum	02:24	03:36	05:35	06:17	07:21	08:18	09:15	10:13	10:58	11:33	12:54	13:43	14:48	16:34	17:30	19:38	20:53	22:51	24:05:19
214	Time Delta	02:24	01:12	01:59	00:42	01:04	00:57	00:57	00:58	00:45	00:35	01:21	00:49	01:05	01:46	00:56	02:08	01:15	01:58	01:14:19
Age 56	Pace Cum	11:20	11:41	11:53	12:03	12:03	12:07	12:25	12:28	12:36	12:31	12:48	13:00	12:56	13:35	13:41	13:57	14:03	14:23	14:27
Group M50-59	Pace Delta	11:20	12:25	12:16	13:33	12:05	12:40	15:50	12:53	15:00	10:56	15:53	17:30	12:02	23:33	16:00	16:37	15:38	19:21	15:49
Overall-Group	Position	107-16	97-13	98-16	83-12	79-11	74-10	69-8	67-8	69-8	68-8	65-7	63-7	64-8	73-11	76-11	72-10	72-11	66-9	64-9
Valley, 65	Time of Day	06:22	07:35	09:21	10:03	11:07	12:02	12:56	13:53	14:35	15:11	16:24	17:11	18:11	19:39	20:20	22:20	23:57	26:29	28:09:18
Laurel (ME)	Time Cum	02:22	03:35	05:21	06:03	07:07	08:02	08:56	09:53	10:35	11:11	12:24	13:11	14:11	15:39	16:20	18:20	19:57	22:29	24:09:18
235	Time Delta	02:22	01:13	01:46	00:42	01:04	00:55	00:54	00:57	00:42	00:36	01:13	00:47	01:00	01:28	00:41	02:00	01:37	02:32	01:40:18
Age 43	Pace Cum	11:11	11:37	11:23	11:36	11:40	11:44	11:59	12:03	12:10	12:07	12:18	12:30	12:23	12:50	12:47	13:02	13:25	14:09	14:30
Group F40-49	Pace Delta	11:11	12:35	10:56	13:33	12:05	12:13	15:00	12:40	14:00	11:15	14:19	16:47	11:07	19:33	11:43	15:35	20:13	24:55	21:20
Overall-Group	Position	83-3	90-3	71-2	67-2	63-2	58-2	60-2	59-2	54-2	53-2	50-2	47-2	46-2	48-2	44-2	40-2	48-2	54-2	65-2
Laskey, 66	Time of Day	06:07	07:12	08:51	09:31	10:38	11:41	12:37	13:42	14:29	15:08	16:40	17:34	18:33	19:54	20:37	22:44	24:12	26:34	28:15:06
Joseph E (CT)	Time Cum	02:07	03:12	04:51	05:31	06:38	07:41	08:37	09:42	10:29	11:08	12:40	13:34	14:33	15:54	16:37	18:44	20:12	22:34	24:15:06
133	Time Delta	02:07	01:05	01:39	00:40	01:07	01:03	00:56	01:05	00:47	00:39	01:32	00:54	00:59	01:21	00:43	02:07	01:28	02:22	01:41:06
Age 41	Pace Cum	10:00	10:23	10:19	10:35	10:52	11:13	11:34	11:50	12:03	12:03	12:34	12:52	12:42	13:02	13:00	13:19	13:35	14:12	14:33
Group M40-49	Pace Delta	10:00	11:12	10:12	12:54	12:38	14:00	15:33	14:27	15:40	12:11	18:02	19:17	10:56	18:00	12:17	16:30	18:20	23:17	21:31
Overall-Group	Position	28-14	38-20	40-21	39-20	40-21	39-21	42-22	47-22	51-23	51-22	55-22	52-20	51-20	53-20	52-19	53-20	55-20	58-20	66-21
Norquist, 67	Time of Day	06:08	07:18	09:22	10:19	11:29	12:28	13:26		15:31	16:06	17:26	18:20	19:26	21:00	21:53	23:42	24:54	27:01	28:28:18
Craig (AZ)	Time Cum	02:08	03:18	05:22	06:19	07:29	08:28	09:26		11:31	12:06	13:26	14:20	15:26	17:00	17:53	19:42	20:54	23:01	24:28:18
169	Time Delta	02:08	01:10	02:04	00:57	01:10	00:59	00:58		02:05	00:35	01:20	00:54	01:06	01:34	00:53	01:49	01:12	02:07	01:27:18
Age 39	Pace Cum	10:05	10:42	11:25	12:07	12:16	12:22	12:40		13:14	13:06	13:19	13:35	13:29	13:56	13:59	14:00	14:03	14:29	14:41
Group M30-39	Pace Delta	10:05	12:04	12:47	18:23	13:12	13:07	16:07		16:40	10:56	15:41	19:17	12:13	20:53	15:09	14:09	15:00	20:49	18:34
Overall-Group	Position	36-12	49-13	75-19	88-23	85-22	86-23	82-23		88-23	83-23	83-23	88-24	89-25	85-23	85-24	73-21	74-20	69-18	67-18
Bashaw, 68	Time of Day	06:36	07:50	09:43	10:29	11:30	12:26	13:20	14:14	14:57	15:32	16:52	17:42	18:40	20:08	20:59	22:59	24:22	27:00	28:32:38
Shari (VT)	Time Cum	02:36	03:50	05:43	06:29	07:30	08:26	09:20	10:14	10:57	11:32	12:52	13:42	14:40	16:08	16:59	18:59	20:22	23:00	24:32:38
268	Time Delta	02:36	01:14	01:53	00:46	01:01	00:56	00:54	00:54	00:43	00:35	01:20	00:50	00:58	01:28	00:51	02:00	01:23	02:38	01:32:38
Age 44	Pace Cum	12:17	12:26	12:10	12:26	12:18	12:19	12:32	12:29	12:35	12:29	12:46	12:59	12:49	13:13	13:17	13:30	13:42	14:29	14:44
Group F40-49	Pace Delta	12:17	12:46	11:39	14:50	11:31	12:27	15:00	12:00	14:20	10:56	15:41	17:51	10:44	19:33	14:34	15:35	17:18	25:54	19:43
Overall-Group	Position	157-9	135-7	116-5	104-4	86-4	80-4	76-3	71-3	67-3	66-3	63-3	61-3	58-3	59-3	62-3	61-3	61-4	68-4	68-3
Cosgrove, 68	Time of Day	06:36	07:50	09:43	10:29	11:30	12:26	13:20	14:14	14:57	15:32	16:52	17:42	18:40	20:08	20:59	22:59	24:21	26:59	28:32:38
Christy (MA)	Time Cum	02:36	03:50	05:43	06:29	07:30	08:26	09:20	10:14	10:57	11:32	12:52	13:42	14:40	16:08	16:59	18:59	20:21	22:59	24:32:38
267	Time Delta	02:36	01:14	01:53	00:46	01:01	00:56	00:54	00:54	00:43	00:35	01:20	00:50	00:58	01:28	00:51	02:00	01:22	02:38	01:33:38
Age 45	Pace Cum	12:17	12:26	12:10	12:26	12:18	12:19	12:32	12:29	12:35	12:29	12:46	12:59	12:49	13:13	13:17	13:30	13:41	14:28	14:44
Group F40-49	Pace Delta	12:17	12:46	11:39	14:50	11:31	12:27	15:00	12:00	14:20	10:56	15:41	17:51	10:44	19:33	14:34	15:35	17:05	25:54	19:55
Overall-Group	Position	157-9	135-7	116-5	104-4	86-4	80-4	76-3	71-3	67-3	66-3	63-3	61-3	58-3	59-3	62-3	61-3	60-3	67-3	68-3
Holt, 70	Time of Day	06:43	08:03	10:00	10:47	11:56	13:00	13:56	14:57	15:42	16:13	17:38	18:27	19:23	20:33	21:15	23:09	24:40	27:01	28:36:41
John (NY)	Time Cum	02:43	04:03	06:00	06:47	07:56	09:00	09:56	10:57	11:42	12:13	13:38	14:27	15:23	16:33	17:15	19:09	20:40	23:01	24:36:41
110	Time Delta	02:43	01:20	01:57	00:47	01:09	01:04	00:56	01:01	00:45	00:31	01:25	00:49	00:56	01:10	00:42	01:54	01:31	02:21	01:35:41
Age 39	Pace Cum	12:50	13:08	12:46	13:00	13:00	13:08	13:20	13:21	13:27	13:14	13:31	13:42	13:26	13:34	13:30	13:37	13:54	14:29	14:46
Group M30-39	Pace Delta	12:50	13:48	12:04	15:10	13:01	14:13	15:33	13:33	15:00	09:41	16:40	17:30	10:22	15:33	12:00	14:48	18:58	23:07	20:21
Overall-Group	Position	193-39	185-38	156-35	141-34	134-33	123-30	121-30	110-28	105-27	97-27	99-26	93-26	85-24	72-21	69-21	67-19	67-18	69-18	70-19

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Ritz,	71	Time of Day	06:18	07:29	09:23	10:15	11:21	12:23	13:27	14:41	15:32	16:08	17:27	18:15	19:17	21:04	21:50	23:53	25:27	27:18	28:41:15
Michel (PA)		Time Cum	02:18	03:29	05:23	06:15	07:21	08:23	09:27	10:41	11:32	12:08	13:27	14:15	15:17	17:04	17:50	19:53	21:27	23:18	24:41:15
187		Time Delta	02:18	01:11	01:54	00:52	01:06	01:02	01:04	01:14	00:51	00:36	01:19	00:48	01:02	01:47	00:46	02:03	01:34	01:51	01:23:15
Age 36		Pace Cum	10:52	11:18	11:27	11:59	12:03	12:14	12:41	13:02	13:15	13:08	13:20	13:30	13:21	13:59	13:57	14:08	14:26	14:40	14:49
Group M30-39		Pace Delta	10:52	12:14	11:45	16:46	12:27	13:47	17:47	16:27	17:00	11:15	15:29	17:09	11:29	23:47	13:09	15:58	19:35	18:12	17:43
Overall-Group		Position	75-18	74-18	76-20	79-21	79-21	78-20	84-24	90-23	90-25	85-24	84-24	79-22	79-23	87-24	84-23	79-22	80-22	72-20	71-20
Knight,	72	Time of Day	06:24	07:44	09:52	10:52	12:16	13:27	14:40	15:42	16:32	17:10	18:35	19:33	20:40	22:15	23:05	25:05	26:21	28:04	28:52:38
Andy (UT)		Time Cum	02:24	03:44	05:52	06:52	08:16	09:27	10:40	11:42	12:32	13:10	14:35	15:33	16:40	18:15	19:05	21:05	22:21	24:04	24:52:38
124		Time Delta	02:24	01:20	02:08	01:00	01:24	01:11	01:13	01:02	00:50	00:38	01:25	00:58	01:07	01:35	00:50	02:00	01:16	01:43	00:48:38
Age 21		Pace Cum	11:20	12:06	12:29	13:10	13:33	13:48	14:19	14:16	14:24	14:16	14:28	14:44	14:33	14:58	14:56	14:59	15:02	15:09	14:56
Group M20-29		Pace Delta	11:20	13:48	13:12	19:21	15:51	15:47	20:17	13:47	16:40	11:52	16:40	20:43	12:24	21:07	14:17	15:35	15:50	16:53	10:21
Overall-Group		Position	107-5	115-5	133-5	154-5	163-5	160-5	165-5	151-5	147-5	142-5	134-5	132-5	125-5	114-5	112-5	101-5	93-5	82-5	72-5
Rogers,	73	Time of Day	06:52	08:18	10:21	11:16	12:26	13:29	14:40	15:37	16:25	17:05	18:25	19:12	20:21	21:46	22:31	24:21	25:40	27:49	28:57:58
Kenny (MA)		Time Cum	02:52	04:18	06:21	07:16	08:26	09:29	10:40	11:37	12:25	13:05	14:25	15:12	16:21	17:46	18:31	20:21	21:40	23:49	24:57:58
191		Time Delta	02:52	01:26	02:03	00:55	01:10	01:03	01:11	00:57	00:48	00:40	01:20	00:47	01:09	01:25	00:45	01:50	01:19	02:09	01:08:58
Age 52		Pace Cum	13:33	13:57	13:31	13:56	13:50	13:51	14:19	14:10	14:16	14:10	14:18	14:24	14:17	14:34	14:29	14:28	14:34	15:00	14:59
Group M50-59		Pace Delta	13:33	14:50	12:41	17:45	13:12	14:00	19:43	12:40	16:00	12:30	15:41	16:47	12:47	18:53	12:51	14:17	16:28	21:09	14:40
Overall-Group		Position	212-44	209-44	193-40	184-36	174-34	165-30	165-29	146-24	143-23	139-23	125-21	116-20	116-19	105-17	100-14	87-12	84-12	77-11	73-10
Gilles,	74	Time of Day	06:11	07:19	09:04	09:48	10:55	11:53	12:50	13:45	14:28	15:02	16:39	17:38	18:51	20:30	21:27	23:49	25:00	27:20	28:59:48
Claire (NV)		Time Cum	02:11	03:19	05:04	05:48	06:55	07:53	08:50	09:45	10:28	11:02	12:39	13:38	14:51	16:30	17:27	19:49	21:00	23:20	24:59:48
82		Time Delta	02:11	01:08	01:45	00:44	01:07	00:58	00:57	00:55	00:43	00:34	01:37	00:59	01:13	01:39	00:57	02:22	01:11	02:20	01:39:48
Age 29		Pace Cum	10:19	10:45	10:47	11:07	11:20	11:31	11:51	11:53	12:02	11:57	12:33	12:55	12:58	13:31	13:39	14:05	14:08	14:41	15:00
Group F20-29		Pace Delta	10:19	11:43	10:49	14:12	12:38	12:53	15:50	12:13	14:20	10:37	19:01	21:04	13:31	22:00	16:17	18:26	14:48	22:57	21:14
Overall-Group		Position	47-3	53-3	51-3	51-3	53-3	53-3	59-3	48-2	45-2	47-2	54-2	57-2	66-2	71-2	75-2	78-3	75-3	73-3	74-3
Leftwich,	75	Time of Day	06:41	08:01	10:07	10:59	12:12	13:18	14:29	15:27	16:15	16:53	18:21	19:12	20:20	21:53	22:35	24:14	25:27	27:38	29:04:21
Debbie (AZ)		Time Cum	02:41	04:01	06:07	06:59	08:12	09:18	10:29	11:27	12:15	12:53	14:21	15:12	16:20	17:53	18:35	20:14	21:27	23:38	25:04:21
137		Time Delta	02:41	01:20	02:06	00:52	01:13	01:06	01:11	00:58	00:48	00:38	01:28	00:51	01:08	01:33	00:42	01:39	01:13	02:11	01:26:21
Age 52		Pace Cum	12:41	13:02	13:01	13:23	13:27	13:35	14:04	13:58	14:05	13:57	14:14	14:24	14:16	14:40	14:32	14:23	14:26	14:53	15:03
Group F50-59		Pace Delta	12:41	13:48	12:59	16:46	13:46	14:40	19:43	12:53	16:00	11:52	17:15	18:13	12:36	20:40	12:00	12:51	15:13	21:29	18:22
Overall-Group		Position	182-7	176-7	172-7	162-7	155-5	150-5	156-6	137-5	134-5	131-5	124-5	116-5	115-4	106-4	102-4	85-2	80-2	76-2	75-2
Vinci,	76	Time of Day	06:22	07:31	09:19	10:02	11:05	12:02	12:57	14:08	14:53	15:30	16:45	17:34	18:37	20:02	20:45	22:53	24:24	27:16	29:07:43
Paul R (MA)		Time Cum	02:22	03:31	05:19	06:02	07:05	08:02	08:57	10:08	10:53	11:30	12:45	13:34	14:37	16:02	16:45	18:53	20:24	23:16	25:07:43
237		Time Delta	02:22	01:09	01:48	00:43	01:03	00:57	00:55	01:11	00:45	00:37	01:15	00:49	01:03	01:25	00:43	02:08	01:31	02:52	01:51:43
Age 54		Pace Cum	11:11	11:24	11:19	11:34	11:37	11:44	12:01	12:21	12:31	12:27	12:39	12:52	12:46	13:09	13:06	13:25	13:43	14:39	15:05
Group M50-59		Pace Delta	11:11	11:54	11:08	13:52	11:53	12:40	15:17	15:47	15:00	11:34	14:42	17:30	11:40	18:53	12:17	16:37	18:58	28:12	23:46
Overall-Group		Position	83-10	76-9	68-8	66-8	59-7	58-7	61-7	64-7	62-6	60-6	58-6	52-5	55-7	57-7	56-7	56-7	62-8	71-10	76-11
Rapp,	77	Time of Day	06:32	07:46	09:46	10:34	11:43	12:48	13:37	14:51	15:41	16:19	17:59	18:52	19:54	21:19	22:11	24:08	25:37	27:57	29:09:05
Kimberly (NY)		Time Cum	02:32	03:46	05:46	06:34	07:43	08:48	09:37	10:51	11:41	12:19	13:59	14:52	15:54	17:19	18:11	20:08	21:37	23:57	25:09:05
183		Time Delta	02:32	01:14	02:00	00:48	01:09	01:05	00:49	01:14	00:50	00:38	01:40	00:53	01:02	01:25	00:52	01:57	01:29	02:20	01:12:05
Age 41		Pace Cum	11:58	12:13	12:16	12:35	12:39	12:51	12:54	13:14	13:26	13:20	13:52	14:05	13:53	14:12	14:13	14:19	14:32	15:05	15:05
Group F40-49		Pace Delta	11:58	12:46	12:22	15:29	13:01	14:27	13:37	16:27	16:40	11:52	19:36	18:56	11:29	18:53	14:51	15:12	18:33	22:57	15:20
Overall-Group		Position	130-5	121-5	123-7	114-7	112-7	109-7	96-6	103-6	103-6	104-6	108-6	106-6	101-6	93-6	91-6	83-6	83-6	80-6	77-5

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Snipes, 78	Time of Day	06:22	07:35	09:32	10:24	11:32	12:39	13:37	14:44	15:31	16:09	17:24	18:11	19:11	20:47	21:32	23:29	24:50	27:28	29:10:01
David A (VA)	Time Cum	02:22	03:35	05:32	06:24	07:32	08:39	09:37	10:44	11:31	12:09	13:24	14:11	15:11	16:47	17:32	19:29	20:50	23:28	25:10:01
208	Time Delta	02:22	01:13	01:57	00:52	01:08	01:07	00:58	01:07	00:47	00:38	01:15	00:47	01:00	01:36	00:45	01:57	01:21	02:38	01:42:01
Age 38	Pace Cum	11:11	11:37	11:46	12:16	12:21	12:38	12:54	13:05	13:14	13:10	13:17	13:27	13:16	13:45	13:43	13:51	14:01	14:46	15:06
Group M30-39	Pace Delta	11:11	12:35	12:04	16:46	12:50	14:53	16:07	14:53	15:40	11:52	14:42	16:47	11:07	21:20	12:51	15:12	16:53	25:54	21:42
Overall-Group	Position	83-19	90-23	89-24	94-24	95-27	101-27	96-27	92-24	88-23	88-25	82-22	77-21	73-21	78-22	77-22	69-20	71-19	74-21	78-21
Hesseltine, 79	Time of Day	06:13	07:28	09:35	10:22	11:28	12:28	13:28	14:36	15:25		17:27	18:15	19:15	20:44	21:40	23:46	25:10	27:28	29:13:33
Wally (CA)	Time Cum	02:13	03:28	05:35	06:22	07:28	08:28	09:28	10:36	11:25		13:27	14:15	15:15	16:44	17:40	19:46	21:10	23:28	25:13:33
108	Time Delta	02:13	01:15	02:07	00:47	01:06	01:00	01:00	01:08	00:49		02:02	00:48	01:00	01:29	00:56	02:06	01:24	02:18	01:45:33
Age 62	Pace Cum	10:28	11:15	11:53	12:12	12:14	12:22	12:42	12:56	13:07		13:20	13:30	13:19	13:43	13:49	14:03	14:14	14:46	15:08
Group M60-69	Pace Delta	10:28	12:56	13:06	15:10	12:27	13:20	16:40	15:07	16:20		14:42	17:09	11:07	19:47	16:00	16:22	17:30	22:37	22:27
Overall-Group	Position	61-3	73-4	98-6	92-4	82-3	86-3	86-3	86-3	86-3		84-2	79-2	77-2	77-3	79-3	77-4	77-4	74-4	79-4
Casal, 80	Time of Day	06:25	07:45	09:39	10:29	11:34	12:38	13:37	14:44	15:33	16:11	17:35	18:28	19:36	21:10	22:05	23:57	25:35	27:51	29:13:48
Janet (WA)	Time Cum	02:25	03:45	05:39	06:29	07:34	08:38	09:37	10:44	11:33	12:11	13:35	14:28	15:36	17:10	18:05	19:57	21:35	23:51	25:13:48
34	Time Delta	02:25	01:20	01:54	00:50	01:05	01:04	00:59	01:07	00:49	00:38	01:24	00:53	01:08	01:34	00:55	01:52	01:38	02:16	01:22:48
Age 48	Pace Cum	11:25	12:10	12:01	12:26	12:24	12:36	12:54	13:05	13:17	13:12	13:28	13:43	13:37	14:04	14:09	14:11	14:31	15:01	15:08
Group F40-49	Pace Delta	11:25	13:48	11:45	16:08	12:16	14:13	16:23	14:53	16:20	11:52	16:28	18:56	12:36	20:53	15:43	14:33	20:25	22:18	17:37
Overall-Group	Position	112-4	118-4	111-4	104-4	101-6	98-6	96-6	92-5	95-5	91-5	95-5	96-5	92-5	89-5	89-5	80-5	82-5	78-5	80-6
Hoyer, 81	Time of Day	06:39	08:01	09:55	10:36	11:46	12:50	13:46	14:46	15:32	16:08	17:27	18:15	19:17	20:50	21:55	23:42	25:06	27:57	29:26:05
Russ (NY)	Time Cum	02:39	04:01	05:55	06:36	07:46	08:50	09:46	10:46	11:32	12:08	13:27	14:15	15:17	16:50	17:55	19:42	21:06	23:57	25:26:05
112	Time Delta	02:39	01:22	01:54	00:41	01:10	01:04	00:56	01:00	00:46	00:36	01:19	00:48	01:02	01:33	01:05	01:47	01:24	02:51	01:29:05
Age 46	Pace Cum	12:31	13:02	12:35	12:39	12:44	12:54	13:07	13:08	13:15	13:08	13:20	13:30	13:21	13:48	14:01	14:00	14:12	15:05	15:16
Group M40-49	Pace Delta	12:31	14:08	11:45	13:14	13:12	14:13	15:33	13:20	15:20	11:15	15:29	17:09	11:29	20:40	18:34	13:54	17:30	28:02	18:57
Overall-Group	Position	169-49	176-50	142-43	121-36	117-33	112-33	108-31	96-30	90-29	85-26	84-26	79-24	79-23	79-23	87-26	73-23	76-23	80-24	81-22
Olexa, 82	Time of Day	06:15	07:22	09:09	09:59	11:09	12:15	13:18	14:32	15:18	16:01	17:20	18:11	19:23	20:56	21:43	23:43	25:15	27:55	29:29:54
Raymond (CO)	Time Cum	02:15	03:22	05:09	05:59	07:09	08:15	09:18	10:32	11:18	12:01	13:20	14:11	15:23	16:56	17:43	19:43	21:15	23:55	25:29:54
171	Time Delta	02:15	01:07	01:47	00:50	01:10	01:06	01:03	01:14	00:46	00:43	01:19	00:51	01:12	01:33	00:47	02:00	01:32	02:40	01:34:54
Age 40	Pace Cum	10:38	10:55	10:57	11:28	11:43	12:03	12:29	12:51	12:59	13:01	13:13	13:27	13:26	13:53	13:52	14:01	14:18	15:03	15:18
Group M40-49	Pace Delta	10:38	11:33	11:02	16:08	13:12	14:40	17:30	16:27	15:20	13:26	15:29	18:13	13:20	20:40	13:26	15:35	19:10	26:14	20:11
Overall-Group	Position	69-30	63-28	60-26	61-26	65-27	68-27	73-28	83-29	82-28	80-24	78-25	77-23	85-24	81-24	82-25	76-24	78-24	79-23	82-23
Klein, 83	Time of Day	06:23	07:36	09:29	10:17	11:28	12:26	13:26	14:40	15:28	16:07	17:30	18:20	19:30	21:05	21:54	24:08	25:50	28:40	29:57:46
Greg (CA)	Time Cum	02:23	03:36	05:29	06:17	07:28	08:26	09:26	10:40	11:28	12:07	13:30	14:20	15:30	17:05	17:54	20:08	21:50	24:40	25:57:46
123	Time Delta	02:23	01:13	01:53	00:48	01:11	00:58	01:00	01:14	00:48	00:39	01:23	00:50	01:10	01:35	00:49	02:14	01:42	02:50	01:17:46
Age 51	Pace Cum	11:16	11:41	11:40	12:03	12:14	12:19	12:40	13:00	13:11	13:07	13:23	13:35	13:32	14:00	14:00	14:19	14:41	15:32	15:35
Group M50-59	Pace Delta	11:16	12:35	11:39	15:29	13:24	12:53	16:40	16:27	16:00	12:11	16:16	17:51	12:58	21:07	14:00	17:24	21:15	27:52	16:33
Overall-Group	Position	99-15	97-13	86-13	83-12	82-13	80-12	82-12	88-12	87-13	84-13	87-14	88-14	90-14	88-12	86-12	83-11	86-13	83-12	83-12
Cote, 84	Time of Day	06:16	07:22	09:12	09:59	11:05	12:06	13:13	14:13	15:09	16:03	17:44	18:44	20:10	21:59	22:48	24:52	26:22	28:45	30:07:02
John P (MA)	Time Cum	02:16	03:22	05:12	05:59	07:05	08:06	09:13	10:13	11:09	12:03	13:44	14:44	16:10	17:59	18:48	20:52	22:22	24:45	26:07:02
44	Time Delta	02:16	01:06	01:50	00:47	01:06	01:01	01:07	01:00	00:56	00:54	01:41	01:00	01:26	01:49	00:49	02:04	01:30	02:23	01:22:02
Age 43	Pace Cum	10:43	10:55	11:04	11:28	11:37	11:49	12:22	12:28	12:49	13:03	13:37	13:58	14:07	14:44	14:42	14:50	15:03	15:35	15:40
Group M40-49	Pace Delta	10:43	11:23	11:20	15:10	12:27	13:33	18:37	13:20	18:40	16:52	19:48	21:26	15:56	24:13	14:00	16:06	18:45	23:27	17:27
Overall-Group	Position	71-31	63-28	63-27	61-26	59-26	62-26	67-26	67-26	72-25	82-25	102-29	102-27	107-29	108-29	107-29	95-27	94-27	84-25	84-24

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Hunt,	85	Time of Day	06:35	07:52	09:56	10:58	12:12	13:18	14:23	16:05	16:54	17:31	18:57	19:57	21:05	22:31	23:20	25:13	26:37	29:00	30:10:38
Carl (CT)		Time Cum	02:35	03:52	05:56	06:58	08:12	09:18	10:23	12:05	12:54	13:31	14:57	15:57	17:05	18:31	19:20	21:13	22:37	25:00	26:10:38
115		Time Delta	02:35	01:17	02:04	01:02	01:14	01:06	01:05	01:42	00:49	00:37	01:26	01:00	01:08	01:26	00:49	01:53	01:24	02:23	01:10:38
Age 55		Pace Cum	12:12	12:32	12:37	13:21	13:27	13:35	13:56	14:44	14:50	14:38	14:50	15:07	14:55	15:11	15:07	15:05	15:13	15:44	15:42
Group M50-59		Pace Delta	12:12	13:17	12:47	20:00	13:58	14:40	18:03	22:40	16:20	11:34	16:52	21:26	12:36	19:07	14:00	14:41	17:30	23:27	15:02
Overall-Group		Position	150-26	142-24	146-25	161-28	155-27	150-25	149-23	166-31	167-29	157-28	148-26	149-27	141-25	122-21	118-19	102-15	96-15	89-13	85-13
Straub,	86	Time of Day	06:22	07:35	09:33	10:24	11:32	12:38	13:37	14:45	15:32	16:11	17:38	18:31	19:47	21:26	22:11	24:26	26:07	28:46	30:13:03
John (DE)		Time Cum	02:22	03:35	05:33	06:24	07:32	08:38	09:37	10:45	11:32	12:11	13:38	14:31	15:47	17:26	18:11	20:26	22:07	24:46	26:13:03
218		Time Delta	02:22	01:13	01:58	00:51	01:08	01:06	00:59	01:08	00:47	00:39	01:27	00:53	01:16	01:39	00:45	02:15	01:41	02:39	01:27:03
Age 33		Pace Cum	11:11	11:37	11:49	12:16	12:21	12:36	12:54	13:07	13:15	13:12	13:31	13:46	13:47	14:17	14:13	14:32	14:53	15:36	15:44
Group M30-39		Pace Delta	11:11	12:35	12:10	16:27	12:50	14:40	16:23	15:07	15:40	12:11	17:04	18:56	14:04	22:00	12:51	17:32	21:03	26:04	18:31
Overall-Group		Position	83-19	90-23	93-25	94-24	95-27	98-26	96-27	95-25	90-25	91-26	99-26	98-27	99-27	96-25	91-25	88-23	90-23	85-22	86-22
Coates,	87	Time of Day	06:30	07:54	10:03	11:09	12:19	13:27	14:35	15:40	16:33	17:10	18:41	19:33	20:43	22:33	23:20	25:22	26:55	29:15	30:16:24
Wayne (AZ)		Time Cum	02:30	03:54	06:03	07:09	08:19	09:27	10:35	11:40	12:33	13:10	14:41	15:33	16:43	18:33	19:20	21:22	22:55	25:15	26:16:24
38		Time Delta	02:30	01:24	02:09	01:06	01:10	01:08	01:08	01:05	00:53	00:37	01:31	00:52	01:10	01:50	00:47	02:02	01:33	02:20	01:01:24
Age 58		Pace Cum	11:49	12:39	12:52	13:42	13:38	13:48	14:12	14:14	14:26	14:16	14:34	14:44	14:36	15:12	15:07	15:11	15:25	15:54	15:46
Group M50-59		Pace Delta	11:49	14:29	13:18	21:17	13:12	15:07	18:53	14:27	17:40	11:34	17:51	18:34	12:58	24:27	13:26	15:51	19:23	22:57	13:04
Overall-Group		Position	123-19	157-29	167-31	176-34	167-29	160-28	160-27	148-25	148-25	142-25	140-25	132-23	126-22	124-22	118-19	104-17	102-17	93-15	87-14
Gordon,	88	Time of Day	06:24	07:41	09:48	10:46	11:59	13:06	14:10	15:25	16:07	16:43	18:19	19:12	20:18	22:04	22:47	25:04	26:45	29:10	30:22:35
David (CA)		Time Cum	02:24	03:41	05:48	06:46	07:59	09:06	10:10	11:25	12:07	12:43	14:19	15:12	16:18	18:04	18:47	21:04	22:45	25:10	26:22:35
89		Time Delta	02:24	01:17	02:07	00:58	01:13	01:07	01:04	01:15	00:42	00:36	01:36	00:53	01:06	01:46	00:43	02:17	01:41	02:25	01:12:35
Age 60		Pace Cum	11:20	11:57	12:20	12:58	13:05	13:17	13:39	13:55	13:56	13:46	14:12	14:24	14:14	14:49	14:42	14:59	15:18	15:51	15:50
Group M60-69		Pace Delta	11:20	13:17	13:06	18:43	13:46	14:53	17:47	16:40	14:00	11:15	18:49	18:56	12:13	23:33	12:17	17:48	21:03	23:46	15:27
Overall-Group		Position	107-6	107-6	126-7	138-10	143-10	133-9	133-9	134-10	129-10	122-9	121-10	116-10	113-10	110-11	106-10	100-10	99-8	92-6	88-5
Kwon,	89	Time of Day	06:12	07:18	09:08	09:55	11:16	12:23	13:27	14:38	15:38	16:15	17:37	18:27	19:31	21:18	22:13	24:19	25:45	28:46	30:27:00
Yi-Joo (NJ)		Time Cum	02:12	03:18	05:08	05:55	07:16	08:23	09:27	10:38	11:38	12:15	13:37	14:27	15:31	17:18	18:13	20:19	21:45	24:46	26:27:00
129		Time Delta	02:12	01:06	01:50	00:47	01:21	01:07	01:04	01:11	01:00	00:37	01:22	00:50	01:04	01:47	00:55	02:06	01:26	03:01	01:41:00
Age 60		Pace Cum	10:24	10:42	10:55	11:21	11:55	12:14	12:41	12:58	13:22	13:16	13:30	13:42	13:33	14:11	14:15	14:27	14:38	15:36	15:52
Group M60-69		Pace Delta	10:24	11:23	11:20	15:10	15:17	14:53	17:47	15:47	20:00	11:34	16:05	17:51	11:51	23:47	15:43	16:22	17:55	29:40	21:29
Overall-Group		Position	53-1	49-2	58-2	58-2	73-2	78-2	84-2	87-4	100-6	100-5	98-6	93-5	91-5	92-5	93-5	86-5	85-5	85-5	89-6
Cooper,	90	Time of Day	06:11	07:21	09:12	10:00	11:14	12:18	13:16	14:23	15:10		17:16	18:09	19:06	20:23	21:18	23:59	25:54	28:50	30:28:20
Bob (VA)		Time Cum	02:11	03:21	05:12	06:00	07:14	08:18	09:16	10:23	11:10		13:16	14:09	15:06	16:23	17:18	19:59	21:54	24:50	26:28:20
42		Time Delta	02:11	01:10	01:51	00:48	01:14	01:04	00:58	01:07	00:47		02:06	00:53	00:57	01:17	00:55	02:41	01:55	02:56	01:38:20
Age 40		Pace Cum	10:19	10:52	11:04	11:30	11:51	12:07	12:26	12:40	12:50		13:09	13:25	13:11	13:26	13:32	14:12	14:44	15:38	15:53
Group M40-49		Pace Delta	10:19	12:04	11:27	15:29	13:58	14:13	16:07	14:53	15:40		15:11	18:56	10:33	17:07	15:43	20:55	23:58	28:51	20:55
Overall-Group		Position	47-23	59-27	63-27	63-28	71-28	74-28	70-27	74-27	74-26		75-24	76-22	71-22	70-22	73-22	81-25	87-25	87-26	90-25
Samuelson,	91	Time of Day	06:32	07:52	09:56	10:49	11:58	13:08	14:10	15:12	16:01	16:40	18:00	18:50	20:05	21:41	22:34	24:49	26:20	28:52	30:30:03
Mike (TN)		Time Cum	02:32	03:52	05:56	06:49	07:58	09:08	10:10	11:12	12:01	12:40	14:00	14:50	16:05	17:41	18:34	20:49	22:20	24:52	26:30:03
197		Time Delta	02:32	01:20	02:04	00:53	01:09	01:10	01:02	01:02	00:49	00:39	01:20	00:50	01:15	01:36	00:53	02:15	01:31	02:32	01:38:03
Age 40		Pace Cum	11:58	12:32	12:37	13:04	13:04	13:20	13:39	13:40	13:49	13:43	13:53	14:04	14:03	14:30	14:31	14:48	15:01	15:39	15:54
Group M40-49		Pace Delta	11:58	13:48	12:47	17:06	13:01	15:33	17:13	13:47	16:20	12:11	15:41	17:51	13:53	21:20	15:09	17:32	18:58	24:55	20:52
Overall-Group		Position	130-41	142-44	146-44	144-41	139-39	136-38	133-36	126-35	123-32	118-30	109-30	105-28	106-28	104-28	101-28	92-26	92-26	88-27	91-26

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
<u>Sanchas,</u>	92	Time of Day	06:22	07:33	09:27	10:16	11:34	12:38	13:37	14:44	15:33	16:10	17:35	18:28	19:36	21:14	22:09	24:32	26:05	29:02	30:32:50
Cynthia (PA)		Time Cum	02:22	03:33	05:27	06:16	07:34	08:38	09:37	10:44	11:33	12:10	13:35	14:28	15:36	17:14	18:09	20:32	22:05	25:02	26:32:50
198		Time Delta	02:22	01:11	01:54	00:49	01:18	01:04	00:59	01:07	00:49	00:37	01:25	00:53	01:08	01:38	00:55	02:23	01:33	02:57	01:30:50
Age 51		Pace Cum	11:11	11:31	11:36	12:01	12:24	12:36	12:54	13:05	13:17	13:11	13:28	13:43	13:37	14:08	14:12	14:36	14:51	15:46	15:56
Group F50-59		Pace Delta	11:11	12:14	11:45	15:48	14:43	14:13	16:23	14:53	16:20	11:34	16:40	18:56	12:36	21:47	15:43	18:34	19:23	29:01	19:20
Overall-Group		Position	83-2	81-1	83-1	82-1	101-2	98-2	96-2	92-2	95-2	89-2	95-2	96-2	92-2	90-2	90-2	89-3	89-3	90-3	92-3
Finnell,	93	Time of Day	06:32	07:48	09:45	10:34	11:48	12:54	13:55	15:02	15:53	16:30	17:55	18:48	19:54	21:38	22:37	24:42	26:18	29:03	30:35:42
Scott (PA)		Time Cum	02:32	03:48	05:45	06:34	07:48	08:54	09:55	11:02	11:53	12:30	13:55	14:48	15:54	17:38	18:37	20:42	22:18	25:03	26:35:42
266		Time Delta	02:32	01:16	01:57	00:49	01:14	01:06	01:01	01:07	00:51	00:37	01:25	00:53	01:06	01:44	00:59	02:05	01:36	02:45	01:32:42
Age 50		Pace Cum	11:58	12:19	12:14	12:35	12:47	13:00	13:19	13:27	13:40	13:32	13:48	14:02	13:53	14:27	14:34	14:43	15:00	15:46	15:57
Group M50-59		Pace Delta	11:58	13:06	12:04	15:48	13:58	14:40	16:57	14:53	17:00	11:34	16:40	18:56	12:13	23:07	16:51	16:14	20:00	27:03	19:43
Overall-Group		Position	130-23	129-21	120-19	114-19	121-21	117-20	119-20	114-20	113-20	107-17	106-17	104-18	101-16	102-15	103-15	90-13	91-14	91-14	93-15
<u>Ray,</u>	94	Time of Day	06:24	07:37	09:34	10:20	11:28	12:27	13:33	14:33	15:15	15:51	17:10	18:07	19:14	20:55	21:46	24:00	25:54	29:15	30:35:44
Jennifer (CA)		Time Cum	02:24	03:37	05:34	06:20	07:28	08:27	09:33	10:33	11:15	11:51	13:10	14:07	15:14	16:55	17:46	20:00	21:54	25:15	26:35:44
184		Time Delta	02:24	01:13	01:57	00:46	01:08	00:59	01:06	01:00	00:42	00:36	01:19	00:57	01:07	01:41	00:51	02:14	01:54	03:21	01:20:44
Age 37		Pace Cum	11:20	11:44	11:51	12:08	12:14	12:20	12:49	12:52	12:56	12:50	13:03	13:23	13:18	13:52	13:54	14:13	14:44	15:54	15:57
Group F30-39		Pace Delta	11:20	12:35	12:04	14:50	12:50	13:07	18:20	13:20	14:00	11:15	15:29	20:21	12:24	22:27	14:34	17:24	23:45	32:57	17:11
Overall-Group		Position	107-10	104-9	95-9	90-8	82-8	84-8	94-8	84-8	80-8	76-8	72-7	73-8	75-8	80-9	83-9	82-8	87-8	93-7	94-8
Dalbec,	95	Time of Day	06:41	08:09	10:08	11:04	12:16	13:25	14:26	15:45	16:37	17:19	18:45	19:49	20:57	22:31	23:19	25:37	27:09	29:46	30:56:46
Tim (CA)		Time Cum	02:41	04:09	06:08	07:04	08:16	09:25	10:26	11:45	12:37	13:19	14:45	15:49	16:57	18:31	19:19	21:37	23:09	25:46	26:56:46
48		Time Delta	02:41	01:28	01:59	00:56	01:12	01:09	01:01	01:19	00:52	00:42	01:26	01:04	01:08	01:34	00:48	02:18	01:32	02:37	01:10:46
Age 33		Pace Cum	12:41	13:28	13:03	13:33	13:33	13:45	14:00	14:20	14:30	14:25	14:38	15:00	14:48	15:11	15:07	15:22	15:34	16:13	16:10
Group M30-39		Pace Delta	12:41	15:10	12:16	18:04	13:35	15:20	16:57	17:33	17:20	13:07	16:52	22:51	12:36	20:53	13:43	17:55	19:10	25:44	15:03
Overall-Group		Position	182-38	194-39	179-38	169-37	163-36	157-35	152-36	155-34	154-35	148-34	141-32	142-31	135-30	122-29	117-28	108-25	105-24	101-23	95-23
Hagin,	96	Time of Day	06:21	07:35	09:32	10:23	11:30	12:32	13:32	14:33	15:19	16:01	17:34	18:27	19:39	21:20	22:22	24:44	26:22	29:26	31:00:55
John D (CO)		Time Cum	02:21	03:35	05:32	06:23	07:30	08:32	09:32	10:33	11:19	12:01	13:34	14:27	15:39	17:20	18:22	20:44	22:22	25:26	27:00:55
97		Time Delta	02:21	01:14	01:57	00:51	01:07	01:02	01:00	01:01	00:46	00:42	01:33	00:53	01:12	01:41	01:02	02:22	01:38	03:04	01:34:55
Age 63		Pace Cum	11:06	11:37	11:46	12:14	12:18	12:27	12:48	12:52	13:00	13:01	13:27	13:42	13:40	14:12	14:22	14:44	15:03	16:01	16:13
Group M60-69		Pace Delta	11:06	12:46	12:04	16:27	12:38	13:47	16:40	13:33	15:20	13:07	18:14	18:56	13:20	22:27	17:43	18:26	20:25	30:10	20:12
Overall-Group		Position	79-5	90-5	89-3	93-5	86-4	91-4	93-4	84-2	83-2	80-2	93-5	93-5	95-6	94-6	95-6	91-6	94-6	96-7	96-7
Knipling,	97	Time of Day	06:13	07:27	09:32	10:32	11:44	12:55	14:00	15:25	16:15	16:57	18:25	19:14	20:18	21:55	22:46	25:03	26:45	29:45	31:03:32
Gary D (VA)		Time Cum	02:13	03:27	05:32	06:32	07:44	08:55	10:00	11:25	12:15	12:57	14:25	15:14	16:18	17:55	18:46	21:03	22:45	25:45	27:03:32
126		Time Delta	02:13	01:14	02:05	01:00	01:12	01:11	01:05	01:25	00:50	00:42	01:28	00:49	01:04	01:37	00:51	02:17	01:42	03:00	01:18:32
Age 62		Pace Cum	10:28	11:11	11:46	12:31	12:41	13:01	13:25	13:55	14:05	14:02	14:18	14:26	14:14	14:41	14:51	14:58	15:18	16:13	16:14
Group M60-69		Pace Delta	10:28	12:46	12:53	19:21	13:35	15:47	18:03	18:53	16:40	13:07	17:15	17:30	11:51	21:33	14:34	17:48	21:15	29:30	16:43
Overall-Group		Position	61-3	71-3	89-3	113-6	113-6	121-8	125-8	134-10	134-11	135-10	125-11	120-11	113-10	107-9	105-9	98-9	99-8	99-10	97-8
Palazzo,	97	Time of Day	06:39	07:57	09:55	10:50	12:06	13:15	14:16	15:27	16:15	16:54	18:20	19:15	20:23	22:13	23:00	25:16	26:56	29:45	31:03:32
Nicholas (NY)		Time Cum	02:39	03:57	05:55	06:50	08:06	09:15	10:16	11:27	12:15	12:54	14:20	15:15	16:23	18:13	19:00	21:16	22:56	25:45	27:03:32
174		Time Delta	02:39	01:18	01:58	00:55	01:16	01:09	01:01	01:11	00:48	00:39	01:26	00:55	01:08	01:50	00:47	02:16	01:40	02:49	01:18:32
Age 59		Pace Cum	12:31	12:49	12:35	13:06	13:17	13:30	13:47	13:58	14:05	14:13	14:27	14:19	14:56	14:52	15:07	15:26	16:13	16:14	16:14
Group M50-59		Pace Delta	12:31	13:27	12:10	17:45	14:20	15:20	16:57	15:47	16:00	12:11	16:52	19:39	12:36	24:27	13:26	17:40	20:50	27:42	16:43
Overall-Group		Position	169-34	169-33	142-24	146-25	150-25	145-23	142-22	137-22	134-21	133-21	123-20	121-21	118-20	113-19	110-18	103-16	104-18	99-17	97-16

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Bonaccorsi, JR, 99	Time of Day	06:39	08:01	10:07	10:57	12:04	13:10	14:11	15:10	15:59	16:35	18:05	18:56	20:12	21:37	22:28	24:51	26:45	29:27	31:06:48
Peter A (MA)	Time Cum	02:39	04:01	06:07	06:57	08:04	09:10	10:11	11:10	11:59	12:35	14:05	14:56	16:12	17:37	18:28	20:51	22:45	25:27	27:06:48
18	Time Delta	02:39	01:22	02:06	00:50	01:07	01:06	01:01	00:59	00:49	00:36	01:30	00:51	01:16	01:25	00:51	02:23	01:54	02:42	01:39:48
Age 62	Pace Cum	12:31	13:02	13:01	13:19	13:13	13:23	13:40	13:37	13:46	13:38	13:58	14:09	14:09	14:26	14:27	14:49	15:18	16:01	16:16
Group M60-69	Pace Delta	12:31	14:08	12:59	16:08	12:38	14:40	16:57	13:07	16:20	11:15	17:39	18:13	14:04	18:53	14:34	18:34	23:45	26:33	21:14
Overall-Group	Position	169-10	176-11	172-12	159-12	146-11	140-10	136-10	120-8	118-8	110-6	111-7	109-8	108-8	100-8	96-7	93-7	99-8	97-8	99-9
Hayes, 99	Time of Day	06:36	07:55	10:00	10:48	11:55	12:57	13:54	15:00	15:52	16:33	17:55	18:44	20:00	21:32	22:28	24:51	26:37	29:25	31:06:48
Joe (ME)	Time Cum	02:36	03:55	06:00	06:48	07:55	08:57	09:54	11:00	11:52	12:33	13:55	14:44	16:00	17:32	18:28	20:51	22:37	25:25	27:06:48
102	Time Delta	02:36	01:19	02:05	00:48	01:07	01:02	00:57	01:06	00:52	00:41	01:22	00:49	01:16	01:32	00:56	02:23	01:46	02:48	01:41:48
Age 57	Pace Cum	12:17	12:42	12:46	13:02	12:59	13:04	13:17	13:25	13:38	13:36	13:48	13:58	13:58	14:22	14:27	14:49	15:13	16:00	16:16
Group M50-59	Pace Delta	12:17	13:37	12:53	15:29	12:38	13:47	15:50	14:40	17:20	12:49	16:05	17:30	14:04	20:27	16:00	18:34	22:05	27:32	21:40
Overall-Group	Position	157-29	161-31	156-28	143-24	130-24	122-22	118-19	111-18	111-18	108-18	106-17	102-17	104-18	98-14	96-13	93-14	96-15	95-16	99-17
Copelas, 101	Time of Day	06:36	07:54	09:53	10:40	11:47	12:53	13:51	14:48	15:34	16:10	17:34	18:23	19:36	21:16	22:28	25:03	27:15	30:00	31:10:41
Peter A (MA)	Time Cum	02:36	03:54	05:53	06:40	07:47	08:53	09:51	10:48	11:34	12:10	13:34	14:23	15:36	17:16	18:28	21:03	23:15	26:00	27:10:41
43	Time Delta	02:36	01:18	01:59	00:47	01:07	01:06	00:58	00:57	00:46	00:36	01:24	00:49	01:13	01:40	01:12	02:35	02:12	02:45	01:10:41
Age 46	Pace Cum	12:17	12:39	12:31	12:47	12:46	12:58	13:13	13:10	13:18	13:11	13:27	13:38	13:37	14:09	14:27	14:58	15:38	16:22	16:18
Group M40-49	Pace Delta	12:17	13:27	12:16	15:10	12:38	14:40	16:07	12:40	15:20	11:15	16:28	17:30	13:31	22:13	20:34	20:08	27:30	27:03	15:02
Overall-Group	Position	157-47	157-47	137-41	127-39	120-34	116-34	114-34	100-32	97-30	89-27	93-28	91-26	92-26	91-27	96-27	98-28	108-29	104-29	101-27
Ferguson, 102	Time of Day	06:32	07:52	09:56	10:49	11:58	13:08	14:21	15:32	16:28	17:11	18:46	19:42	20:45	22:15	23:15	25:34	27:15	29:58	31:12:49
Chrissy (AR)	Time Cum	02:32	03:52	05:56	06:49	07:58	09:08	10:21	11:32	12:28	13:11	14:46	15:42	16:45	18:15	19:15	21:34	23:15	25:58	27:12:49
74	Time Delta	02:32	01:20	02:04	00:53	01:09	01:10	01:13	01:11	00:56	00:43	01:35	00:56	01:03	01:30	01:00	02:19	01:41	02:43	01:14:49
Age 45	Pace Cum	11:58	12:32	12:37	13:04	13:04	13:20	13:54	14:04	14:20	14:17	14:39	14:53	14:38	14:58	15:04	15:20	15:38	16:21	16:20
Group F40-49	Pace Delta	11:58	13:48	12:47	17:06	13:01	15:33	20:17	15:47	18:40	13:26	18:38	20:00	11:40	20:00	17:09	18:03	21:03	26:43	15:55
Overall-Group	Position	130-5	142-9	146-10	144-10	139-10	136-10	146-10	142-11	145-11	144-11	142-10	135-10	127-8	114-8	115-8	107-7	108-7	103-7	102-7
Stringer, 103	Time of Day	06:41	07:55	09:54	10:45	11:57		14:14	15:16	16:02	16:39	18:05	18:53	20:04	21:34	22:30	24:54	26:42	29:32	31:13:07
Pete (MA)	Time Cum	02:41	03:55	05:54	06:45	07:57		10:14	11:16	12:02	12:39	14:05	14:53	16:04	17:34	18:30	20:54	22:42	25:32	27:13:07
219	Time Delta	02:41	01:14	01:59	00:51	01:12		02:17	01:02	00:46	00:37	01:26	00:48	01:11	01:30	00:56	02:24	01:48	02:50	01:41:07
Age 64	Pace Cum	12:41	12:42	12:33	12:56	13:02		13:44	13:44	13:50	13:42	13:58	14:06	14:02	14:24	14:28	14:51	15:16	16:05	16:20
Group M60-69	Pace Delta	12:41	12:46	12:16	16:27	13:35		16:55	13:47	15:20	11:34	16:52	17:09	13:09	20:00	16:00	18:42	22:30	27:52	21:31
Overall-Group	Position	182-12	161-10	139-10	136-9	137-9		139-11	127-9	124-9	117-8	111-7	108-7	105-7	99-7	99-8	96-8	98-7	98-9	103-10
Lease, 104	Time of Day	06:49	08:19	10:35	11:27	12:48	14:03	15:04	16:10	16:57	17:37	19:03	19:55	21:14	22:53	23:44	25:54	27:22	29:52	31:20:36
Damon (VT)	Time Cum	02:49	04:19	06:35	07:27	08:48	10:03	11:04	12:10	12:57	13:37	15:03	15:55	17:14	18:53	19:44	21:54	23:22	25:52	27:20:36
134	Time Delta	02:49	01:30	02:16	00:52	01:21	01:15	01:01	01:06	00:47	00:40	01:26	00:52	01:19	01:39	00:51	02:10	01:28	02:30	01:28:36
Age 44	Pace Cum	13:18	14:00	14:00	14:17	14:26	14:40	14:51	14:50	14:53	14:45	14:56	15:05	15:03	15:29	15:26	15:34	15:43	16:17	16:24
Group M40-49	Pace Delta	13:18	15:31	14:01	16:46	15:17	16:40	16:57	14:40	15:40	12:30	16:52	18:34	14:38	22:00	14:34	16:53	18:20	24:35	18:51
Overall-Group	Position	203-57	211-57	210-58	202-55	202-54	200-54	194-55	174-49	169-46	163-43	155-40	144-36	148-40	139-37	132-35	113-31	110-30	102-28	104-28
Siltman, 105	Time of Day	06:47	08:13	10:20	11:14	12:35	13:45	14:49	16:10	17:04	17:45	19:22	20:22	21:26	22:47	23:31	25:30	27:10	30:03	31:28:29
Michael (IL)	Time Cum	02:47	04:13	06:20	07:14	08:35	09:45	10:49	12:10	13:04	13:45	15:22	16:22	17:26	18:47	19:31	21:30	23:10	26:03	27:28:29
216	Time Delta	02:47	01:26	02:07	00:54	01:21	01:10	01:04	01:21	00:54	00:41	01:37	01:00	01:04	01:21	00:44	01:59	01:40	02:53	01:25:29
Age 37	Pace Cum	13:09	13:41	13:29	13:52	14:04	14:14	14:31	14:50	15:01	14:54	15:14	15:31	15:14	15:24	15:16	15:17	15:35	16:24	16:29
Group M30-39	Pace Delta	13:09	14:50	13:06	17:25	15:17	15:33	17:47	18:00	18:00	12:49	19:01	21:26	11:51	18:00	12:34	15:27	20:50	28:22	18:11
Overall-Group	Position	202-40	201-40	191-40	182-39	183-40	176-40	173-37	174-38	182-40	174-39	162-34	163-34	155-33	131-31	125-30	106-24	106-25	105-24	105-24

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Goldberg, 106	Time of Day	06:23	07:36	09:35	10:30	11:56	13:03	14:02	15:10	16:05	16:52	18:39	19:47	20:59	22:49	23:34	25:41	27:11	30:06	31:31:15	
David (AZ) 85	Time Cum	02:23	03:36	05:35	06:30	07:56	09:03	10:02	11:10	12:05	12:52	14:39	15:47	16:59	18:49	19:34	21:41	23:11	26:06	27:31:15	
	Time Delta	02:23	01:13	01:59	00:55	01:26	01:07	00:59	01:08	00:55	00:47	01:47	01:08	01:12	01:50	00:45	02:07	01:30	02:55	01:25:15	
Age 46	Pace Cum	11:16	11:41	11:53	12:28	13:00	13:13	13:28	13:37	13:53	13:56	14:32	14:58	14:50	15:25	15:18	15:25	15:36	16:26	16:31	
Group M40-49	Pace Delta	11:16	12:35	12:16	17:45	16:14	14:53	16:23	15:07	18:20	14:41	20:59	24:17	13:20	24:27	12:51	16:30	18:45	28:41	18:08	
Overall-Group	Position	99-35	97-35	98-32	109-33	134-38	128-35	128-35	120-33	127-34	127-32	136-34	138-33	138-34	132-32	127-32	110-29	107-28	106-30	106-29	
Werbenuk, 107	Time of Day	06:50	08:27	10:38	11:32	12:48	14:00	14:56	16:10	16:57	17:37	18:58	19:55	21:14	22:59	23:51	26:00	27:50	30:12	31:32:19	
Lorne (ONT) 245	Time Cum	02:50	04:27	06:38	07:32	08:48	10:00	10:56	12:10	12:57	13:37	14:58	15:55	17:14	18:59	19:51	22:00	23:50	26:12	27:32:19	
	Time Delta	02:50	01:37	02:11	00:54	01:16	01:12	00:56	01:14	00:47	00:40	01:21	00:57	01:19	01:45	00:52	02:09	01:50	02:22	01:20:19	
Age 60	Pace Cum	13:23	14:26	14:07	14:26	14:26	14:36	14:41	14:50	14:53	14:45	14:51	15:05	15:03	15:34	15:32	15:38	16:02	16:30	16:31	
Group M60-69	Pace Delta	13:23	16:43	13:30	17:25	14:20	16:00	15:33	16:27	15:40	12:30	15:53	20:21	14:38	23:20	14:51	16:45	22:55	23:17	17:05	
Overall-Group	Position	206-16	226-15	217-15	209-15	202-15	195-14	180-14	174-14	169-14	163-13	149-12	144-12	148-13	142-13	138-13	116-11	117-12	107-11	107-11	
Ornek, 108	Time of Day	06:50	08:10	10:18	11:23	12:35	13:45	14:45	16:05	16:57	17:41		20:15	21:31	23:06	23:51	26:01	27:41	30:17	31:39:59	
Charles (CT) 172	Time Cum	02:50	04:10	06:18	07:23	08:35	09:45	10:45	12:05	12:57	13:41		16:15	17:31	19:06	19:51	22:01	23:41	26:17	27:39:59	
	Time Delta	02:50	01:20	02:08	01:05	01:12	01:10	01:00	01:20	00:52	00:44		02:34	01:16	01:35	00:45	02:10	01:40	02:36	01:22:59	
Age 56	Pace Cum	13:23	13:31	13:24	14:09	14:04	14:14	14:26	14:44	14:53	14:49		15:24	15:18	15:39	15:32	15:39	15:56	16:33	16:36	
Group M50-59	Pace Delta	13:23	13:48	13:12	20:58	13:35	15:33	16:40	17:47	17:20	13:45		19:30	14:04	21:07	12:51	16:53	20:50	25:34	17:39	
Overall-Group	Position	206-41	197-39	187-37	193-38	183-36	176-34	168-30	166-31	169-31	169-32		160-31	157-27	145-24	138-22	118-20	115-20	108-18	108-18	
Duarte, 109	Time of Day	06:36	07:53	10:02	11:01	12:12	13:20	14:26	15:23	16:13	16:53	18:31	19:30	20:45	22:51	23:41	26:03	28:02	30:20	31:42:19	
Saul (NJ) 60	Time Cum	02:36	03:53	06:02	07:01	08:12	09:20	10:26	11:23	12:13	12:53	14:31	15:30	16:45	18:51	19:41	22:03	24:02	26:20	27:42:19	
	Time Delta	02:36	01:17	02:09	00:59	01:11	01:08	01:06	00:57	00:50	00:40	01:38	00:59	01:15	02:06	00:50	02:22	01:59	02:18	01:22:19	
Age 46	Pace Cum	12:17	12:36	12:50	13:27	13:27	13:38	14:00	13:53	14:03	13:57	14:24	14:42	14:38	15:27	15:24	15:41	16:10	16:35	16:37	
Group M40-49	Pace Delta	12:17	13:17	13:18	19:02	13:24	15:07	18:20	12:40	16:40	12:30	19:13	21:04	13:53	28:00	14:17	18:26	24:48	22:37	17:31	
Overall-Group	Position	157-47	151-45	163-48	165-47	155-44	152-43	152-42	131-36	132-35	131-34	131-32	130-30	127-30	135-34	130-34	119-34	122-33	110-31	109-30	
Washburn, 110	Time of Day	06:22	07:44	09:57	11:05	12:23	13:29	14:32	15:46	16:39	17:20	18:59	19:50	20:57	22:53	23:48	26:03	27:52	30:22	31:42:20	
Jeff (MA) 243	Time Cum	02:22	03:44	05:57	07:05	08:23	09:29	10:32	11:46	12:39	13:20	14:59	15:50	16:57	18:53	19:48	22:03	23:52	26:22	27:42:20	
	Time Delta	02:22	01:22	02:13	01:08	01:18	01:06	01:03	01:14	00:53	00:41	01:39	00:51	01:07	01:56	00:55	02:15	01:49	02:30	01:20:20	
Age 56	Pace Cum	11:11	12:06	12:40	13:35	13:45	13:51	14:08	14:21	14:32	14:26	14:52	15:00	14:48	15:29	15:29	15:41	16:03	16:36	16:37	
Group M50-59	Pace Delta	11:11	14:08	13:43	21:56	14:43	14:40	17:30	16:27	17:40	12:49	19:25	18:13	12:24	25:47	15:43	17:32	22:43	24:35	17:06	
Overall-Group	Position	83-10	115-17	150-26	172-31	171-32	165-30	159-26	157-27	155-27	150-27	152-27	143-26	135-24	139-23	136-21	119-21	119-22	111-19	110-19	
D'Angelo, 111	Time of Day	06:33	07:47	09:52	10:40	11:53	13:06	14:12	15:35	16:28	17:11		19:42	20:45	22:50	23:48	26:00	27:51	30:27	31:47:58	
Lou (PA) 47	Time Cum	02:33	03:47	05:52	06:40	07:53	09:06	10:12	11:35	12:28	13:11		15:42	16:45	18:50	19:48	22:00	23:51	26:27	27:47:58	
	Time Delta	02:33	01:14	02:05	00:48	01:13	01:13	01:06	01:23	00:53	00:43		02:31	01:03	02:05	00:58	02:12	01:51	02:36	01:20:58	
Age 44	Pace Cum	12:03	12:16	12:29	12:47	12:55	13:17	13:41	14:08	14:20	14:17		14:53	14:38	15:26	15:29	15:38	16:03	16:39	16:41	
Group M40-49	Pace Delta	12:03	12:46	12:53	15:29	13:46	16:13	18:20	18:27	17:40	13:26		19:07	11:40	27:47	16:34	17:09	23:08	25:34	17:14	
Overall-Group	Position	135-43	126-40	133-40	127-39	124-35	133-36	137-37	144-37	145-37	144-35		135-32	127-30	133-33	136-37	116-33	118-32	112-32	111-31	
Turner, 112	Time of Day	06:23	07:33	09:37	10:38	11:58	13:13	14:20	16:05	16:51	17:30	18:53	19:56	21:13	23:50	24:43	26:54	28:32	30:38	31:53:34	
John (ONT) 264	Time Cum	02:23	03:33	05:37	06:38	07:58	09:13	10:20	12:05	12:51	13:30	14:53	15:56	17:13	19:50	20:43	22:54	24:32	26:38	27:53:34	
	Time Delta	02:23	01:10	02:04	01:01	01:20	01:15	01:07	01:45	00:46	00:39	01:23	01:03	01:17	02:37	00:53	02:11	01:38	02:06	01:15:34	
Age 47	Pace Cum	11:16	11:31	11:57	12:43	13:04	13:27	13:52	14:44	14:46	14:37	14:46	15:06	15:02	16:15	16:12	16:17	16:30	16:46	16:44	
Group M40-49	Pace Delta	11:16	12:04	12:47	19:41	15:06	16:40	18:37	23:20	15:20	12:11	16:16	22:30	14:16	34:53	15:09	17:01	20:25	20:39	16:05	
Overall-Group	Position	99-35	81-32	108-35	124-38	139-39	143-41	144-40	166-46	163-44	156-40	145-37	147-37	146-38	158-43	153-41	138-37	136-37	116-34	112-32	

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Vrbonic,	113	Time of Day	06:29	07:46	09:44	10:34	11:53	13:06	14:15	15:38	16:36	17:21	18:48	19:47	20:57	22:33	23:27	25:47	27:36	30:29	31:57:13
Richard (PA)	238	Time Cum	02:29	03:46	05:44	06:34	07:53	09:06	10:15	11:38	12:36	13:21	14:48	15:47	16:57	18:33	19:27	21:47	23:36	26:29	27:57:13
		Time Delta	02:29	01:17	01:58	00:50	01:19	01:13	01:09	01:23	00:58	00:45	01:27	00:59	01:10	01:36	00:54	02:20	01:49	02:53	01:28:13
Age 49		Pace Cum	11:44	12:13	12:12	12:35	12:55	13:17	13:46	14:11	14:29	14:28	14:41	14:58	14:48	15:12	15:13	15:29	15:52	16:40	16:46
Group M40-49		Pace Delta	11:44	13:17	12:10	16:08	14:54	16:13	19:10	18:27	19:20	14:04	17:04	21:04	12:58	21:20	15:26	18:11	22:43	28:22	18:46
Overall-Group		Position	119-39	121-39	119-37	114-34	124-35	133-36	141-38	147-39	152-39	152-37	143-35	138-33	135-33	124-30	122-30	111-30	113-31	113-33	113-33
<u>Terranova,</u>	114	Time of Day	06:28	07:42	09:36	10:25	11:32	12:36	13:38	14:49	15:40	16:24	18:13	19:24	20:47	23:20	24:17	27:18	28:56	30:55	32:00:15
Meredith (TX)	262	Time Cum	02:28	03:42	05:36	06:25	07:32	08:36	09:38	10:49	11:40	12:24	14:13	15:24	16:47	19:20	20:17	23:18	24:56	26:55	28:00:15
		Time Delta	02:28	01:14	01:54	00:49	01:07	01:04	01:02	01:11	00:51	00:44	01:49	01:11	01:23	02:33	00:57	03:01	01:38	01:59	01:05:15
Age 31		Pace Cum	11:39	12:00	11:55	12:18	12:21	12:33	12:56	13:11	13:25	13:26	14:06	14:36	14:39	15:51	15:52	16:34	16:46	16:57	16:48
Group F30-39		Pace Delta	11:39	12:46	11:45	15:48	12:38	14:13	17:13	15:47	17:00	13:45	21:22	25:21	15:22	34:00	16:17	23:30	20:25	19:30	13:53
Overall-Group		Position	114-11	111-11	105-10	99-10	95-9	97-9	101-9	102-9	101-9	105-11	117-12	127-13	131-13	152-15	148-14	144-14	144-14	126-9	114-9
Hughes,	115	Time of Day	06:45	08:02	10:01	10:50	12:11	13:26	14:35	15:46	16:44	17:32	18:58	19:55	21:20	23:02	24:00	26:22	28:11	30:42	32:07:11
David A (IN)	113	Time Cum	02:45	04:02	06:01	06:50	08:11	09:26	10:35	11:46	12:44	13:32	14:58	15:55	17:20	19:02	20:00	22:22	24:11	26:42	28:07:11
		Time Delta	02:45	01:17	01:59	00:49	01:21	01:15	01:09	01:11	00:58	00:48	01:26	00:57	01:25	01:42	00:58	02:22	01:49	02:31	01:25:11
Age 60		Pace Cum	13:00	13:05	12:48	13:06	13:25	13:46	14:12	14:21	14:38	14:39	14:51	15:05	15:08	15:36	15:39	15:54	16:16	16:49	16:52
Group M60-69		Pace Delta	13:00	13:17	12:16	15:48	15:17	16:40	19:10	15:47	19:20	15:00	16:52	20:21	15:44	22:40	16:34	18:26	22:43	24:45	18:07
Overall-Group		Position	198-14	182-13	161-11	146-11	154-12	158-11	160-12	157-13	158-13	160-12	149-12	144-12	151-14	143-14	141-14	128-14	126-14	118-13	115-12
Dunfey,	116	Time of Day	06:22	07:35	09:21	10:03	11:11	12:17	13:17	14:30	15:22	16:00	17:18	18:08	19:22	22:05	22:58	25:28	27:31	30:30	32:09:21
Bob (ME)	63	Time Cum	02:22	03:35	05:21	06:03	07:11	08:17	09:17	10:30	11:22	12:00	13:18	14:08	15:22	18:05	18:58	21:28	23:31	26:30	28:09:21
		Time Delta	02:22	01:13	01:46	00:42	01:08	01:06	01:00	01:13	00:52	00:38	01:18	00:50	01:14	02:43	00:53	02:30	02:03	02:59	01:39:21
Age 55		Pace Cum	11:11	11:37	11:23	11:36	11:47	12:06	12:28	12:48	13:04	13:00	13:11	13:24	13:25	14:49	14:50	15:16	15:49	16:41	16:54
Group M50-59		Pace Delta	11:11	12:35	10:56	13:33	12:50	14:40	16:40	16:13	17:20	11:52	15:18	17:51	13:42	36:13	15:09	19:29	25:38	29:21	21:08
Overall-Group		Position	83-10	90-12	71-9	67-9	67-8	72-9	72-9	79-11	84-11	79-12	76-11	74-11	83-13	111-18	108-17	105-18	111-19	114-20	116-20
Stevens,	117	Time of Day	06:13	07:23	09:20	10:34	11:54	13:12	14:19	15:40	16:35	17:21	19:08	19:59	21:13	22:52	23:39	26:10	28:05	30:54	32:09:33
Raymond (CA)	215	Time Cum	02:13	03:23	05:20	06:34	07:54	09:12	10:19	11:40	12:35	13:21	15:08	15:59	17:13	18:52	19:39	22:10	24:05	26:54	28:09:33
		Time Delta	02:13	01:10	01:57	01:14	01:20	01:18	01:07	01:21	00:55	00:46	01:47	00:51	01:14	01:39	00:47	02:31	01:55	02:49	01:15:33
Age 43		Pace Cum	10:28	10:58	11:21	12:35	12:57	13:26	13:51	14:14	14:28	14:28	15:00	15:09	15:02	15:28	15:22	15:45	16:12	16:56	16:54
Group M40-49		Pace Delta	10:28	12:04	12:04	23:52	15:06	17:20	18:37	18:00	18:20	14:22	20:59	18:13	13:42	22:00	13:26	19:37	23:58	27:42	16:04
Overall-Group		Position	61-28	67-30	69-31	114-34	127-37	142-40	143-39	148-40	150-38	152-37	156-41	152-39	146-38	136-35	128-33	123-35	123-34	123-36	117-34
<u>Helling,</u>	118	Time of Day	06:37	07:52	09:56	10:46	12:00	13:09	14:10	15:16	16:07	16:48	18:17	19:10	20:21	22:15	23:09	25:48	27:34	30:30	32:09:45
Dot (VT)	13	Time Cum	02:37	03:52	05:56	06:46	08:00	09:09	10:10	11:16	12:07	12:48	14:17	15:10	16:21	18:15	19:09	21:48	23:34	26:30	28:09:45
		Time Delta	02:37	01:15	02:04	00:50	01:14	01:09	01:01	01:06	00:51	00:41	01:29	00:53	01:11	01:54	00:54	02:39	01:46	02:56	01:39:45
Age 56		Pace Cum	12:22	12:32	12:37	12:58	13:07	13:21	13:39	13:44	13:56	13:52	14:10	14:23	14:17	14:58	14:59	15:30	15:51	16:41	16:54
Group F50-59		Pace Delta	12:22	12:56	12:47	16:08	13:58	15:20	16:57	14:40	17:00	12:49	17:27	18:56	13:09	25:20	15:26	20:39	22:05	28:51	21:13
Overall-Group		Position	164-5	142-4	146-4	138-4	144-4	138-4	133-4	127-3	129-4	125-4	119-4	113-4	116-5	114-5	114-5	112-4	112-4	114-4	118-4
<u>Collins-Pulick,</u>	119	Time of Day	06:39	08:01	10:07	10:55	12:04	13:10	14:09	15:10	15:59	16:35	18:04	18:56	20:12	21:37		25:00	26:55	30:19	32:10:22
Susan (MA)	39	Time Cum	02:39	04:01	06:07	06:55	08:04	09:10	10:09	11:10	11:59	12:35	14:04	14:56	16:12	17:37		21:00	22:55	26:19	28:10:22
		Time Delta	02:39	01:22	02:06	00:48	01:09	01:06	00:59	01:01	00:49	00:36	01:29	00:52	01:16	01:25		03:23	01:55	03:24	01:51:22
Age 38		Pace Cum	12:31	13:02	13:01	13:16	13:13	13:23	13:37	13:37	13:46	13:38	13:57	14:09	14:09	14:26		14:56	15:25	16:34	16:54
Group F30-39		Pace Delta	12:31	14:08	12:59	15:29	13:01	14:40	16:23	13:33	16:20	11:15	17:27	18:34	14:04	18:53		18:07	23:58	33:27	23:42
Overall-Group		Position	169-15	176-16	172-15	156-14	146-14	140-14	131-14	120-12	118-12	110-12	110-11	109-11	108-10	100-10		97-9	102-9	109-8	119-10

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Carboni, Grant (CA) 255 Age 35 Group M30-39 Overall-Group	120 Time of Day Time Cum Time Delta Pace Cum Pace Delta Position	06:29 02:29 02:29 11:44 11:44 119-30	07:55 03:55 01:26 12:42 14:50 161-35	10:08 06:08 02:13 13:03 13:43 179-38	11:18 07:18 01:10 14:00 22:35 186-41	12:30 08:30 01:12 13:56 13:35 181-39	13:35 09:35 01:05 13:59 14:27 169-37	14:58 10:58 01:23 14:43 23:03 185-43	16:13 12:13 01:15 14:54 16:40 183-41	17:01 13:01 00:48 14:58 16:00 177-39	17:35 13:35 00:34 14:43 10:37 162-36		20:13 16:13 02:38 15:22 20:00 158-33	21:23 17:23 01:10 15:11 24:13 153-32	23:12 19:12 01:49 15:44 24:13 148-32	24:02 20:02 00:50 15:40 14:17 144-32	26:44 22:44 02:42 16:10 21:02 135-29	28:34 24:34 01:50 16:31 22:55 137-29	30:59 26:59 02:25 16:59 23:46 130-26	32:12:48 28:12:48 01:13:48 16:56 15:42 120-25
Suarez, Javier (MD) 220 Age 37 Group M30-39 Overall-Group	121 Time of Day Time Cum Time Delta Pace Cum Pace Delta Position	06:33 02:33 02:33 12:03 12:03 135-31	07:57 03:57 01:24 12:49 14:29 169-36	10:07 06:07 02:10 13:01 13:24 172-37	11:02 07:02 00:55 13:29 17:45 167-36	12:22 08:22 01:20 13:43 15:06 169-37	13:35 09:35 01:13 13:59 16:13 169-37	14:49 10:49 01:14 14:31 20:33 173-37	16:10 12:10 01:21 14:50 18:00 174-38	17:05 13:05 00:55 15:02 18:20 186-42	17:49 13:49 00:44 14:58 13:45 178-40	19:25 15:25 01:36 15:17 20:43 164-35	20:23 16:23 00:58 15:32 20:43 167-35	21:36 17:36 01:13 15:22 13:31 160-34	23:56 19:56 02:20 16:20 21:07 160-33	25:06 21:06 01:10 16:30 20:00 157-34	27:03 23:03 01:57 16:23 15:12 141-30	28:31 24:31 01:28 16:29 18:20 135-28	30:57 26:57 02:26 16:58 23:56 128-25	32:15:07 28:15:07 01:18:07 16:57 16:37 121-26
MacKenzie, Darrin (VT) 145 Age 46 Group M40-49 Overall-Group	122 Time of Day Time Cum Time Delta Pace Cum Pace Delta Position	06:55 02:55 02:55 13:47 13:47 218-58	08:26 04:26 01:31 14:23 15:41 225-63	10:39 06:39 02:13 14:09 13:43 218-61	11:37 07:37 00:58 14:36 18:43 213-59	13:10 09:10 01:33 15:02 17:33 214-58	14:25 10:25 01:15 15:12 22:47 208-57	15:47 11:47 01:22 15:49 16:13 210-59	17:00 13:00 01:13 15:51 18:20 201-57	17:55 13:55 00:55 16:00 12:30 203-57	18:35 14:35 00:40 15:48 12:30 197-54	20:15 16:15 01:40 16:07 19:36 182-48	21:06 17:06 00:51 16:13 18:13 181-47	22:31 18:31 01:25 16:10 15:44 174-46	24:08 20:08 01:37 16:30 21:33 161-44	24:59 20:59 00:51 16:25 14:34 155-43	27:11 23:11 02:12 16:29 17:09 142-39	28:44 24:44 01:33 16:38 21:58 142-39	30:58 26:58 02:14 16:59 21:58 129-38	32:16:51 28:16:51 01:18:51 16:58 16:47 122-35
Otto, Jerome (NE) 173 Age 43 Group M40-49 Overall-Group	123 Time of Day Time Cum Time Delta Pace Cum Pace Delta Position	06:19 02:19 02:19 10:57 10:57 77-33	07:43 03:43 01:24 12:03 14:29 112-38	09:53 05:53 02:10 12:31 13:24 137-41	10:50 06:50 00:57 13:06 18:23 146-42	12:08 08:08 01:18 13:20 14:43 151-43	13:20 09:20 01:12 13:38 16:00 152-43	14:30 10:30 01:10 14:06 19:27 158-45	15:43 11:43 01:13 14:17 16:13 152-42	16:39 12:39 00:56 14:32 18:40 155-41	17:20 13:20 00:41 14:26 12:49 150-36	18:52 14:52 01:32 14:45 18:02 144-36	20:01 16:01 01:09 15:11 24:39 154-41	21:12 17:12 01:11 15:01 13:09 145-37	23:04 19:04 01:52 15:38 24:53 144-38	24:04 20:04 01:00 15:42 17:09 145-38	26:17 22:17 02:13 15:50 17:16 126-36	28:15 24:15 01:58 16:19 24:35 129-36	30:54 26:54 02:39 16:56 26:04 123-36	32:17:30 28:17:30 01:23:30 16:59 17:46 123-36
Sorrell, Barbara (NY) 211 Age 49 Group F40-49 Overall-Group	124 Time of Day Time Cum Time Delta Pace Cum Pace Delta Position	06:35 02:35 02:35 12:12 12:12 150-8	07:52 03:52 01:17 12:32 13:17 142-9	10:00 06:00 02:08 12:46 13:12 156-11	10:51 06:51 00:51 13:08 16:27 150-11	12:10 08:10 01:19 13:23 14:54 153-11	13:15 09:15 01:05 13:30 14:27 145-11	14:12 10:12 00:57 13:41 15:50 137-9	15:25 11:25 01:13 13:55 16:13 134-10	16:13 12:13 00:48 14:03 16:00 132-10	16:56 12:56 00:43 14:00 13:26 134-10	18:16 14:16 01:20 14:09 15:41 118-8	19:12 15:12 00:56 14:24 20:00 116-8	20:15 16:15 01:03 14:12 11:40 111-7	22:05 18:05 01:50 14:49 24:27 111-7	22:58 18:58 00:53 14:50 15:09 108-7	26:15 22:15 03:17 15:49 25:35 125-8	28:17 24:17 02:02 16:20 25:25 130-9	30:54 26:54 02:37 16:56 25:44 123-9	32:23:58 28:23:58 01:29:58 17:02 19:09 124-8
Solheim, Karsten L (AZ) 210 Age 69 Group M60-69 Overall-Group	125 Time of Day Time Cum Time Delta Pace Cum Pace Delta Position	06:39 02:39 02:39 12:31 12:31 169-10	08:01 04:01 01:22 13:02 14:08 176-11	10:19 06:19 02:18 13:26 14:14 190-13	11:12 07:12 00:53 13:48 17:06 179-13	12:26 08:26 01:14 13:50 13:58 174-13	13:45 09:45 01:19 14:14 17:33 176-12	14:37 10:37 00:52 14:15 14:27 163-13	15:44 11:44 01:07 14:19 14:53 153-12	16:39 12:39 00:55 14:32 18:20 155-12	17:18 13:18 00:39 14:24 12:11 147-11	18:58 14:58 01:40 14:51 19:36 149-12	19:56 15:56 00:58 15:06 20:43 147-14	21:03 17:03 01:07 14:53 12:24 140-12	22:33 18:33 01:30 15:12 20:00 124-12	23:30 19:30 00:57 15:15 16:17 124-12	26:04 22:04 02:34 15:41 20:00 121-12	27:39 23:39 01:35 15:54 19:48 114-11	30:38 26:38 02:59 16:46 29:21 116-12	32:24:23 28:24:23 01:46:23 17:03 22:38 125-13
Estrada, Zeus (MA) 68 Age 46 Group M40-49 Overall-Group	126 Time of Day Time Cum Time Delta Pace Cum Pace Delta Position	06:18 02:18 02:18 10:52 10:52 75-32	07:35 03:35 01:17 11:37 13:17 90-34	09:39 05:39 02:04 12:01 12:47 111-36	11:04 07:04 01:25 13:33 27:25 169-48	12:56 08:56 01:07 14:39 21:08 210-57	14:03 10:03 01:14 15:09 14:53 200-54	15:17 11:17 01:28 15:33 20:33 199-56	16:45 12:45 00:44 15:30 19:33 197-55	17:29 13:29 00:35 15:14 14:40 194-54	18:04 14:04 00:35 15:14 10:56 187-50	19:41 15:41 01:37 15:33 19:01 172-45	20:32 16:32 00:51 15:40 18:13 171-44	21:37 17:37 01:05 15:23 12:02 162-42	23:20 19:20 01:43 15:51 22:53 152-39	24:20 20:20 01:00 15:54 17:09 149-39	26:54 22:54 02:34 16:17 20:00 138-37	28:39 24:39 01:45 16:35 21:53 140-38	30:53 26:53 02:14 16:56 21:58 121-35	32:27:06 28:27:06 01:34:06 17:04 20:01 126-37

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
<u>Cook,</u>	127	Time of Day	06:33	07:49	09:48	10:35	11:45	12:52	13:53	15:03	15:59	16:42	18:12	19:10	20:54	22:50	23:45	26:27	28:14	30:53	32:28:43
Ethel (PA)		Time Cum	02:33	03:49	05:48	06:35	07:45	08:52	09:53	11:03	11:59	12:42	14:12	15:10	16:54	18:50	19:45	22:27	24:14	26:53	28:28:43
41		Time Delta	02:33	01:16	01:59	00:47	01:10	01:07	01:01	01:10	00:56	00:43	01:30	00:58	01:44	01:56	00:55	02:42	01:47	02:39	01:35:43
Age 41		Pace Cum	12:03	12:23	12:20	12:37	12:42	12:57	13:16	13:29	13:46	13:45	14:05	14:23	14:46	15:26	15:27	15:58	16:18	16:56	17:05
Group F40-49		Pace Delta	12:03	13:06	12:16	15:10	13:12	14:53	16:57	15:33	18:40	13:26	17:39	20:43	19:16	25:47	15:43	21:02	22:18	26:04	20:22
Overall-Group		Position	135-7	131-6	126-8	119-8	114-8	115-8	116-8	116-8	118-8	121-9	115-7	113-7	134-10	133-10	134-10	129-9	128-8	121-8	127-9
Whipple,	128	Time of Day	06:31	07:48	09:59	10:55	12:12	13:20	14:25	15:44	16:34	17:16	18:40	19:36	20:51	23:06	24:00	26:33	28:19	30:59	32:33:07
Craig (VT)		Time Cum	02:31	03:48	05:59	06:55	08:12	09:20	10:25	11:44	12:34	13:16	14:40	15:36	16:51	19:06	20:00	22:33	24:19	26:59	28:33:07
246		Time Delta	02:31	01:17	02:11	00:56	01:17	01:08	01:05	01:19	00:50	00:42	01:24	00:56	01:15	02:15	00:54	02:33	01:46	02:40	01:34:07
Age 53		Pace Cum	11:53	12:19	12:44	13:16	13:27	13:38	13:59	14:19	14:27	14:22	14:33	14:47	14:43	15:39	15:39	16:02	16:21	16:59	17:08
Group M50-59		Pace Delta	11:53	13:17	13:30	18:04	14:32	15:07	18:03	17:33	16:40	13:07	16:28	20:00	13:53	30:00	15:26	19:52	22:05	26:14	20:01
Overall-Group		Position	126-21	129-21	154-27	156-27	155-27	152-26	150-24	153-26	149-26	146-26	139-24	134-24	133-23	145-24	141-23	131-22	131-23	130-22	128-21
<u>Wack,</u>	129	Time of Day	06:34	07:51	10:02	10:50	12:15	13:20	14:21	15:28	16:19	16:57	18:29	19:22	20:35	22:55	23:55	26:29	28:27	31:15	32:35:52
Linda (MD)		Time Cum	02:34	03:51	06:02	06:50	08:15	09:20	10:21	11:28	12:19	12:57	14:29	15:22	16:35	18:55	19:55	22:29	24:27	27:15	28:35:52
239		Time Delta	02:34	01:17	02:11	00:48	01:25	01:05	01:01	01:07	00:51	00:38	01:32	00:53	01:13	02:20	01:00	02:34	01:58	02:48	01:20:52
Age 50		Pace Cum	12:08	12:29	12:50	13:06	13:31	13:38	13:54	13:59	14:09	14:02	14:22	14:34	14:29	15:30	15:35	15:59	16:27	17:09	17:10
Group F50-59		Pace Delta	12:08	13:17	13:30	15:29	16:02	14:27	16:57	14:53	17:00	11:52	18:02	18:56	13:31	31:07	17:09	20:00	24:35	27:32	17:12
Overall-Group		Position	144-3	140-3	163-6	146-5	161-7	152-6	146-5	140-6	141-6	135-6	130-6	125-6	121-6	141-6	140-6	130-5	134-5	134-5	129-5
<u>Dionne,</u>	130	Time of Day	06:28	07:46	09:46	10:43	11:55	13:00	13:58	15:24	16:15	16:52	18:27	19:17	20:24	22:15	23:26	26:36	28:08	30:44	32:37:43
Rachel (NH)		Time Cum	02:28	03:46	05:46	06:43	07:55	09:00	09:58	11:24	12:15	12:52	14:27	15:17	16:24	18:15	19:26	22:36	24:08	26:44	28:37:43
55		Time Delta	02:28	01:18	02:00	00:57	01:12	01:05	00:58	01:26	00:51	00:37	01:35	00:50	01:07	01:51	01:11	03:10	01:32	02:36	01:53:43
Age 23		Pace Cum	11:39	12:13	12:16	12:53	12:59	13:08	13:23	13:54	14:05	13:56	14:20	14:29	14:19	14:58	15:12	16:04	16:14	16:50	17:11
Group F20-29		Pace Delta	11:39	13:27	12:22	18:23	13:35	14:27	16:07	19:07	17:00	11:34	18:38	17:51	12:24	24:40	20:17	24:41	19:10	25:34	24:12
Overall-Group		Position	114-5	121-5	123-4	134-4	130-4	123-4	123-4	133-4	134-4	127-4	128-4	122-4	119-4	114-4	121-4	133-4	125-4	119-4	130-4
Gaylord,	131	Time of Day	06:42	08:09	10:18	11:25	12:43	13:55	15:25	16:35	17:30	18:10	19:44	20:31	21:38	25:12	26:07	28:17	29:35	31:43	32:37:52
Robert (VA)		Time Cum	02:42	04:09	06:18	07:25	08:43	09:55	11:25	12:35	13:30	14:10	15:44	16:31	17:38	21:12	22:07	24:17	25:35	27:43	28:37:52
78		Time Delta	02:42	01:27	02:09	01:07	01:18	01:12	01:30	01:10	00:55	00:40	01:34	00:47	01:07	03:34	00:55	02:10	01:18	02:08	00:54:52
Age 57		Pace Cum	12:45	13:28	13:24	14:13	14:17	14:29	15:19	15:21	15:31	15:21	15:36	15:39	15:24	17:23	17:18	17:16	17:13	17:27	17:11
Group M50-59		Pace Delta	12:45	15:00	13:18	21:37	14:43	16:00	25:00	15:33	18:20	12:30	18:26	16:47	12:24	47:33	15:43	16:53	16:15	20:59	11:40
Overall-Group		Position	189-37	194-37	187-37	195-40	197-41	187-36	203-37	194-36	196-36	190-35	174-31	170-32	163-30	171-28	168-27	154-25	152-26	144-23	131-22
<u>Walcott,</u>	132	Time of Day	06:43	08:14	10:35	11:36	12:57	14:12	15:17	16:38	17:31	18:13	19:56	20:50	22:51	25:12	26:08	28:18	29:35	31:43	32:37:53
Kirstin (DC)		Time Cum	02:43	04:14	06:35	07:36	08:57	10:12	11:17	12:38	13:31	14:13	15:56	16:50	18:51	21:12	22:08	24:18	25:35	27:43	28:37:53
240		Time Delta	02:43	01:31	02:21	01:01	01:21	01:15	01:05	01:21	00:53	00:42	01:43	00:54	02:01	02:21	00:56	02:10	01:17	02:08	00:54:53
Age 35		Pace Cum	12:50	13:44	14:00	14:34	14:40	14:53	15:09	15:24	15:32	15:24	15:48	15:57	16:28	17:23	17:19	17:16	17:13	17:27	17:11
Group F30-39		Pace Delta	12:50	15:41	14:32	19:41	15:17	16:40	18:03	18:00	17:40	13:07	20:12	19:17	22:24	31:20	16:00	16:53	16:03	20:59	11:41
Overall-Group		Position	193-18	205-19	210-19	212-19	211-19	204-18	199-19	196-17	199-18	193-18	179-17	177-18	180-19	171-18	169-17	155-15	152-15	144-14	132-11
Desnoyers,	133	Time of Day	06:26	07:41	10:02	11:10	12:25	13:35	15:02	16:12	17:04	17:49	19:44	20:55	22:31	24:47	25:41	27:58	29:41	31:50	32:39:43
Dennis (MA)		Time Cum	02:26	03:41	06:02	07:10	08:25	09:35	11:02	12:12	13:04	13:49	15:44	16:55	18:31	20:47	21:41	23:58	25:41	27:50	28:39:43
257		Time Delta	02:26	01:15	02:21	01:08	01:15	01:10	01:27	01:10	00:52	00:45	01:55	01:11	01:36	02:16	00:54	02:17	01:43	02:09	00:49:43
Age 36		Pace Cum	11:30	11:57	12:50	13:44	13:48	13:59	14:49	14:53	15:01	14:58	15:36	16:02	16:10	17:02	16:58	17:02	17:17	17:31	17:12
Group M30-39		Pace Delta	11:30	12:56	14:32	21:56	14:09	15:33	24:10	15:33	17:20	14:04	22:33	25:21	17:47	30:13	15:26	17:48	21:28	21:09	10:35
Overall-Group		Position	113-28	107-28	163-36	177-38	173-38	169-37	193-44	179-40	182-40	178-40	174-39	178-39	174-38	169-35	164-35	151-32	156-32	148-29	133-27

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
<u>Jefferson,</u>	134	Time of Day	06:23	07:38	09:36	10:31	11:41	12:47	13:47	15:03	15:59	16:38	18:19	19:11	20:25	22:33	23:41	26:34	28:26	31:08	32:39:57
Aimee M (MA)	259	Time Cum	02:23	03:38	05:36	06:31	07:41	08:47	09:47	11:03	11:59	12:38	14:19	15:11	16:25	18:33	19:41	22:34	24:26	27:08	28:39:57
		Time Delta	02:23	01:15	01:58	00:55	01:10	01:06	01:00	01:16	00:56	00:39	01:41	00:52	01:14	02:08	01:08	02:53	01:52	02:42	01:31:57
Age 33		Pace Cum	11:16	11:47	11:55	12:30	12:36	12:49	13:08	13:29	13:46	13:41	14:12	14:24	14:20	15:12	15:24	16:03	16:26	17:05	17:12
Group F30-39		Pace Delta	11:16	12:56	12:10	17:45	13:12	14:40	16:40	16:53	18:40	12:11	19:48	18:34	13:42	28:27	19:26	22:28	23:20	26:33	19:34
Overall-Group		Position	99-7	105-10	105-10	112-11	109-10	107-10	111-10	116-11	118-12	115-13	121-13	115-12	120-12	124-11	130-11	132-11	133-11	132-11	134-12
<u>Schultz,</u>	135	Time of Day	06:16	07:32	09:30	10:21	11:55	13:03	14:01	15:10	16:05	16:52	18:39	19:47	21:00	22:52	23:39	25:59	27:53	30:56	32:40:56
Michelle (CO)	202	Time Cum	02:16	03:32	05:30	06:21	07:55	09:03	10:01	11:10	12:05	12:52	14:39	15:47	17:00	18:52	19:39	21:59	23:53	26:56	28:40:56
		Time Delta	02:16	01:16	01:58	00:51	01:34	01:08	00:58	01:09	00:55	00:47	01:47	01:08	01:13	01:52	00:47	02:20	01:54	03:03	01:44:56
Age 38		Pace Cum	10:43	11:28	11:42	12:10	12:59	13:13	13:27	13:37	13:53	13:56	14:32	14:58	14:51	15:28	15:22	15:38	16:04	16:57	17:13
Group F30-39		Pace Delta	10:43	13:06	12:10	16:27	17:44	15:07	16:07	15:20	18:20	14:41	20:59	24:17	13:31	24:53	13:26	18:11	23:45	30:00	22:20
Overall-Group		Position	71-5	80-5	87-8	91-9	130-11	128-12	127-13	120-12	127-14	127-14	136-14	138-14	139-14	136-12	128-10	115-10	120-10	127-10	135-13
Golding, Pete (ME)	86	Time of Day	06:28	07:46	09:37	10:24	11:33	12:34	13:38	14:43	15:32	16:11	17:38	18:37	19:44	21:40	22:42	25:37	27:43	30:47	32:42:26
		Time Cum	02:28	03:46	05:37	06:24	07:33	08:34	09:38	10:43	11:32	12:11	13:38	14:37	15:44	17:40	18:42	21:37	23:43	26:47	28:42:26
Age 51	Group M50-59	Time Delta	02:28	01:18	01:51	00:47	01:09	01:01	01:04	01:05	00:49	00:39	01:27	00:59	01:07	01:56	01:02	02:55	02:06	03:04	01:55:26
		Pace Cum	11:39	12:13	11:57	12:16	12:23	12:30	12:56	13:04	13:15	13:12	13:31	13:51	13:44	14:29	14:38	15:22	15:57	16:52	17:13
Overall-Group		Pace Delta	11:39	13:27	11:27	15:10	13:01	13:33	17:47	14:27	16:20	12:11	17:04	21:04	12:24	25:47	17:43	22:44	26:15	30:10	24:34
Overall-Group		Position	114-18	121-20	108-17	94-15	99-15	92-15	101-15	91-14	90-14	91-14	99-16	99-16	98-15	103-16	104-16	108-19	116-21	120-21	136-23
Devlin, Vincent (AZ)	52	Time of Day	06:31	07:43	09:34	10:18	11:30	12:45	13:50	15:05	15:57	16:36	18:08	19:05	20:17	22:03	23:04	26:07	28:06	31:08	32:42:38
		Time Cum	02:31	03:43	05:34	06:18	07:30	08:45	09:50	11:05	11:57	12:36	14:08	15:05	16:17	18:03	19:04	22:07	24:06	27:08	28:42:38
Age 68	Group M60-69	Time Delta	02:31	01:12	01:51	00:44	01:12	01:15	01:05	01:15	00:52	00:39	01:32	00:57	01:12	01:46	01:01	03:03	01:59	03:02	01:34:38
		Pace Cum	11:53	12:03	11:51	12:05	12:18	12:46	13:12	13:31	13:44	13:39	14:01	14:18	14:13	14:48	14:55	15:43	16:13	17:05	17:14
Overall-Group		Pace Delta	11:53	12:25	11:27	14:12	13:35	16:40	18:03	16:40	17:20	12:11	18:02	20:21	13:20	23:33	17:26	23:46	24:48	29:50	20:08
Overall-Group		Position	126-7	112-7	95-5	86-3	86-4	104-5	113-7	118-7	117-7	114-7	113-9	111-9	112-9	109-10	111-11	122-13	124-13	132-14	137-14
Mujica, Hugo H (CT)	160	Time of Day	06:35	07:57	10:08	11:22	12:35	13:55	14:59	16:32	17:29	18:04	19:41	20:45	22:12	24:12	25:16	27:39	29:15	31:41	32:43:11
		Time Cum	02:35	03:57	06:08	07:22	08:35	09:55	10:59	12:32	13:29	14:04	15:41	16:45	18:12	20:12	21:16	23:39	25:15	27:41	28:43:11
Age 49	Group M40-49	Time Delta	02:35	01:22	02:11	01:14	01:13	01:20	01:04	01:33	00:57	00:35	01:37	01:04	01:27	02:00	01:04	02:23	01:36	02:26	01:02:11
		Pace Cum	12:12	12:49	13:03	14:07	14:04	14:29	14:45	15:17	15:30	15:14	15:33	15:53	15:54	16:33	16:38	16:49	16:59	17:26	17:14
Overall-Group		Pace Delta	12:12	14:08	13:30	23:52	13:46	17:47	17:47	20:40	19:00	10:56	19:01	22:51	16:07	26:40	18:17	18:34	20:00	23:56	13:14
Overall-Group		Position	150-46	169-49	179-50	192-53	183-50	187-51	187-51	192-54	194-54	187-50	172-45	175-45	172-45	163-45	159-44	146-41	147-41	142-40	138-38
<u>Matukaitis,</u>	Kira (VA)	Time of Day	06:55	08:21	10:54	12:03	13:33	14:50	15:57	17:18	18:13	19:02	20:40	21:39	23:02	24:47	25:41	27:59	29:29	31:38	32:46:55
		Time Cum	02:55	04:21	06:54	08:03	09:33	10:50	11:57	13:18	14:13	15:02	16:40	17:39	19:02	20:47	21:41	23:59	25:29	27:38	28:46:55
Age 29	Group F20-29	Time Delta	02:55	01:26	02:33	01:09	01:30	01:17	01:07	01:21	00:55	00:49	01:38	00:59	01:23	01:45	00:54	02:18	01:30	02:09	01:08:55
		Pace Cum	13:47	14:06	14:41	15:26	15:39	15:49	16:02	16:13	16:20	16:17	16:32	16:44	16:37	17:02	16:58	17:03	17:08	17:24	17:16
Overall-Group		Pace Delta	13:47	14:50	15:46	22:15	16:59	17:07	18:37	18:00	18:20	15:19	19:13	21:04	15:22	23:20	15:26	17:55	18:45	21:09	14:40
Overall-Group		Position	218-6	212-6	225-6	226-6	222-6	216-6	215-6	210-6	211-6	207-6	198-6	195-6	187-5	169-5	164-5	152-5	149-5	140-5	139-5
<u>Theruka,</u>	Karen (CA)	Time of Day	06:29	07:56	10:04	11:18	12:28		14:44	16:13	17:00	17:38		20:14	21:23	23:06	24:00	26:45	28:50	31:17	32:49:55
		Time Cum	02:29	03:56	06:04	07:18	08:28		10:44	12:13	13:00	13:38		16:14	17:23	19:06	20:00	22:45	24:50	27:17	28:49:55
Age 38	Group F30-39	Time Delta	02:29	01:27	02:08	01:14	01:10		02:16	01:29	00:47	00:38		02:36	01:09	01:43	00:54	02:45	02:05	02:27	01:32:55
		Pace Cum	11:44	12:45	12:54	14:00	13:53		14:24	14:54	14:57	14:46		15:23	15:11	15:39	15:39	16:10	16:42	17:11	17:18
Overall-Group		Pace Delta	11:44	15:00	13:12	23:52	13:12		16:47	19:47	15:40	11:52		19:45	12:47	22:53	15:26	21:26	26:03	24:06	19:46
Overall-Group		Position	119-12	164-13	168-14	186-17	176-16		167-16	183-16	176-16	166-16		159-15	153-15	145-13	141-12	136-12	143-13	136-12	140-14

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
<u>Braun,</u>	141	Time of Day	06:40	08:03	10:22	11:27	12:49	13:55	14:56	16:24	17:16	17:58	19:40	20:30	21:40	23:17	24:11	27:25	29:09	31:37	32:53:07
Kathleen M (WI)	20	Time Cum	02:40	04:03	06:22	07:27	08:49	09:55	10:56	12:24	13:16	13:58	15:40	16:30	17:40	19:17	20:11	23:25	25:09	27:37	28:53:07
		Time Delta	02:40	01:23	02:19	01:05	01:22	01:06	01:01	01:28	00:52	00:42	01:42	00:50	01:10	01:37	00:54	03:14	01:44	02:28	01:16:07
Age 41		Pace Cum	12:36	13:08	13:33	14:17	14:27	14:29	14:41	15:07	15:15	15:08	15:32	15:38	15:26	15:48	15:47	16:39	16:55	17:23	17:20
Group F40-49		Pace Delta	12:36	14:19	14:20	20:58	15:28	14:40	16:57	19:33	17:20	13:07	20:00	17:51	12:58	21:33	15:26	25:12	21:40	24:16	16:12
Overall-Group		Position	180-12	185-12	194-12	202-12	205-12	187-12	180-11	190-12	190-12	182-12	171-11	169-11	165-11	150-11	147-11	145-11	145-11	139-11	141-10
Mulvey,	142	Time of Day	06:39	08:02	10:11	11:12	12:28		14:54	16:06	17:04	17:40	19:13	19:59	21:11	22:40	23:27	25:57	28:13	31:38	32:54:48
Edward (MA)	161	Time Cum	02:39	04:02	06:11	07:12	08:28		10:54	12:06	13:04	13:40	15:13	15:59	17:11	18:40	19:27	21:57	24:13	27:38	28:54:48
		Time Delta	02:39	01:23	02:09	01:01	01:16		02:26	01:12	00:58	00:36	01:33	00:46	01:12	01:29	00:47	02:30	02:16	03:25	01:16:48
Age 49		Pace Cum	12:31	13:05	13:09	13:48	13:53		14:38	14:45	15:01	14:48	15:05	15:09	15:00	15:18	15:13	15:36	16:17	17:24	17:21
Group M40-49		Pace Delta	12:31	14:19	13:18	19:41	14:20		18:01	16:00	19:20	11:15	18:14	16:26	13:20	19:47	13:26	19:29	28:20	33:36	16:20
Overall-Group		Position	169-49	182-51	184-51	179-51	176-48		178-48	171-47	182-50	167-44	159-42	152-39	144-36	129-31	122-30	114-32	127-35	140-39	142-39
<u>Mulvey,</u>	143	Time of Day	06:36	07:54	09:54	10:41	11:55	13:00		15:11	16:00	16:35	18:28	19:22	20:49	22:43	23:44	26:48	28:36	31:19	32:54:49
Cheryl (MA)	162	Time Cum	02:36	03:54	05:54	06:41	07:55	09:00		11:11	12:00	12:35	14:28	15:22	16:49	18:43	19:44	22:48	24:36	27:19	28:54:49
		Time Delta	02:36	01:18	02:00	00:47	01:14	01:05		02:11	00:49	00:35	01:53	00:54	01:27	01:54	01:01	03:04	01:48	02:43	01:35:49
Age 46		Pace Cum	12:17	12:39	12:33	12:49	12:59	13:08		13:38	13:48	13:38	14:21	14:34	14:41	15:20	15:26	16:13	16:33	17:12	17:21
Group F40-49		Pace Delta	12:17	13:27	12:22	15:10	13:58	14:27		16:10	16:20	10:56	22:09	19:17	16:07	25:20	17:26	23:54	22:30	26:43	20:23
Overall-Group		Position	157-9	157-11	139-9	131-9	130-9	123-9		125-9	122-9	110-7	129-9	125-9	132-9	130-9	132-9	137-10	139-10	137-10	143-11
Coyne,	144	Time of Day	06:34	07:59	10:10	11:06	12:28	13:39	14:48	16:09	16:58	17:40	19:12	20:12	21:34	23:50	25:06	27:42	29:31	31:45	32:55:46
Bob (MD)	45	Time Cum	02:34	03:59	06:10	07:06	08:28	09:39	10:48	12:09	12:58	13:40	15:12	16:12	17:34	19:50	21:06	23:42	25:31	27:45	28:55:46
		Time Delta	02:34	01:25	02:11	00:56	01:22	01:11	01:09	01:21	00:49	00:42	01:32	01:00	01:22	02:16	01:16	02:36	01:49	02:14	01:10:46
Age 59		Pace Cum	12:08	12:55	13:07	13:37	13:53	14:05	14:30	14:49	14:54	14:48	15:04	15:21	15:21	16:15	16:30	16:51	17:10	17:28	17:21
Group M50-59		Pace Delta	12:08	14:39	13:30	18:04	15:28	15:47	19:10	18:00	16:20	13:07	18:02	21:26	15:11	30:13	21:43	20:16	22:43	21:58	15:03
Overall-Group		Position	144-24	175-36	183-36	174-32	176-35	174-33	170-31	172-33	172-32	167-31	157-29	157-30	158-28	158-26	157-24	147-23	151-25	147-25	144-24
Rosenstein,	145	Time of Day	06:22	07:36	09:37	10:42	11:54	13:00	13:59	15:01	15:54	16:40	18:17	19:20	20:36	22:30	23:23	26:13	28:23	31:16	32:57:53
Phil (WI)	193	Time Cum	02:22	03:36	05:37	06:42	07:54	09:00	09:59	11:01	11:54	12:40	14:17	15:20	16:36	18:30	19:23	22:13	24:23	27:16	28:57:53
		Time Delta	02:22	01:14	02:01	01:05	01:12	01:06	00:59	01:02	00:53	00:46	01:37	01:03	01:16	01:54	00:53	02:50	02:10	02:53	01:41:53
Age 36		Pace Cum	11:11	11:41	11:57	12:51	12:57	13:08	13:24	13:26	13:41	13:43	14:10	14:32	14:30	15:10	15:10	15:48	16:24	17:10	17:23
Group M30-39		Pace Delta	11:11	12:46	12:28	20:58	13:35	14:40	16:23	13:47	17:40	14:22	19:01	22:30	14:04	25:20	15:09	22:05	27:05	28:22	21:41
Overall-Group		Position	83-19	97-25	108-28	132-31	127-31	123-30	124-31	113-29	115-30	118-31	119-29	123-28	122-28	121-28	120-29	124-26	132-27	135-27	145-28
Johnson,	146	Time of Day	06:57	08:33	10:56	11:55	13:18	14:39	15:50	17:06	18:01	18:46	20:18	21:20	22:49	24:38	25:40	27:51	29:20	31:43	33:03:27
Dennis (IA)	117	Time Cum	02:57	04:33	06:56	07:55	09:18	10:39	11:50	13:06	14:01	14:46	16:18	17:20	18:49	20:38	21:40	23:51	25:20	27:43	29:03:27
		Time Delta	02:57	01:36	02:23	00:59	01:23	01:21	01:11	01:16	00:55	00:45	01:32	01:02	01:29	01:49	01:02	02:11	01:29	02:23	01:20:27
Age 57		Pace Cum	13:56	14:45	14:45	15:11	15:15	15:33	15:53	15:59	16:07	16:00	16:10	16:26	16:26	16:55	16:57	16:57	17:02	17:27	17:26
Group M50-59		Pace Delta	13:56	16:33	14:45	19:02	15:40	18:00	19:43	16:53	18:20	14:04	18:02	22:09	16:29	24:13	17:43	17:01	18:33	23:27	17:07
Overall-Group		Position	227-48	230-48	228-48	220-46	217-45	213-44	212-40	206-38	206-38	199-38	186-33	183-33	178-31	165-27	163-25	149-24	148-24	144-23	146-25
Humphreys,	147	Time of Day	07:00	08:22	10:28	11:17	12:36	13:27	14:53	16:15	17:11	18:00	19:34	20:36	22:05	24:10	25:04	27:42	29:30	31:50	33:04:30
Dave (MA)	114	Time Cum	03:00	04:22	06:28	07:17	08:36	09:27	10:53	12:15	13:11	14:00	15:34	16:36	18:05	20:10	21:04	23:42	25:30	27:50	29:04:30
		Time Delta	03:00	01:22	02:06	00:49	01:19	00:51	01:26	01:22	00:56	00:49	01:34	01:02	01:29	02:05	00:54	02:38	01:48	02:20	01:14:30
Age 35		Pace Cum	14:10	14:10	13:46	13:58	14:06	13:48	14:37	14:56	15:09	15:10	15:26	15:44	15:48	16:32	16:29	16:51	17:09	17:31	17:27
Group M30-39		Pace Delta	14:10	14:08	12:59	15:48	14:54	11:20	23:53	18:13	18:40	15:19	18:26	22:09	16:29	27:47	15:26	20:31	22:30	22:57	15:51
Overall-Group		Position	231-44	218-43	199-41	185-40	187-41	160-36	177-40	185-42	188-43	185-42	170-38	172-36	169-35	162-34	156-33	147-31	150-31	148-29	147-29

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
<u>Straub,</u>	148	Time of Day	06:50	08:13	10:20	11:15	12:35	13:45	14:50	16:10	17:04	17:45	19:22	20:23	21:36	23:16	24:10	26:55	28:42	31:35	33:07:03
Debbie (DE)		Time Cum	02:50	04:13	06:20	07:15	08:35	09:45	10:50	12:10	13:04	13:45	15:22	16:23	17:36	19:16	20:10	22:55	24:42	27:35	29:07:03
217		Time Delta	02:50	01:23	02:07	00:55	01:20	01:10	01:05	01:20	00:54	00:41	01:37	01:01	01:13	01:40	00:54	02:45	01:47	02:53	01:32:03
Age 37		Pace Cum	13:23	13:41	13:29	13:54	14:04	14:14	14:32	14:50	15:01	14:54	15:14	15:32	15:22	15:48	15:47	16:17	16:37	17:22	17:28
Group F30-39		Pace Delta	13:23	14:19	13:06	17:45	15:06	15:33	18:03	17:47	18:00	12:49	19:01	21:47	13:31	22:13	15:26	21:26	22:18	28:22	19:35
Overall-Group		Position	206-19	201-18	191-18	183-16	183-18	176-17	176-17	174-15	182-17	174-17	162-16	167-17	160-16	149-14	146-13	140-13	141-12	138-13	148-15
Solarz,	149	Time of Day	07:00	08:37	11:19	12:25	13:47	15:15	16:20	17:30	18:21	19:01	20:25	21:20	22:48	24:32	25:21	27:56	29:40	32:01	33:15:03
Chris (NY)		Time Cum	03:00	04:37	07:19	08:25	09:47	11:15	12:20	13:30	14:21	15:01	16:25	17:20	18:48	20:32	21:21	23:56	25:40	28:01	29:15:03
209		Time Delta	03:00	01:37	02:42	01:06	01:22	01:28	01:05	01:10	00:51	00:40	01:24	00:55	01:28	01:44	00:49	02:35	01:44	02:21	01:14:03
Age 27		Pace Cum	14:10	14:58	15:34	16:08	16:02	16:25	16:33	16:28	16:30	16:16	16:17	16:26	16:25	16:50	16:42	17:01	17:16	17:38	17:33
Group M20-29		Pace Delta	14:10	16:43	16:42	21:17	15:28	19:33	18:03	15:33	17:00	12:30	16:28	19:39	16:18	23:07	14:00	20:08	21:40	23:07	15:45
Overall-Group		Position	231-6	232-6	235-6	235-6	230-6	222-6	223-6	212-6	213-6	206-6	193-6	183-6	176-6	164-6	160-6	150-6	155-6	150-6	149-6
Murdach,	150	Time of Day	06:39	07:57	09:58	10:57	12:04	13:13	14:14	15:20	16:09	16:50	18:26	19:20	20:38	22:37	23:31	26:19	28:35	31:41	33:15:23
Charlie (NH)		Time Cum	02:39	03:57	05:58	06:57	08:04	09:13	10:14	11:20	12:09	12:50	14:26	15:20	16:38	18:37	19:31	22:19	24:35	27:41	29:15:23
163		Time Delta	02:39	01:18	02:01	00:59	01:07	01:09	01:01	01:06	00:49	00:41	01:36	00:54	01:18	01:59	00:54	02:48	02:16	03:06	01:34:23
Age 37		Pace Cum	12:31	12:49	12:42	13:19	13:13	13:27	13:44	13:49	13:58	13:54	14:19	14:32	14:32	15:16	15:16	15:52	16:32	17:26	17:33
Group M30-39		Pace Delta	12:31	13:27	12:28	19:02	12:38	15:20	16:57	14:40	16:20	12:49	18:49	19:17	14:27	26:27	15:26	21:49	28:20	30:30	20:05
Overall-Group		Position	169-37	169-36	152-34	159-35	146-35	143-34	139-35	130-32	131-32	126-32	127-30	123-28	123-29	128-30	125-30	127-27	138-30	142-28	150-30
Blake,	151	Time of Day	06:45	08:13	10:28	11:30	12:50	14:03	15:18	16:45	17:32	18:29	20:20	21:30	22:59	25:12	26:15	29:05	30:10	32:13	33:17:54
Steve (TX)		Time Cum	02:45	04:13	06:28	07:30	08:50	10:03	11:18	12:45	13:32	14:29	16:20	17:30	18:59	21:12	22:15	25:05	26:10	28:13	29:17:54
15		Time Delta	02:45	01:28	02:15	01:02	01:20	01:13	01:15	01:27	00:47	00:57	01:51	01:10	01:29	02:13	01:03	02:50	01:05	02:03	01:04:54
Age 49		Pace Cum	13:00	13:41	13:46	14:23	14:29	14:40	15:10	15:33	15:33	15:41	16:12	16:35	16:35	17:23	17:24	17:50	17:36	17:46	17:35
Group M40-49		Pace Delta	13:00	15:10	13:55	20:00	15:06	16:13	20:50	19:20	15:40	17:49	21:46	25:00	16:29	29:33	18:00	22:05	13:33	20:10	13:49
Overall-Group		Position	198-55	201-56	199-55	206-58	207-56	200-54	201-57	197-55	200-56	195-53	188-51	191-49	184-48	171-46	171-45	159-42	158-42	151-41	151-40
<u>Czys,</u>	152	Time of Day	06:42	08:01	10:07	11:01	12:12	13:16	14:20	15:27	16:15	17:05	18:54	20:20	22:04	24:43	25:57	28:40	30:11	32:16	33:27:24
Clea (TX)		Time Cum	02:42	04:01	06:07	07:01	08:12	09:16	10:20	11:27	12:15	13:05	14:54	16:20	18:04	20:43	21:57	24:40	26:11	28:16	29:27:24
256		Time Delta	02:42	01:19	02:06	00:54	01:11	01:04	01:04	01:07	00:48	00:50	01:49	01:26	01:44	02:39	01:14	02:43	01:31	02:05	01:11:24
Age 33		Pace Cum	12:45	13:02	13:01	13:27	13:27	13:32	13:52	13:58	14:05	14:10	14:47	15:29	15:47	16:59	17:10	17:32	17:37	17:48	17:40
Group F30-39		Pace Delta	12:45	13:37	12:59	17:25	13:24	14:13	17:47	14:53	16:00	15:37	21:22	30:43	19:16	35:20	21:09	21:10	18:58	20:30	15:11
Overall-Group		Position	189-17	176-16	172-15	165-15	155-15	148-15	144-15	137-14	134-15	139-15	147-15	161-16	168-17	167-17	166-16	158-17	159-16	153-15	152-16
Tighe,	153	Time of Day	05:43	06:31	07:45	08:18	09:03	09:47	10:29	11:20	11:52	12:20	13:12	13:49	14:31	15:41	16:20	17:50	19:00	20:43	
Martin (RI)		Time Cum	01:43	02:31	03:45	04:18	05:03	05:47	06:29	07:20	07:52	08:20	09:12	09:49	10:31	11:41	12:20	13:50	15:00	16:43	
228		Time Delta	01:43	00:48	01:14	00:33	00:45	00:44	00:42	00:51	00:32	00:28	00:52	00:37	00:42	01:10	00:39	01:30	01:10	01:43	
Age 48		Pace Cum	08:07	08:10	07:59	08:15	08:17	08:27	08:42	08:57	09:03	09:02	09:07	09:18	09:11	09:35	09:39	09:50	10:05	10:31	
Group M40-49		Pace Delta	08:07	08:17	07:38	10:39	08:29	09:47	11:40	11:20	10:40	08:45	10:12	13:13	07:47	15:33	11:09	11:41	14:35	16:53	
Overall-Group		Position	1-1	3-1	1-1	1-1	2-1	2-1	2-1	2-1	2-1	2-1	2-1	2-1	2-1	2-1	3-2	4-2	4-2	4-2	
Petersen,	154	Time of Day	06:54	08:30	10:56	11:56	13:22	14:25	15:50	17:10	18:11	18:56	20:33	21:30	22:58	24:43	25:38	28:06	29:39	32:14	
Chuck (NC)		Time Cum	02:54	04:30	06:56	07:56	09:22	10:25	11:50	13:10	14:11	14:56	16:33	17:30	18:58	20:43	21:38	24:06	25:39	28:14	
177		Time Delta	02:54	01:36	02:26	01:00	01:26	01:03	01:25	01:20	01:01	00:45	01:37	00:57	01:28	01:45	00:55	02:28	01:33	02:35	
Age 65		Pace Cum	13:42	14:36	14:45	15:12	15:21	15:12	15:53	16:03	16:18	16:10	16:25	16:35	16:34	16:59	16:55	17:08	17:15	17:47	
Group M60-69		Pace Delta	13:42	16:33	15:03	19:21	16:14	14:00	23:37	17:47	20:20	14:04	19:01	20:21	16:18	23:20	15:43	19:13	19:23	25:25	
Overall-Group		Position	216-18	227-16	228-18	223-17	219-17	208-15	212-17	207-17	210-17	205-16	196-17	191-17	183-17	167-16	161-16	153-15	154-15	152-15	

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Gawle, 155	Time of Day	06:17	07:27	09:09	09:49	10:52	11:47	12:38	13:30	14:11	14:45	15:59	16:50	17:51	19:13	19:59	22:22	24:36		
James P (MA)	Time Cum	02:17	03:27	05:09	05:49	06:52	07:47	08:38	09:30	10:11	10:45	11:59	12:50	13:51	15:13	15:59	18:22	20:36		
77	Time Delta	02:17	01:10	01:42	00:40	01:03	00:55	00:51	00:52	00:41	00:34	01:14	00:51	01:01	01:22	00:46	02:23	02:14		
Age 54	Pace Cum	10:47	11:11	10:57	11:09	11:15	11:22	11:35	11:42	11:39	11:53	12:10	12:06	12:28	12:30	13:03	13:51			
Group M50-59	Pace Delta	10:47	12:04	10:31	12:54	11:53	12:13	14:10	11:33	13:40	10:37	14:31	18:13	11:18	18:13	13:09	18:34	27:55		
Overall-Group	Position	74-8	71-8	60-6	53-5	51-5	49-4	43-4	36-3	34-3	32-3	31-3	33-3	37-3	37-3	39-3	44-3	66-10		
Leitner, 156	Time of Day	06:22	07:30	09:23	10:07	11:16	12:16	13:14	14:12	14:54	15:30	16:49	17:40	18:41	20:04	20:53	23:06	25:15		
Jesse (MD)	Time Cum	02:22	03:30	05:23	06:07	07:16	08:16	09:14	10:12	10:54	11:30	12:49	13:40	14:41	16:04	16:53	19:06	21:15		
138	Time Delta	02:22	01:08	01:53	00:44	01:09	01:00	00:58	00:58	00:42	00:36	01:19	00:51	01:01	01:23	00:49	02:13	02:09		
Age 36	Pace Cum	11:11	11:21	11:27	11:44	11:55	12:04	12:24	12:26	12:32	12:27	12:43	12:57	12:49	13:10	13:12	13:35	14:18		
Group M30-39	Pace Delta	11:11	11:43	11:39	14:12	13:01	13:20	16:07	12:53	14:00	11:15	15:29	18:13	11:18	18:27	14:00	17:16	26:53		
Overall-Group	Position	83-19	75-19	76-20	73-19	73-20	69-18	68-19	65-17	64-18	60-18	61-18	58-17	60-17	58-17	59-17	65-18	78-21		
Wyatt, 157	Time of Day	06:08	07:18	09:06	09:58	11:13	12:17	13:23	14:54	16:35	17:19	19:20	20:10	21:06	22:29	23:17	26:37	27:59		
Brian (CA)	Time Cum	02:08	03:18	05:06	05:58	07:13	08:17	09:23	10:54	12:35	13:19	15:20	16:10	17:06	18:29	19:17	22:37	23:59		
248	Time Delta	02:08	01:10	01:48	00:52	01:15	01:04	01:06	01:31	01:41	00:44	02:01	00:50	00:56	01:23	00:48	03:20	01:22		
Age 36	Pace Cum	10:05	10:42	10:51	11:26	11:50	12:06	12:36	13:18	14:28	14:25	15:12	15:19	14:56	15:09	15:05	16:05	16:08		
Group M30-39	Pace Delta	10:05	12:04	11:08	16:46	14:09	14:13	18:20	20:13	33:40	13:45	23:44	17:51	10:22	18:27	13:43	25:58	17:05		
Overall-Group	Position	36-12	49-13	53-13	60-16	69-19	72-19	80-22	105-26	150-34	148-34	161-33	156-32	142-31	120-27	116-27	134-28	121-26		
Angso, 158	Time of Day	06:56	08:22	10:36	11:28	12:48	14:00	15:01	16:19	17:16	17:57	19:30	20:22	21:38	23:45	24:44	27:12	29:11		
Ed (NJ)	Time Cum	02:56	04:22	06:36	07:28	08:48	10:00	11:01	12:19	13:16	13:57	15:30	16:22	17:38	19:45	20:44	23:12	25:11		
8	Time Delta	02:56	01:26	02:14	00:52	01:20	01:12	01:01	01:18	00:57	00:41	01:33	00:52	01:16	02:07	00:59	02:28	01:59		
Age 48	Pace Cum	13:51	14:10	14:03	14:19	14:26	14:36	14:47	15:01	15:15	15:06	15:22	15:31	15:24	16:11	16:13	16:30	16:56		
Group M40-49	Pace Delta	13:51	14:50	13:49	16:46	15:06	16:00	16:57	17:20	19:00	12:49	18:14	18:34	14:04	28:13	16:51	19:13	24:48		
Overall-Group	Position	226-62	218-60	214-60	205-57	202-54	195-53	192-54	187-51	190-52	181-48	167-44	163-42	163-43	157-42	154-42	143-40	146-40		
Eddy, 159	Time of Day	06:51	08:13	10:24	11:24	12:37	13:55	15:26	16:32	17:27	18:11	20:24	21:24	22:51	25:19	26:02	28:18	29:55		
Timothy G (ME)	Time Cum	02:51	04:13	06:24	07:24	08:37	09:55	11:26	12:32	13:27	14:11	16:24	17:24	18:51	21:19	22:02	24:18	25:55		
65	Time Delta	02:51	01:22	02:11	01:00	01:13	01:18	01:31	01:06	00:55	00:44	02:13	01:00	01:27	02:28	00:43	02:16	01:37		
Age 52	Pace Cum	13:28	13:41	13:37	14:11	14:08	14:29	15:21	15:17	15:28	15:22	16:16	16:30	16:28	17:28	17:14	17:16	17:26		
Group M50-59	Pace Delta	13:28	14:08	13:30	19:21	13:46	17:20	25:17	14:40	18:20	13:45	26:05	21:26	16:07	32:53	12:17	17:40	20:13		
Overall-Group	Position	210-43	201-42	195-41	194-39	190-37	187-36	204-38	192-35	193-35	192-37	192-35	189-34	180-32	175-29	167-26	155-26	157-27		
<u>Sergeant</u> , 160	Time of Day	06:49	08:16	10:50	12:03	13:33	14:54	16:19	17:39	18:36	19:25	21:14	22:19	23:48	25:31	26:40	29:09	30:36		
Kimberley A (TX)	Time Cum	02:49	04:16	06:50	08:03	09:33	10:54	12:19	13:39	14:36	15:25	17:14	18:19	19:48	21:31	22:40	25:09	26:36		
204	Time Delta	02:49	01:27	02:34	01:13	01:30	01:21	01:25	01:20	00:57	00:49	01:49	01:05	01:29	01:43	01:09	02:29	01:27		
Age 47	Pace Cum	13:18	13:50	14:32	15:26	15:39	15:55	16:32	16:39	16:47	16:42	17:05	17:22	17:18	17:38	17:44	17:53	17:54		
Group F40-49	Pace Delta	13:18	15:00	15:53	23:33	16:59	18:00	23:37	17:47	19:00	15:19	21:22	23:13	16:29	22:53	19:43	19:21	18:08		
Overall-Group	Position	203-16	206-16	223-16	226-16	222-15	217-15	222-15	216-15	216-15	211-15	200-14	196-14	192-14	177-12	172-12	160-12	160-12		
<u>Schepanovsky</u> , 161	Time of Day	06:52	08:23	10:36	11:39	13:08	14:23	15:47	17:05	18:00	18:48	20:20	21:17	23:15	25:12	26:11	28:38			
Krista (MA)	Time Cum	02:52	04:23	06:36	07:39	09:08	10:23	11:47	13:05	14:00	14:48	16:20	17:17	19:15	21:12	22:11	24:38			
201	Time Delta	02:52	01:31	02:13	01:03	01:29	01:15	01:24	01:18	00:55	00:48	01:32	00:57	01:58	01:57	00:59	02:27			
Age 38	Pace Cum	13:33	14:13	14:03	14:40	14:58	15:09	15:49	15:57	16:06	16:02	16:12	16:23	16:49	17:23	17:21	17:31			
Group F30-39	Pace Delta	13:33	15:41	13:43	20:19	16:48	16:40	23:20	17:20	18:20	15:00	18:02	20:21	21:51	26:00	16:51	19:05			
Overall-Group	Position	212-20	220-21	214-20	215-20	213-20	207-19	210-21	205-19	205-20	202-19	188-18	182-19	190-20	171-18	170-18	157-16			

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Bearden, 162	Time of Day	05:43	06:30	07:48	08:21	09:10	09:57	10:40	11:31	12:01	12:26	13:24	14:06	14:43	16:09	16:49				
Quent (TX)	Time Cum	01:43	02:30	03:48	04:21	05:10	05:57	06:40	07:31	08:01	08:26	09:24	10:06	10:43	12:09	12:49				
253	Time Delta	01:43	00:47	01:18	00:33	00:49	00:47	00:43	00:51	00:30	00:25	00:58	00:42	00:37	01:26	00:40				
Age 31	Pace Cum	08:07	08:06	08:05	08:20	08:28	08:41	08:57	09:10	09:13	09:08	09:19	09:34	09:22	09:58	10:02				
Group M30-39	Pace Delta	08:07	08:06	08:02	10:39	09:15	10:27	11:57	11:20	10:00	07:49	11:22	15:00	06:51	19:07	11:26				
Overall-Group	Position	1-1	1-1	3-2	3-2	3-2	3-2	3-2	3-2	3-2	3-2	3-2	3-2	4-2	5-2	5-2				
Novis, 163	Time of Day	06:04	07:06	08:39	09:17	10:14	11:03	11:53	12:48	13:30	14:12	15:33	16:36	17:49	19:36	20:41				
Andrew (MA)	Time Cum	02:04	03:06	04:39	05:17	06:14	07:03	07:53	08:48	09:30	10:12	11:33	12:36	13:49	15:36	16:41				
170	Time Delta	02:04	01:02	01:33	00:38	00:57	00:49	00:50	00:55	00:42	00:42	01:21	01:03	01:13	01:47	01:05				
Age 42	Pace Cum	09:46	10:03	09:54	10:08	10:13	10:18	10:35	10:44	10:55	11:03	11:27	11:57	12:04	12:47	13:03				
Group M40-49	Pace Delta	09:46	10:41	09:35	12:15	10:45	10:53	13:53	12:13	14:00	13:07	15:53	22:30	13:31	23:47	18:34				
Overall-Group	Position	25-12	25-12	25-12	21-11	23-11	18-9	19-9	20-9	22-11	22-10	23-11	25-11	36-15	45-17	55-21				
Carrion, 164	Time of Day	06:23	07:34	09:25	10:10	11:15	12:16	13:16	14:12	14:54	15:30	16:50	17:40	18:39	19:58	20:52				
Elizabeth (NY)	Time Cum	02:23	03:34	05:25	06:10	07:15	08:16	09:16	10:12	10:54	11:30	12:50	13:40	14:39	15:58	16:52				
32	Time Delta	02:23	01:11	01:51	00:45	01:05	01:01	01:00	00:56	00:42	00:36	01:20	00:50	00:59	01:19	00:54				
Age 30	Pace Cum	11:16	11:34	11:31	11:49	11:53	12:04	12:26	12:26	12:32	12:27	12:44	12:57	12:48	13:05	13:12				
Group F30-39	Pace Delta	11:16	12:14	11:27	14:31	12:16	13:33	16:40	12:27	14:00	11:15	15:41	17:51	10:56	17:33	15:26				
Overall-Group	Position	99-7	86-7	80-6	76-6	72-6	69-6	70-6	65-6	64-6	60-6	62-6	58-6	57-5	55-5	57-5				
Moore, 165	Time of Day	06:28	07:41	09:35	10:25	11:30	12:35	13:30	14:31	15:12	15:42	17:07	17:48	18:43	20:20	21:05				
Keith R (DC)	Time Cum	02:28	03:41	05:35	06:25	07:30	08:35	09:30	10:31	11:12	11:42	13:07	13:48	14:43	16:20	17:05				
158	Time Delta	02:28	01:13	01:54	00:50	01:05	01:05	00:55	01:01	00:41	00:30	01:25	00:41	00:55	01:37	00:45				
Age 37	Pace Cum	11:39	11:57	11:53	12:18	12:18	12:32	12:45	12:50	12:52	12:40	13:00	13:05	12:51	13:23	13:22				
Group M30-39	Pace Delta	11:39	12:35	11:45	16:08	12:16	14:27	15:17	13:33	13:40	09:22	16:40	14:39	10:11	21:33	12:51				
Overall-Group	Position	114-29	107-28	98-27	99-26	86-23	95-25	88-25	81-22	75-20	70-20	71-19	66-19	62-18	67-19	67-20				
Walonoski, 166	Time of Day	06:31	07:46	09:36	10:19	11:20	12:11	13:02	13:50	14:38	15:09	16:23	17:16	18:57	20:11	21:17				
Jimmy (CT)	Time Cum	02:31	03:46	05:36	06:19	07:20	08:11	09:02	09:50	10:38	11:09	12:23	13:16	14:57	16:11	17:17				
241	Time Delta	02:31	01:15	01:50	00:43	01:01	00:51	00:51	00:48	00:48	00:31	01:14	00:53	01:41	01:14	01:06				
Age 16	Pace Cum	11:53	12:13	11:55	12:07	12:01	11:57	12:08	12:00	12:13	12:05	12:17	12:35	13:03	13:16	13:31				
Group M<=19	Pace Delta	11:53	12:56	11:20	13:52	11:31	11:20	14:10	10:40	16:00	09:41	14:31	18:56	18:42	16:27	18:51				
Overall-Group	Position	126-1	121-1	105-1	88-1	77-1	66-1	64-1	55-1	55-1	52-1	49-1	51-1	68-1	62-1	71-1				
Kellogg, 167	Time of Day	06:37	07:52	09:54	10:38	11:51	12:54	13:53	15:16	16:04	16:38	17:54	18:40	19:43	21:20	22:16				
Liz (OR)	Time Cum	02:37	03:52	05:54	06:38	07:51	08:54	09:53	11:16	12:04	12:38	13:54	14:40	15:43	17:20	18:16				
57	Time Delta	02:37	01:15	02:02	00:44	01:13	01:03	00:59	01:23	00:48	00:34	01:16	00:46	01:03	01:37	00:56				
Age 57	Pace Cum	12:22	12:32	12:33	12:43	12:52	13:00	13:16	13:44	13:52	13:41	13:47	13:54	13:44	14:12	14:17				
Group F50-59	Pace Delta	12:22	12:56	12:35	14:12	13:46	14:00	16:23	18:27	16:00	10:37	14:54	16:26	11:40	21:33	16:00				
Overall-Group	Position	164-5	142-4	139-3	124-3	123-3	117-3	116-3	127-3	125-3	115-3	105-3	100-3	97-3	94-3	94-3				
Gosselin, 168	Time of Day	06:22	07:34	09:33	10:42	11:54	13:03	14:02	15:31	16:18	16:58	18:35	19:26		22:15	23:06				
Heath (NH)	Time Cum	02:22	03:34	05:33	06:42	07:54	09:03	10:02	11:31	12:18	12:58	14:35	15:26		18:15	19:06				
90	Time Delta	02:22	01:12	01:59	01:09	01:12	01:09	00:59	01:29	00:47	00:40	01:37	00:51		02:49	00:51				
Age 36	Pace Cum	11:11	11:34	11:49	12:51	12:57	13:13	13:28	14:03	14:08	14:03	14:28	14:38		14:58	14:56				
Group M30-39	Pace Delta	11:11	12:25	12:16	22:15	13:35	15:20	16:23	19:47	15:40	12:30	19:01	18:13		17:04	14:34				
Overall-Group	Position	83-19	86-22	93-25	132-31	127-31	128-32	128-33	141-33	140-33	137-33	134-31	129-30		114-26	113-26				

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Robert,		169	Time of Day	06:32	07:51	09:58	10:51	12:15	13:29	14:35	15:50	16:45	17:31	18:53	19:47	21:06	22:52	23:45		
Rik (VT)			Time Cum	02:32	03:51	05:58	06:51	08:15	09:29	10:35	11:50	12:45	13:31	14:53	15:47	17:06	18:52	19:45		
188			Time Delta	02:32	01:19	02:07	00:53	01:24	01:14	01:06	01:15	00:55	00:46	01:22	00:54	01:19	01:46	00:53		
Age 49			Pace Cum	11:58	12:29	12:42	13:08	13:31	13:51	14:12	14:26	14:39	14:38	14:46	14:58	15:28	15:27			
Group M40-49			Pace Delta	11:58	13:37	13:06	17:06	15:51	16:27	18:20	16:40	18:20	14:22	16:05	19:17	14:38	23:33	15:09		
Overall-Group			Position	130-41	140-43	152-46	150-43	161-45	165-46	160-46	159-44	160-42	157-41	145-37	138-33	142-35	136-35	134-36		
Boyd,		170	Time of Day	06:41	08:06	10:25	11:20	12:43	13:55	15:00	16:12	17:02	17:45	19:29	20:22	21:41	23:23	24:22		
Bruce (NM)			Time Cum	02:41	04:06	06:25	07:20	08:43	09:55	11:00	12:12	13:02	13:45	15:29	16:22	17:41	19:23	20:22		
17			Time Delta	02:41	01:25	02:19	00:55	01:23	01:12	01:05	01:12	00:50	00:43	01:44	00:53	01:19	01:42	00:59		
Age 67			Pace Cum	12:41	13:18	13:39	14:03	14:17	14:29	14:46	14:53	14:59	14:54	15:21	15:31	15:27	15:53	15:56		
Group M60-69			Pace Delta	12:41	14:39	14:20	17:45	15:40	16:00	18:03	16:40	13:26	20:24	18:56	14:38	22:40	16:51			
Overall-Group			Position	182-12	188-14	197-14	190-14	197-14	187-13	190-15	179-15	180-15	174-14	165-15	163-15	167-15	155-15	150-15		
Brunetto,		170	Time of Day	06:41	08:06	10:25	11:20	12:43	13:55	15:00	16:12	17:02	17:45	19:29	20:22	21:40	23:23	24:22		
Thomas (NJ)			Time Cum	02:41	04:06	06:25	07:20	08:43	09:55	11:00	12:12	13:02	13:45	15:29	16:22	17:40	19:23	20:22		
24			Time Delta	02:41	01:25	02:19	00:55	01:23	01:12	01:05	01:12	00:50	00:43	01:44	00:53	01:18	01:43	00:59		
Age 46			Pace Cum	12:41	13:18	13:39	14:03	14:17	14:29	14:46	14:53	14:59	14:54	15:21	15:31	15:26	15:53	15:56		
Group M40-49			Pace Delta	12:41	14:39	14:20	17:45	15:40	16:00	18:03	16:40	13:26	20:24	18:56	14:27	22:53	16:51			
Overall-Group			Position	182-53	188-53	197-54	190-52	197-53	187-51	190-53	179-50	180-49	174-47	165-43	163-42	165-44	155-41	150-40		
Clem,		172	Time of Day	06:34	07:53	10:00	10:55	12:13	13:26	14:29	15:50	16:44	17:28	19:17	20:20	21:22	23:18	24:26		
Deborah (CA)			Time Cum	02:34	03:53	06:00	06:55	08:13	09:26	10:29	11:50	12:44	13:28	15:17	16:20	17:22	19:18	20:26		
50			Time Delta	02:34	01:19	02:07	00:55	01:18	01:13	01:03	01:21	00:54	00:44	01:49	01:03	01:02	01:56	01:08		
Age 50			Pace Cum	12:08	12:36	12:46	13:16	13:28	13:46	14:04	14:26	14:38	14:35	15:09	15:29	15:10	15:49	15:59		
Group F50-59			Pace Delta	12:08	13:37	13:06	17:45	14:43	16:13	17:30	18:00	18:00	13:45	21:22	22:30	11:29	25:47	19:26		
Overall-Group			Position	144-3	151-6	156-5	156-6	160-6	158-7	156-6	159-7	158-7	155-7	160-7	161-7	152-7	151-7	152-7		
Heck,		173	Time of Day	06:52	08:17	10:47	11:48	13:12	14:25	15:40	17:02	17:58	18:48	20:20	21:23	22:48	24:38	25:38		
Sarah E (ME)			Time Cum	02:52	04:17	06:47	07:48	09:12	10:25	11:40	13:02	13:58	14:48	16:20	17:23	18:48	20:38	21:38		
103			Time Delta	02:52	01:25	02:30	01:01	01:24	01:13	01:15	01:22	00:56	00:50	01:32	01:03	01:25	01:50	01:00		
Age 31			Pace Cum	13:33	13:54	14:26	14:57	15:05	15:12	15:40	15:54	16:03	16:02	16:12	16:29	16:25	16:55	16:55		
Group F30-39			Pace Delta	13:33	14:39	15:28	19:41	15:51	16:13	20:50	18:13	18:40	15:37	18:02	22:30	15:44	24:27	17:09		
Overall-Group			Position	212-20	208-20	221-21	219-21	215-21	208-20	207-20	204-18	204-19	202-19	188-18	188-20	176-18	165-16	161-15		
Zwart,		174	Time of Day	07:05	08:42	11:33	12:38	14:18	15:46	17:02	18:27	19:35	20:23	22:06	23:00	24:49	26:42	27:36		
Alan L (DC)			Time Cum	03:05	04:42	07:33	08:38	10:18	11:46	13:02	14:27	15:35	16:23	18:06	19:00	20:49	22:42	23:36		
252			Time Delta	03:05	01:37	02:51	01:05	01:40	01:28	01:16	01:25	01:08	00:48	01:43	00:54	01:49	01:53	00:54		
Age 35			Pace Cum	14:34	15:15	16:04	16:33	16:53	17:11	17:30	17:37	17:55	17:45	17:57	18:01	18:11	18:36	18:28		
Group M30-39			Pace Delta	14:34	16:43	17:38	20:58	18:52	19:33	21:07	18:53	22:40	15:00	20:12	19:17	20:11	25:07	15:26		
Overall-Group			Position	236-46	236-46	238-46	236-46	234-45	227-44	228-45	219-43	219-44	214-43	203-40	198-40	194-39	178-36	173-36		
Dunbar,		175	Time of Day	06:37	07:53	09:48	10:34	11:41	12:47	13:45	14:55	15:43	16:15	17:36	18:24	19:21	21:31			
Carson J (NJ)			Time Cum	02:37	03:53	05:48	06:34	07:41	08:47	09:45	10:55	11:43	12:15	13:36	14:24	15:21	17:31			
62			Time Delta	02:37	01:16	01:55	00:46	01:07	01:06	00:58	01:10	00:48	00:32	01:21	00:48	00:57	02:10			
Age 54			Pace Cum	12:22	12:36	12:20	12:35	12:36	12:49	13:05	13:19	13:28	13:16	13:29	13:39	13:24	14:21			
Group M50-59			Pace Delta	12:22	13:06	11:51	14:50	12:38	14:40	16:07	15:33	16:00	10:00	15:53	17:09	10:33	28:53			
Overall-Group			Position	164-31	151-27	126-21	114-19	109-18	107-18	105-17	106-16	106-16	100-16	97-15	92-15	82-12	97-13			

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Raczkowski, 176	Time of Day	06:22	07:43	09:51	10:45	11:53		14:07	15:23	16:16	17:02	18:32	19:25	20:39	22:20					
David (CT)	Time Cum	02:22	03:43	05:51	06:45	07:53		10:07	11:23	12:16	13:02	14:32	15:25	16:39	18:20					
181	Time Delta	02:22	01:21	02:08	00:54	01:08		02:14	01:16	00:53	00:46	01:30	00:53	01:14	01:41					
Age 55	Pace Cum	11:11	12:03	12:27	12:56	12:55		13:35	13:53	14:06	14:07	14:25	14:37	14:32	15:02					
Group M50-59	Pace Delta	11:11	13:58	13:12	17:25	12:50		16:33	16:53	17:40	14:22	17:39	18:56	13:42	22:27					
Overall-Group	Position	83-10	112-16	130-22	136-23	124-23		130-21	131-21	139-22	138-22	133-22	128-22	124-21	119-20					
Leder, 177	Time of Day	06:30	07:49	09:47	10:29	11:39	12:45	13:46	15:10	16:04	16:47	18:31	19:30	20:46	23:20					
Rob (CT)	Time Cum	02:30	03:49	05:47	06:29	07:39	08:45	09:46	11:10	12:04	12:47	14:31	15:30	16:46	19:20					
135	Time Delta	02:30	01:19	01:58	00:42	01:10	01:06	01:01	01:24	00:54	00:43	01:44	00:59	01:16	02:34					
Age 45	Pace Cum	11:49	12:23	12:18	12:26	12:32	12:46	13:07	13:37	13:52	13:51	14:24	14:42	14:39	15:51					
Group M40-49	Pace Delta	11:49	13:37	12:10	13:33	13:12	14:40	16:57	18:40	18:00	13:26	20:24	21:04	14:04	34:13					
Overall-Group	Position	123-40	131-42	125-38	104-32	105-31	104-31	108-31	120-33	125-33	124-31	131-32	130-30	130-32	152-39					
McKee, 178	Time of Day	07:01	08:33	11:02	12:06	13:31	14:55	16:02	17:18	18:16	19:03	20:35		23:11	25:22					
Jim (NY)	Time Cum	03:01	04:33	07:02	08:06	09:31	10:55	12:02	13:18	14:16	15:03	16:35		19:11	21:22					
152	Time Delta	03:01	01:32	02:29	01:04	01:25	01:24	01:07	01:16	00:58	00:47	01:32		02:36	02:11					
Age 68	Pace Cum	14:15	14:45	14:58	15:32	15:36	15:56	16:09	16:13	16:24	16:18	16:27		16:45	17:31					
Group M60-69	Pace Delta	14:15	15:52	15:22	20:39	16:02	18:40	18:37	16:53	19:20	14:41	18:02		19:01	29:07					
Overall-Group	Position	234-20	230-19	231-19	228-19	221-19	219-18	217-18	210-18	212-18	208-17	197-18		189-18	176-17					
Risner, 179	Time of Day	05:57	06:57	08:46	09:30	10:37	11:39	12:38	13:38	14:25	15:02	16:40	17:41	19:08						
Jeromy W (KY)	Time Cum	01:57	02:57	04:46	05:30	06:37	07:39	08:38	09:38	10:25	11:02	12:40	13:41	15:08						
186	Time Delta	01:57	01:00	01:49	00:44	01:07	01:02	00:59	01:00	00:47	00:37	01:38	01:01	01:27						
Age 36	Pace Cum	09:13	09:34	10:09	10:33	10:51	11:10	11:35	11:45	11:58	11:57	12:34	12:58	13:13						
Group M30-39	Pace Delta	09:13	10:21	11:14	14:12	12:38	13:47	16:23	13:20	15:40	11:34	19:13	21:47	16:07						
Overall-Group	Position	12-5	13-5	31-7	37-9	38-9	38-8	43-10	44-9	44-10	47-12	55-16	60-18	72-20						
Tighe, 180	Time of Day	06:22	07:36	09:30	10:17	11:30	12:34	13:30	14:27	15:12	15:51	17:20	18:15	19:42						
Jarett (VT)	Time Cum	02:22	03:36	05:30	06:17	07:30	08:34	09:30	10:27	11:12	11:51	13:20	14:15	15:42						
229	Time Delta	02:22	01:14	01:54	00:47	01:13	01:04	00:56	00:57	00:45	00:39	01:29	00:55	01:27						
Age 39	Pace Cum	11:11	11:41	11:42	12:03	12:18	12:30	12:45	12:45	12:52	12:50	13:13	13:30	13:43						
Group M30-39	Pace Delta	11:11	12:46	11:45	15:10	13:46	14:13	15:33	12:40	15:00	12:11	17:27	19:39	16:07						
Overall-Group	Position	83-19	97-25	87-23	83-22	86-23	92-24	88-25	76-20	75-20	76-22	78-21	79-22	96-26						
Schancer, 181	Time of Day	06:13	07:21	09:25	10:18	11:34	12:34	13:29	14:40	15:22	15:58	17:20	18:18	19:55						
Gary (NM)	Time Cum	02:13	03:21	05:25	06:18	07:34	08:34	09:29	10:40	11:22	11:58	13:20	14:18	15:55						
200	Time Delta	02:13	01:08	02:04	00:53	01:16	01:00	00:55	01:11	00:42	00:36	01:22	00:58	01:37						
Age 52	Pace Cum	10:28	10:52	11:31	12:05	12:24	12:30	12:44	13:00	13:04	12:58	13:13	13:33	13:54						
Group M50-59	Pace Delta	10:28	11:43	12:47	17:06	14:20	13:20	15:17	15:47	14:00	11:15	16:05	20:43	17:58						
Overall-Group	Position	61-6	59-6	80-10	86-14	101-16	92-15	87-13	88-12	84-11	78-11	78-12	87-13	103-17						
Rosvold, 182	Time of Day	06:33	07:49	09:51	10:46	11:56	13:01	13:57		15:43	16:18	17:46	18:40	20:12						
Eva (MD)	Time Cum	02:33	03:49	05:51	06:46	07:56	09:01	09:57		11:43	12:18	13:46	14:40	16:12						
194	Time Delta	02:33	01:16	02:02	00:55	01:10	01:05	00:56		01:46	00:35	01:28	00:54	01:32						
Age 32	Pace Cum	12:03	12:23	12:27	12:58	13:00	13:10	13:21		13:28	13:19	13:39	13:54	14:09						
Group F30-39	Pace Delta	12:03	13:06	12:35	17:45	13:12	14:27	15:33		14:08	10:56	17:15	19:17	17:02						
Overall-Group	Position	135-14	131-12	130-12	138-12	134-12	127-11	122-12		106-11	103-10	103-10	100-10	108-10						

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Edelman,	183	Time of Day	06:38	07:56	10:04	10:59	12:22	13:35	14:48	15:56	16:50	17:33	19:01	19:58	21:16						
John D (PA)	66	Time Cum	02:38	03:56	06:04	06:59	08:22	09:35	10:48	11:56	12:50	13:33	15:01	15:58	17:16						
		Time Delta	02:38	01:18	02:08	00:55	01:23	01:13	01:08	00:54	00:43	01:28	00:57	01:18							
Age 54		Pace Cum	12:26	12:45	12:54	13:23	13:43	13:59	14:30	14:33	14:45	14:41	14:54	15:08	15:05						
Group M50-59		Pace Delta	12:26	13:27	13:12	17:45	15:40	16:13	20:17	15:07	18:00	13:26	17:15	20:21	14:27						
Overall-Group		Position	168-33	164-32	168-32	162-29	169-31	169-32	170-31	164-29	162-28	161-29	153-28	151-28	150-26						
Melton,	184	Time of Day	06:33	07:53	09:59	10:53	12:05	13:15	14:27	15:41	16:36	17:24	19:01	19:57	21:26						
Michael C (FL)	155	Time Cum	02:33	03:53	05:59	06:53	08:05	09:15	10:27	11:41	12:36	13:24	15:01	15:57	17:26						
		Time Delta	02:33	01:20	02:06	00:54	01:12	01:10	01:12	01:14	00:55	00:48	01:37	00:56	01:29						
Age 48		Pace Cum	12:03	12:36	12:44	13:12	13:15	13:30	14:02	14:15	14:29	14:31	14:54	15:07	15:14						
Group M40-49		Pace Delta	12:03	13:48	12:59	17:25	13:35	15:33	20:00	16:27	18:20	15:00	19:01	20:00	16:29						
Overall-Group		Position	135-43	151-45	154-47	155-45	149-42	145-42	154-43	150-41	152-39	154-39	153-39	149-38	155-41						
Danecki,	185	Time of Day	06:31	07:44	09:43	10:40	11:46	13:16	14:48	16:00	16:54	17:37	19:12	20:01	21:34						
Will (CT)	49	Time Cum	02:31	03:44	05:43	06:40	07:46	09:16	10:48	12:00	12:54	13:37	15:12	16:01	17:34						
		Time Delta	02:31	01:13	01:59	00:57	01:06	01:30	01:32	01:12	00:54	00:43	01:35	00:49	01:33						
Age 56		Pace Cum	11:53	12:06	12:10	12:47	12:44	13:32	14:30	14:38	14:50	14:45	15:04	15:11	15:21						
Group M50-59		Pace Delta	11:53	12:35	12:16	18:23	12:27	20:00	25:33	16:00	18:00	13:26	18:38	17:30	17:13						
Overall-Group		Position	126-21	115-17	116-18	127-21	117-20	148-24	170-31	165-30	167-29	163-30	157-29	154-29	158-28						
Saab,	186	Time of Day	06:55	08:21	10:28	11:25	12:38	13:45	14:56	16:05	16:53	17:41	19:33	20:37	22:05						
Amin (MA)	196	Time Cum	02:55	04:21	06:28	07:25	08:38	09:45	10:56	12:05	12:53	13:41	15:33	16:37	18:05						
		Time Delta	02:55	01:26	02:07	00:57	01:13	01:07	01:11	01:09	00:48	00:48	01:52	01:04	01:28						
Age 34		Pace Cum	13:47	14:06	13:46	14:13	14:09	14:14	14:41	14:44	14:49	14:49	15:25	15:45	15:48						
Group M30-39		Pace Delta	13:47	14:50	13:06	18:23	13:46	14:53	19:43	15:20	16:00	15:00	21:58	22:51	16:18						
Overall-Group		Position	218-41	212-41	199-41	195-42	191-43	176-40	180-41	166-36	165-36	169-37	168-36	173-37	169-35						
Walter,	187	Time of Day	06:55	08:21	10:28	11:25	12:38	13:45	14:56	16:05	16:53	17:41	19:33	20:37	22:11						
Robert (MA)	242	Time Cum	02:55	04:21	06:28	07:25	08:38	09:45	10:56	12:05	12:53	13:41	15:33	16:37	18:11						
		Time Delta	02:55	01:26	02:07	00:57	01:13	01:07	01:11	01:09	00:48	00:48	01:52	01:04	01:34						
Age 39		Pace Cum	13:47	14:06	13:46	14:13	14:09	14:14	14:41	14:44	14:49	14:49	15:25	15:45	15:53						
Group M30-39		Pace Delta	13:47	14:50	13:06	18:23	13:46	14:53	19:43	15:20	16:00	15:00	21:58	22:51	17:24						
Overall-Group		Position	218-41	212-41	199-41	195-42	191-43	176-40	180-41	166-36	165-36	169-37	168-36	173-37	171-37						
<u>Heltibridge,</u>	188	Time of Day	06:21	07:31	09:23	10:09	11:13	12:13	13:30	14:53	15:53	16:40	19:47	20:45	22:25						
Janice (VA)	106	Time Cum	02:21	03:31	05:23	06:09	07:13	08:13	09:30	10:53	11:53	12:40	15:47	16:45	18:25						
		Time Delta	02:21	01:10	01:52	00:46	01:04	01:00	01:17	01:23	01:00	00:47	03:07	00:58	01:40						
Age 48		Pace Cum	11:06	11:24	11:27	11:47	11:50	12:00	12:45	13:16	13:40	13:43	15:39	15:53	16:05						
Group F40-49		Pace Delta	11:06	12:04	11:33	14:50	12:05	13:20	21:23	18:27	20:00	14:41	36:40	20:43	18:31						
Overall-Group		Position	79-2	76-2	76-3	75-3	69-3	67-3	88-5	104-7	113-7	118-8	177-12	175-12	173-12						
Falk,	189	Time of Day	06:57	08:32	10:50	11:56	13:18	14:25	15:46	17:01	18:01	18:46	20:18	21:20	22:49						
Bob (NY)	70	Time Cum	02:57	04:32	06:50	07:56	09:18	10:25	11:46	13:01	14:01	14:46	16:18	17:20	18:49						
		Time Delta	02:57	01:35	02:18	01:06	01:22	01:07	01:21	01:15	01:00	00:45	01:32	01:02	01:29						
Age 62		Pace Cum	13:56	14:42	14:32	15:12	15:15	15:12	15:48	15:52	16:07	16:00	16:10	16:26	16:26						
Group M60-69		Pace Delta	13:56	16:23	14:14	21:17	15:28	14:53	22:30	16:40	20:00	14:04	18:02	22:09	16:29						
Overall-Group		Position	227-19	228-17	223-17	223-17	217-16	208-15	209-16	202-16	206-16	199-15	186-16	183-16	178-16						

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Murolo, 190	Time of Day	06:23	07:34	09:35	10:51	12:02	13:09	14:22	15:45	16:45	17:42	19:47	20:55	22:52							
Frederick (CT)	Time Cum	02:23	03:34	05:35	06:51	08:02	09:09	10:22	11:45	12:45	13:42	15:47	16:55	18:52							
164	Time Delta	02:23	01:11	02:01	01:16	01:11	01:07	01:13	01:23	01:00	00:57	02:05	01:08	01:57							
Age 49	Pace Cum	11:16	11:34	11:53	13:08	13:10	13:21	13:55	14:20	14:39	14:50	15:39	16:02	16:29							
Group M40-49	Pace Delta	11:16	12:14	12:28	24:31	13:24	14:53	20:17	18:27	20:00	17:49	24:31	24:17	21:40							
Overall-Group	Position	99-35	86-33	98-32	150-43	145-41	138-39	148-41	155-43	160-42	173-46	177-47	178-46	182-47							
Beauvais, 191	Time of Day	06:43	08:07	10:28	11:32	12:55	14:12	15:28	16:50	17:46	18:34	20:16	21:21	23:01							
Sandy (CT)	Time Cum	02:43	04:07	06:28	07:32	08:55	10:12	11:28	12:50	13:46	14:34	16:16	17:21	19:01							
11	Time Delta	02:43	01:24	02:21	01:04	01:23	01:17	01:16	01:22	00:56	00:48	01:42	01:05	01:40							
Age 45	Pace Cum	12:50	13:21	13:46	14:26	14:37	14:53	15:23	15:39	15:49	15:47	16:08	16:27	16:37							
Group F40-49	Pace Delta	12:50	14:29	14:32	20:39	15:40	17:07	21:07	18:13	18:40	15:00	20:00	23:13	18:31							
Overall-Group	Position	193-15	191-14	199-13	209-13	208-13	204-13	205-13	200-14	201-13	196-13	183-13	186-13	185-13							
Helenek, 191	Time of Day	06:41	08:07	10:16	11:10	12:31	13:50	14:55	16:22	17:15	18:01	20:16	21:21	23:01							
John (CT)	Time Cum	02:41	04:07	06:16	07:10	08:31	09:50	10:55	12:22	13:15	14:01	16:16	17:21	19:01							
104	Time Delta	02:41	01:26	02:09	00:54	01:21	01:19	01:05	01:27	00:53	00:46	02:15	01:05	01:40							
Age 46	Pace Cum	12:41	13:21	13:20	13:44	13:58	14:21	14:39	15:05	15:14	15:11	16:08	16:27	16:37							
Group M40-49	Pace Delta	12:41	14:50	13:18	17:25	15:17	17:33	18:03	19:20	17:40	14:22	26:28	23:13	18:31							
Overall-Group	Position	182-53	191-55	186-53	177-50	182-49	186-50	179-49	189-53	189-51	186-49	183-49	186-48	185-49							
Scott, 193	Time of Day	06:36	07:53	10:07	11:31	12:45	14:00	15:56	17:10	18:04	18:48	20:21	21:30	23:05							
Robert (CT)	Time Cum	02:36	03:53	06:07	07:31	08:45	10:00	11:56	13:10	14:04	14:48	16:21	17:30	19:05							
203	Time Delta	02:36	01:17	02:14	01:24	01:14	01:15	01:56	01:14	00:54	00:44	01:33	01:09	01:35							
Age 52	Pace Cum	12:17	12:36	13:01	14:25	14:21	14:36	16:01	16:03	16:10	16:02	16:13	16:35	16:40							
Group M50-59	Pace Delta	12:17	13:17	13:49	27:06	13:58	16:40	32:13	16:27	18:00	13:45	18:14	24:39	17:36							
Overall-Group	Position	157-29	151-27	172-34	208-43	201-43	195-40	214-41	207-39	209-39	202-39	191-34	191-35	188-33							
Carter, 194	Time of Day	06:46	08:08	10:28	11:30	12:49	14:00	15:13	16:30	17:30	18:24	20:14	21:25	23:21							
Evelyn (NM)	Time Cum	02:46	04:08	06:28	07:30	08:49	10:00	11:13	12:30	13:30	14:24	16:14	17:25	19:21							
33	Time Delta	02:46	01:22	02:20	01:02	01:19	01:11	01:13	01:17	01:00	00:54	01:50	01:11	01:56							
Age 56	Pace Cum	13:04	13:24	13:46	14:23	14:27	14:36	15:03	15:15	15:31	15:36	16:06	16:31	16:54							
Group F50-59	Pace Delta	13:04	14:08	14:26	20:00	14:54	15:47	20:17	17:07	20:00	16:52	21:34	25:21	21:29							
Overall-Group	Position	200-8	193-8	199-8	206-8	205-8	195-8	197-8	191-8	196-8	194-8	181-8	190-8	191-8							
Jensen, 195	Time of Day	07:01	08:37	11:18	12:21	13:54	15:24	16:36	17:51	18:50	19:35	21:22	22:31	24:35							
Robert (MA)	Time Cum	03:01	04:37	07:18	08:21	09:54	11:24	12:36	13:51	14:50	15:35	17:22	18:31	20:35							
116	Time Delta	03:01	01:36	02:41	01:03	01:33	01:30	01:12	01:15	00:59	00:45	01:47	01:09	02:04							
Age 52	Pace Cum	14:15	14:58	15:32	16:00	16:14	16:39	16:55	16:53	17:03	16:53	17:13	17:33	17:59							
Group M50-59	Pace Delta	14:15	16:33	16:36	20:19	17:33	20:00	20:00	16:40	19:40	14:04	20:59	24:39	22:58							
Overall-Group	Position	234-49	232-49	233-49	229-47	233-49	224-48	226-46	217-44	218-43	212-42	201-38	197-36	193-34							
Murphy, 196	Time of Day	06:34	07:52	09:52	10:40	11:49	12:54	13:52	15:00	15:52	16:33	18:08	19:05								
Terry (GA)	Time Cum	02:34	03:52	05:52	06:40	07:49	08:54	09:52	11:00	11:52	12:33	14:08	15:05								
165	Time Delta	02:34	01:18	02:00	00:48	01:09	01:05	00:58	01:08	00:52	00:41	01:35	00:57								
Age 51	Pace Cum	12:08	12:32	12:29	12:47	12:49	13:00	13:15	13:25	13:38	13:36	14:01	14:18								
Group M50-59	Pace Delta	12:08	13:27	12:22	15:29	13:01	14:27	16:07	15:07	17:20	12:49	18:38	20:21								
Overall-Group	Position	144-24	142-24	133-23	127-21	122-22	117-20	115-18	111-18	111-18	108-18	113-19	111-19								

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Eckerson,	197	Time of Day	06:39	07:57	10:00	10:51	12:09	13:20	14:25	15:32	16:27	17:05	18:39	19:43							
Clarence R (MA)		Time Cum	02:39	03:57	06:00	06:51	08:09	09:20	10:25	11:32	12:27	13:05	14:39	15:43							
64		Time Delta	02:39	01:18	02:03	00:51	01:18	01:11	01:05	01:07	00:55	00:38	01:34	01:04							
Age 55		Pace Cum	12:31	12:49	12:46	13:08	13:22	13:38	13:59	14:04	14:19	14:10	14:32	14:54							
Group M50-59		Pace Delta	12:31	13:27	12:41	16:27	14:43	15:47	18:03	14:53	18:20	11:52	18:26	22:51							
Overall-Group		Position	169-34	169-33	156-28	150-26	152-26	152-26	150-24	142-23	144-24	139-23	136-23	137-25							
Mosley,	198	Time of Day	06:16	07:25	10:02	11:02	12:29	13:45	14:59	16:12	17:01	17:53	19:44	20:55							
Heather (NY)		Time Cum	02:16	03:25	06:02	07:02	08:29	09:45	10:59	12:12	13:01	13:53	15:44	16:55							
265		Time Delta	02:16	01:09	02:37	01:00	01:27	01:16	01:14	01:13	00:49	00:52	01:51	01:11							
Age 27		Pace Cum	10:43	11:05	12:50	13:29	13:54	14:14	14:45	14:53	14:58	15:02	15:36	16:02							
Group F20-29		Pace Delta	10:43	11:54	16:11	19:21	16:25	16:53	20:33	16:13	16:20	16:15	21:46	25:21							
Overall-Group		Position	71-4	70-4	163-5	167-5	180-5	176-5	187-5	179-5	177-5	180-5	174-5	178-5							
Mischianti,	199	Time of Day	06:22	07:40	09:57	11:00	12:18	13:29	14:59	16:09	16:59	17:41	20:16	21:37							
Robert (VA)		Time Cum	02:22	03:40	05:57	07:00	08:18	09:29	10:59	12:09	12:59	13:41	16:16	17:37							
156		Time Delta	02:22	01:18	02:17	01:03	01:18	01:11	01:30	01:10	00:50	00:42	02:35	01:21							
Age 40		Pace Cum	11:11	11:54	12:40	13:25	13:36	13:51	14:45	14:49	14:55	14:49	16:08	16:42							
Group M40-49		Pace Delta	11:11	13:27	14:07	20:19	14:43	15:47	25:00	15:33	16:40	13:07	30:24	28:56							
Overall-Group		Position	83-34	106-36	150-45	164-46	165-46	165-46	187-51	172-48	173-47	169-45	183-49	194-50							
Docs,	200	Time of Day	06:01	07:02	08:36	09:14	10:12	11:06	11:54	12:50	13:27	13:57	15:11								
Jon (FL)		Time Cum	02:01	03:02	04:36	05:14	06:12	07:06	07:54	08:50	09:27	09:57	11:11								
56		Time Delta	02:01	01:01	01:34	00:38	00:58	00:54	00:48	00:56	00:37	00:30	01:14								
Age 43		Pace Cum	09:32	09:50	09:47	10:02	10:10	10:22	10:36	10:46	10:52	10:47	11:05								
Group M40-49		Pace Delta	09:32	10:31	09:41	12:15	10:57	12:00	13:20	12:27	12:20	09:22	14:31								
Overall-Group		Position	17-9	23-11	18-9	20-10	20-10	22-11	20-10	22-11	20-9	19-8	19-7								
Taylor,	201	Time of Day	05:55	06:51	08:23	09:01	09:54	10:42	11:29	12:21	13:04	13:34	15:14								
Dink (AL)		Time Cum	01:55	02:51	04:23	05:01	05:54	06:42	07:29	08:21	09:04	09:34	11:14								
224		Time Delta	01:55	00:56	01:32	00:38	00:53	00:48	00:47	00:52	00:43	00:30	01:40								
Age 41		Pace Cum	09:03	09:15	09:20	09:37	09:40	09:47	10:03	10:11	10:25	10:22	11:08								
Group M40-49		Pace Delta	09:03	09:39	09:29	12:15	10:00	10:40	13:03	11:33	14:20	09:22	19:36								
Overall-Group		Position	9-3	9-3	11-4	13-6	11-5	10-5	11-5	10-5	11-5	11-5	20-8								
Kimler,	202	Time of Day	06:35	07:50	09:45	10:30	11:39	12:45	13:43	14:55	15:45	16:26	17:52								
DR David Michael		Time Cum	02:35	03:50	05:45	06:30	07:39	08:45	09:43	10:55	11:45	12:26	13:52								
122		Time Delta	02:35	01:15	01:55	00:45	01:09	01:06	00:58	01:12	00:50	00:41	01:26								
Age 38		Pace Cum	12:12	12:26	12:14	12:28	12:32	12:46	13:03	13:19	13:30	13:28	13:45								
Group M30-39		Pace Delta	12:12	12:56	11:51	14:31	13:01	14:40	16:07	16:00	16:40	12:49	16:52								
Overall-Group		Position	150-36	135-32	120-32	109-29	105-29	104-28	103-29	106-27	108-28	106-29	104-28								
Spence,	203	Time of Day	06:42	08:09	10:18	11:25	12:43	13:55	15:20	16:37	17:30	18:10	19:59								
Stanley (VA)		Time Cum	02:42	04:09	06:18	07:25	08:43	09:55	11:20	12:37	13:30	14:10	15:59								
213		Time Delta	02:42	01:27	02:09	01:07	01:18	01:12	01:25	01:17	00:53	00:40	01:49								
Age 50		Pace Cum	12:45	13:28	13:24	14:13	14:17	14:29	15:13	15:23	15:31	15:21	15:51								
Group M50-59		Pace Delta	12:45	15:00	13:18	21:37	14:43	16:00	23:37	17:07	17:40	12:30	21:22								
Overall-Group		Position	189-37	194-37	187-37	195-40	197-41	187-36	202-36	195-37	196-36	190-35	180-32								

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Witlicki, 204	Time of Day	06:52	08:18	10:35	11:37	13:01	14:18	15:36	17:31	18:26	19:21	20:27								
Randy (VT)	Time Cum	02:52	04:18	06:35	07:37	09:01	10:18	11:36	13:31	14:26	15:21	16:27								
247	Time Delta	02:52	01:26	02:17	01:02	01:24	01:17	01:18	01:55	00:55	00:55	01:06								
Age 50	Pace Cum	13:33	13:57	14:00	14:36	14:47	15:02	15:34	16:29	16:35	16:37	16:19								
Group M50-59	Pace Delta	13:33	14:50	14:07	20:00	15:51	17:07	21:40	25:33	18:20	17:11	12:56								
Overall-Group	Position	212-44	209-44	210-44	213-44	212-44	206-43	206-39	213-41	214-40	210-41	194-36								
Byrom, 205	Time of Day	06:55	08:24	10:47	11:56	13:16	14:25	15:45	17:01	18:01	18:46	20:32								
Roger (NJ)	Time Cum	02:55	04:24	06:47	07:56	09:16	10:25	11:45	13:01	14:01	14:46	16:32								
28	Time Delta	02:55	01:29	02:23	01:09	01:20	01:09	01:20	01:16	01:00	00:45	01:46								
Age 48	Pace Cum	13:47	14:16	14:26	15:12	15:11	15:12	15:46	15:52	16:07	16:00	16:24								
Group M40-49	Pace Delta	13:47	15:21	14:45	22:15	15:06	15:20	22:13	16:53	20:00	14:04	20:47								
Overall-Group	Position	218-58	221-61	221-62	223-61	216-59	208-57	208-58	202-58	206-58	199-55	195-52								
Miville, 206	Time of Day	06:43	08:10	10:36	11:43	13:34	14:54	16:13	17:34	18:32	19:19	21:02								
Ed (NH)	Time Cum	02:43	04:10	06:36	07:43	09:34	10:54	12:13	13:34	14:32	15:19	17:02								
157	Time Delta	02:43	01:27	02:26	01:07	01:51	01:20	01:19	01:21	00:58	00:47	01:43								
Age 59	Pace Cum	12:50	13:31	14:03	14:48	15:41	15:55	16:24	16:33	16:42	16:35	16:54								
Group M50-59	Pace Delta	12:50	15:00	15:03	21:37	20:57	17:47	21:57	18:00	19:20	14:41	20:12								
Overall-Group	Position	193-39	197-39	214-45	217-45	225-46	217-45	220-43	214-42	215-41	209-40	199-37								
Becker-Cirelli, 207	Time of Day	07:10	08:46	11:21	12:22	13:41	15:09	16:15	17:37	18:42	19:40	21:42								
Lee J (NJ)	Time Cum	03:10	04:46	07:21	08:22	09:41	11:09	12:15	13:37	14:42	15:40	17:42								
12	Time Delta	03:10	01:36	02:35	01:01	01:19	01:28	01:06	01:22	01:05	00:58	02:02								
Age 53	Pace Cum	14:58	15:28	15:38	16:02	15:52	16:17	16:27	16:36	16:54	16:58	17:33								
Group M50-59	Pace Delta	14:58	16:33	15:59	19:41	14:54	19:33	18:20	18:13	21:40	18:07	23:55								
Overall-Group	Position	239-51	237-50	237-50	234-49	228-47	220-46	221-44	215-43	217-42	213-43	202-39								
Zaruba, 208	Time of Day	06:03	07:01	08:36	09:12	10:10	11:03	11:58	12:58	13:42	14:13									
Greg M (MD)	Time Cum	02:03	03:01	04:36	05:12	06:10	07:03	07:58	08:58	09:42	10:13									
249	Time Delta	02:03	00:58	01:35	00:36	00:58	00:53	00:55	01:00	00:44	00:31									
Age 39	Pace Cum	09:41	09:47	09:47	09:58	10:07	10:18	10:42	10:56	11:09	11:04									
Group M30-39	Pace Delta	09:41	10:00	09:48	11:37	10:57	11:47	15:17	13:20	14:40	09:41									
Overall-Group	Position	24-6	20-6	18-5	18-6	18-6	18-5	25-7	24-6	25-7	23-7									
Carlson, 209	Time of Day	06:04	07:08	08:48	09:28	10:30	11:33	12:33	13:48	15:06	16:14									
Bill (CA)	Time Cum	02:04	03:08	04:48	05:28	06:30	07:33	08:33	09:48	11:06	12:14									
30	Time Delta	02:04	01:04	01:40	00:40	01:02	01:03	01:00	01:15	01:18	01:08									
Age 45	Pace Cum	09:46	10:10	10:13	10:29	10:39	11:01	11:29	11:57	12:46	13:15									
Group M40-49	Pace Delta	09:46	11:02	10:19	12:54	11:42	14:00	16:40	16:40	26:00	21:15									
Overall-Group	Position	25-12	29-14	34-17	35-17	35-17	36-19	38-20	54-25	71-24	99-29									
Fredley, 210	Time of Day	06:33	07:45	09:39	10:35	11:39	12:54	14:09	15:07	15:55	16:35									
Brian P (FL)	Time Cum	02:33	03:45	05:39	06:35	07:39	08:54	10:09	11:07	11:55	12:35									
75	Time Delta	02:33	01:12	01:54	00:56	01:04	01:15	01:15	00:58	00:48	00:40									
Age 38	Pace Cum	12:03	12:10	12:01	12:37	12:32	13:00	13:37	13:33	13:42	13:38									
Group M30-39	Pace Delta	12:03	12:25	11:45	18:04	12:05	16:40	20:50	12:53	16:00	12:30									
Overall-Group	Position	135-31	118-30	111-29	119-30	105-29	117-29	131-34	119-31	116-31	110-30									

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Hospelhorn,	211	Time of Day	06:21	07:31	09:32	10:24	11:31	12:30	13:31	14:48	15:51	16:46								
Neal (PA)		Time Cum	02:21	03:31	05:32	06:24	07:31	08:30	09:31	10:48	11:51	12:46								
111		Time Delta	02:21	01:10	02:01	00:52	01:07	00:59	01:01	01:17	01:03	00:55								
Age 54		Pace Cum	11:06	11:24	11:46	12:16	12:19	12:25	12:46	13:10	13:37	13:50								
Group M50-59		Pace Delta	11:06	12:04	12:28	16:46	12:38	13:07	16:57	17:07	21:00	17:11								
Overall-Group		Position	79-9	76-9	89-14	94-15	94-14	88-13	92-14	100-15	110-17	123-20								
Nemzer,	212	Time of Day	06:55	08:21	10:28	11:25	12:38	13:45	14:58		16:51	17:31								
Joshua L (MA)		Time Cum	02:55	04:21	06:28	07:25	08:38	09:45	10:58		12:51	13:31								
168		Time Delta	02:55	01:26	02:07	00:57	01:13	01:07	01:13		01:53	00:40								
Age 48		Pace Cum	13:47	14:06	13:46	14:13	14:09	14:14	14:43		14:46	14:38								
Group M40-49		Pace Delta	13:47	14:50	13:06	18:23	13:46	14:53	20:17		15:04	12:30								
Overall-Group		Position	218-58	212-58	199-55	195-54	191-52	176-49	185-50		163-44	157-41								
Dewitz,	213	Time of Day	06:39	07:57	10:07	11:04	12:19	13:27	14:38	15:54	17:01	17:59								
Bob (HI)		Time Cum	02:39	03:57	06:07	07:04	08:19	09:27	10:38	11:54	13:01	13:59								
54		Time Delta	02:39	01:18	02:10	00:57	01:15	01:08	01:11	01:16	01:07	00:58								
Age 50		Pace Cum	12:31	12:49	13:01	13:33	13:38	13:48	14:16	14:31	14:58	15:09								
Group M50-59		Pace Delta	12:31	13:27	13:24	18:23	14:09	15:07	19:43	16:53	22:20	18:07								
Overall-Group		Position	169-34	169-33	172-34	169-30	167-29	160-28	164-28	163-28	177-33	183-33								
Farber,	213	Time of Day	06:55	08:21	10:28	11:25	12:38	13:55	15:12	16:15	17:05	17:59								
Hap (MA)		Time Cum	02:55	04:21	06:28	07:25	08:38	09:55	11:12	12:15	13:05	13:59								
73		Time Delta	02:55	01:26	02:07	00:57	01:13	01:17	01:17	01:03	00:50	00:54								
Age 59		Pace Cum	13:47	14:06	13:46	14:13	14:09	14:29	15:02	14:56	15:02	15:09								
Group M50-59		Pace Delta	13:47	14:50	13:06	18:23	13:46	17:07	21:23	14:00	16:40	16:52								
Overall-Group		Position	218-47	212-46	199-43	195-40	191-38	187-36	196-35	185-34	186-34	183-33								
Fall,	215	Time of Day	06:12	07:24	09:18	10:15	11:32	12:41	13:49	16:21	17:22	18:04								
Chris (AZ)		Time Cum	02:12	03:24	05:18	06:15	07:32	08:41	09:49	12:21	13:22	14:04								
71		Time Delta	02:12	01:12	01:54	00:57	01:17	01:09	01:08	02:32	01:01	00:42								
Age 43		Pace Cum	10:24	11:02	11:17	11:59	12:21	12:41	13:11	15:04	15:22	15:14								
Group M40-49		Pace Delta	10:24	12:25	11:45	18:23	14:32	15:20	18:53	33:47	20:20	13:07								
Overall-Group		Position	53-25	69-31	67-30	79-30	95-29	103-30	112-33	188-52	192-53	187-50								
<u>Burke,</u>	216	Time of Day	06:41	08:04	10:30	11:32	12:55		15:15	16:47	17:46	18:36								
Ann (FL)		Time Cum	02:41	04:04	06:30	07:32	08:55		11:15	12:47	13:46	14:36								
26		Time Delta	02:41	01:23	02:26	01:02	01:23		02:20	01:32	00:59	00:50								
Age 44		Pace Cum	12:41	13:11	13:50	14:26	14:37		15:06	15:35	15:49	15:49								
Group F40-49		Pace Delta	12:41	14:19	15:03	20:00	15:40		17:17	20:27	19:40	15:37								
Overall-Group		Position	182-13	187-13	208-14	209-13	208-13		198-12	199-13	201-13	198-14								
Roy,	217	Time of Day	05:56	06:51	08:21	08:59	10:08	10:55	11:36	12:32	13:20									
Timothy (NH)		Time Cum	01:56	02:51	04:21	04:59	06:08	06:55	07:36	08:32	09:20									
195		Time Delta	01:56	00:55	01:30	00:38	01:09	00:47	00:41	00:56	00:48									
Age 42		Pace Cum	09:08	09:15	09:15	09:33	10:03	10:06	10:12	10:24	10:44									
Group M40-49		Pace Delta	09:08	09:29	09:17	12:15	13:01	10:27	11:23	12:27	16:00									
Overall-Group		Position	11-4	9-3	9-3	11-5	16-8	13-6	13-6	12-6	16-7									

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
DeSena,	218	Time of Day	06:59	08:25	10:34	11:26	12:36	13:45	14:49	15:52	16:59									
Joseph (VT)		Time Cum	02:59	04:25	06:34	07:26	08:36	09:45	10:49	11:52	12:59									
51		Time Delta	02:59	01:26	02:09	00:52	01:10	01:09	01:04	01:03	01:07									
Age 37		Pace Cum	14:06	14:19	13:58	14:15	14:06	14:14	14:31	14:28	14:55									
Group M30-39		Pace Delta	14:06	14:50	13:18	16:46	13:12	15:20	17:47	14:00	22:20									
Overall-Group		Position	229-43	223-44	209-44	201-44	187-41	176-40	173-37	161-35	173-38									
Singh,	218	Time of Day	06:59	08:25	10:35	11:27	12:36	13:40	14:47	15:52	16:59									
Patrick (ONT)		Time Cum	02:59	04:25	06:35	07:27	08:36	09:40	10:47	11:52	12:59									
206		Time Delta	02:59	01:26	02:10	00:52	01:09	01:04	01:07	01:05	01:07									
Age 47		Pace Cum	14:06	14:19	14:00	14:17	14:06	14:07	14:28	14:28	14:55									
Group M40-49		Pace Delta	14:06	14:50	13:24	16:46	13:01	14:13	18:37	14:27	22:20									
Overall-Group		Position	229-63	223-62	210-58	202-55	187-51	175-48	169-47	161-45	173-47									
Abrams,	220	Time of Day	06:55	08:21	10:59	12:21	13:47	15:24	16:55	18:30	20:16									
Will (NJ)		Time Cum	02:55	04:21	06:59	08:21	09:47	11:24	12:55	14:30	16:16									
4		Time Delta	02:55	01:26	02:38	01:22	01:26	01:37	01:31	01:35	01:46									
Age 45		Pace Cum	13:47	14:06	14:51	16:00	16:02	16:39	17:20	17:41	18:42									
Group M40-49		Pace Delta	13:47	14:50	16:17	26:27	16:14	21:33	25:17	21:07	35:20									
Overall-Group		Position	218-58	212-58	230-63	229-62	230-62	224-59	227-60	220-59	220-59									
Hartl,	221	Time of Day	06:01	06:59	08:31	09:11	10:09	11:03	12:00	13:22										
Scott (MA)		Time Cum	02:01	02:59	04:31	05:11	06:09	07:03	08:00	09:22										
100		Time Delta	02:01	00:58	01:32	00:40	00:58	00:54	00:57	01:22										
Age 44		Pace Cum	09:32	09:41	09:37	09:56	10:05	10:18	10:44	11:25										
Group M40-49		Pace Delta	09:32	10:00	09:29	12:54	10:57	12:00	15:50	18:13										
Overall-Group		Position	17-9	16-6	15-7	15-7	17-9	18-9	27-12	32-16										
Goodman,	222	Time of Day	06:30	07:54	10:06	11:07	12:23	13:45	15:09	17:15										
Gary (MA)		Time Cum	02:30	03:54	06:06	07:07	08:23	09:45	11:09	13:15										
88		Time Delta	02:30	01:24	02:12	01:01	01:16	01:22	01:24	02:06										
Age 51		Pace Cum	11:49	12:39	12:59	13:39	13:45	14:14	14:58	16:10										
Group M50-59		Pace Delta	11:49	14:29	13:36	19:41	14:20	18:13	23:20	28:00										
Overall-Group		Position	123-19	157-29	171-33	175-33	171-32	176-34	195-34	209-40										
Bouscaren,	223	Time of Day	06:54	08:24	10:55	12:21	13:49	15:09	16:27	18:16										
Mike (MA)		Time Cum	02:54	04:24	06:55	08:21	09:49	11:09	12:27	14:16										
19		Time Delta	02:54	01:30	02:31	01:26	01:28	01:20	01:18	01:49										
Age 59		Pace Cum	13:42	14:16	14:43	16:00	16:06	16:17	16:43	17:24										
Group M50-59		Pace Delta	13:42	15:31	15:34	27:45	16:36	17:47	21:40	24:13										
Overall-Group		Position	216-46	221-47	226-46	229-47	232-48	220-46	224-45	218-45										
Kulak,	224	Time of Day	05:47	06:44	08:10	08:46	09:37	10:26	11:09											
Joe (PA)		Time Cum	01:47	02:44	04:10	04:46	05:37	06:26	07:09											
128		Time Delta	01:47	00:57	01:26	00:36	00:51	00:49	00:43											
Age 38		Pace Cum	08:26	08:52	08:52	09:08	09:12	09:24	09:36											
Group M30-39		Pace Delta	08:26	09:50	08:52	11:37	09:37	10:53	11:57											
Overall-Group		Position	5-4	7-4	7-4	7-4	7-4	6-3	8-4											

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
<u>Lindquist,</u>	225	Time of Day	06:29	07:56	10:08	11:18	12:28	13:35	14:57											
Leslie (CA)		Time Cum	02:29	03:56	06:08	07:18	08:28	09:35	10:57											
141		Time Delta	02:29	01:27	02:12	01:10	01:10	01:07	01:22											
Age 32		Pace Cum	11:44	12:45	13:03	14:00	13:53	13:59	14:42											
Group F30-39		Pace Delta	11:44	15:00	13:36	22:35	13:12	14:53	22:47											
Overall-Group		Position	119-12	164-13	179-17	186-17	176-16	169-16	184-18											
Gould,	226	Time of Day	06:43	08:10	10:24	11:18	12:38	14:03	16:00											
Steve (ME)		Time Cum	02:43	04:10	06:24	07:18	08:38	10:03	12:00											
91		Time Delta	02:43	01:27	02:14	00:54	01:20	01:25	01:57											
Age 55		Pace Cum	12:50	13:31	13:37	14:00	14:09	14:40	16:06											
Group M50-59		Pace Delta	12:50	15:00	13:49	17:25	15:06	18:53	32:30											
Overall-Group		Position	193-39	197-39	195-41	186-37	191-38	200-42	216-42											
Alexander,	227	Time of Day	06:51		10:40	11:46	13:27	14:39	16:11											
Gary (MA)		Time Cum	02:51		06:40	07:46	09:27	10:39	12:11											
6		Time Delta	02:51		03:49	01:06	01:41	01:12	01:32											
Age 60		Pace Cum	13:28		14:11	14:53	15:30	15:33	16:21											
Group M60-69		Pace Delta	13:28		14:46	21:17	19:03	16:00	25:33											
Overall-Group		Position	210-17		219-16	218-16	220-18	213-17	218-19											
<u>Kalafatis,</u>	228	Time of Day	06:42	08:12	10:41	11:55	13:33	14:39	16:12											
Melanie H (NH)		Time Cum	02:42	04:12	06:41	07:55	09:33	10:39	12:12											
258		Time Delta	02:42	01:30	02:29	01:14	01:38	01:06	01:33											
Age 49		Pace Cum	12:45	13:37	14:13	15:11	15:39	15:33	16:23											
Group F40-49		Pace Delta	12:45	15:31	15:22	23:52	18:29	14:40	25:50											
Overall-Group		Position	189-14	200-15	220-15	220-15	222-15	213-14	219-14											
<u>Carlson,</u>	229	Time of Day	07:08	08:40	11:10	12:21	13:45	15:15	16:35											
Jeanine (MA)		Time Cum	03:08	04:40	07:10	08:21	09:45	11:15	12:35											
31		Time Delta	03:08	01:32	02:30	01:11	01:24	01:30	01:20											
Age 52		Pace Cum	14:48	15:08	15:15	16:00	15:59	16:25	16:53											
Group F50-59		Pace Delta	14:48	15:52	15:28	22:54	15:51	20:00	22:13											
Overall-Group		Position	237-9	235-9	232-9	229-9	229-9	222-9	225-9											
Gilford,	230	Time of Day	06:40	08:02	10:29	12:21	13:39	15:43	17:05											
James H (MA)		Time Cum	02:40	04:02	06:29	08:21	09:39	11:43	13:05											
81		Time Delta	02:40	01:22	02:27	01:52	01:18	02:04	01:22											
Age 49		Pace Cum	12:36	13:05	13:48	16:00	15:49	17:06	17:34											
Group M40-49		Pace Delta	12:36	14:08	15:09	36:08	14:43	27:33	22:47											
Overall-Group		Position	180-52	182-51	207-57	229-62	227-61	226-60	229-61											
Julianelle,	231	Time of Day	06:12	07:13	09:05	10:00	11:19	12:16												
Tony (VT)		Time Cum	02:12	03:13	05:05	06:00	07:19	08:16												
118		Time Delta	02:12	01:01	01:52	00:55	01:19	00:57												
Age 55		Pace Cum	10:24	10:26	10:49	11:30	12:00	12:04												
Group M50-59		Pace Delta	10:24	10:31	11:33	17:45	14:54	12:40												
Overall-Group		Position	53-5	42-5	52-5	63-7	76-9	69-8												

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Roberts,	232	Time of Day	06:35	07:45	09:34	10:28	11:42	12:51												
Seth (MA)		Time Cum	02:35	03:45	05:34	06:28	07:42	08:51												
189		Time Delta	02:35	01:10	01:49	00:54	01:14	01:09												
Age 54		Pace Cum	12:12	12:10	11:51	12:24	12:37	12:55												
Group M50-59		Pace Delta	12:12	12:04	11:14	17:25	13:58	15:20												
Overall-Group		Position	150-26	118-19	95-15	103-17	111-19	114-19												
Leonard,	233	Time of Day	06:37	07:52	10:01	11:13	12:40	14:00												
Charles (NY)		Time Cum	02:37	03:52	06:01	07:13	08:40	10:00												
139		Time Delta	02:37	01:15	02:09	01:12	01:27	01:20												
Age 51		Pace Cum	12:22	12:32	12:48	13:50	14:12	14:36												
Group M50-59		Pace Delta	12:22	12:56	13:18	23:14	16:25	17:47												
Overall-Group		Position	164-31	142-24	161-30	181-35	196-40	195-40												
Taylor,	234	Time of Day	07:11	08:53	11:45	13:08	14:49	15:46												
Greg (NY)		Time Cum	03:11	04:53	07:45	09:08	10:49	11:46												
225		Time Delta	03:11	01:42	02:52	01:23	01:41	00:57												
Age 59		Pace Cum	15:02	15:50	16:29	17:30	17:44	17:11												
Group M50-59		Pace Delta	15:02	17:35	17:44	26:46	19:03	12:40												
Overall-Group		Position	240-52	239-52	239-51	237-50	235-50	227-49												
Mistor,	235	Time of Day	06:39	07:56	10:04	11:41	13:36													
Matt (MI)		Time Cum	02:39	03:56	06:04	07:41	09:36													
263		Time Delta	02:39	01:17	02:08	01:37	01:55													
Age 42		Pace Cum	12:31	12:45	12:54	14:44	15:44													
Group M40-49		Pace Delta	12:31	13:17	13:12	31:17	21:42													
Overall-Group		Position	169-49	164-48	168-49	216-60	226-60													
Granum,	236	Time of Day	07:08	08:52	11:56	13:14	14:49													
David E (OR)		Time Cum	03:08	04:52	07:56	09:14	10:49													
93		Time Delta	03:08	01:44	03:04	01:18	01:35													
Age 59		Pace Cum	14:48	15:47	16:53	17:42	17:44													
Group M50-59		Pace Delta	14:48	17:56	18:58	25:10	17:55													
Overall-Group		Position	237-50	238-51	240-52	238-51	235-50													
Hall,	237	Time of Day	06:11	07:20	09:12	10:04														
Joe (MD)		Time Cum	02:11	03:20	05:12	06:04														
98		Time Delta	02:11	01:09	01:52	00:52														
Age 46		Pace Cum	10:19	10:49	11:04	11:38														
Group M40-49		Pace Delta	10:19	11:54	11:33	16:46														
Overall-Group		Position	47-23	57-26	63-27	71-29														
Pettit,	238	Time of Day	07:00	08:37	11:20	11:55														
David (AUS)		Time Cum	03:00	04:37	07:20	07:55														
179		Time Delta	03:00	01:37	02:43	00:35														
Age 38		Pace Cum	14:10	14:58	15:36	15:11														
Group M30-39		Pace Delta	14:10	16:43	16:48	11:17														
Overall-Group		Position	231-44	232-45	236-45	220-45														

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Aid Station Name			AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS
Aid Station Distance			12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00
Aid Station Delta			12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70
Brown, 239			Time of Day	06:50	08:16	10:55															
Thomas E (CT)			Time Cum	02:50	04:16	06:55															
23			Time Delta	02:50	01:26	02:39															
Age 50			Pace Cum	13:23	13:50	14:43															
Group M50-59			Pace Delta	13:23	14:50	16:24															
Overall-Group			Position	206-41	206-43	226-46															
Lugiano, 240			Time of Day	06:49	08:32	11:18															
Joe (NC)			Time Cum	02:49	04:32	07:18															
142			Time Delta	02:49	01:43	02:46															
Age 63			Pace Cum	13:18	14:42	15:32															
Group M60-69			Pace Delta	13:18	17:46	17:07															
Overall-Group			Position	203-15	228-17	233-20															